

## Curriculum map

Subject: Life Learning

Year: 11

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Unit title	Families	Next steps	Communication in relationships	Independance	Building blocks for the future	Final exams
Key knowledge	Information about different types of families, parenthood and readiness for this. Fertility, pregnancy, unplanned pregnancy options and change in family circumstances.	Planning for the future, post 16 options, social media and how to use this effectively for the future. Time management and social media and effective revision techniques.	Types of relationships (healthy and unhealthy), domestic abuse, sexual pressure, stalking and harassment and revenge porn. Signs to look out for in unhealthy relationships, how to end them. Signposting for abuse and illegal pressure.	Information on what makes a healthy lifestyle, checking for cancer, breast and testicular, using first aid and registering with a doctor. Risk on roads and body alterations.	Personal wellbeing and stress management strategies. Delving into neuroscience behind mental wellbeing and looking after our mental health.	
Key skills / concepts	Being a parent and what this involves, fertility and avenues for this.	Knowledge of options after school, time management strategies and managing social media usage.	What are the differences between healthy and unhealthy relationships?	How to self examine and keep yourself safe. Managing risk and practical ways to look after your health.	Developing good habits to deal with stress, life events and school.	
Key assessment	Google form style quizzes, Q and A, peer and self assessment and teacher feedback in lessons. End of unit evaluations.	Google form style quizzes, Q and A, peer and self assessment and teacher feedback in lessons. End of unit evaluations.	Google form style quizzes, Q and A, peer and self assessment and teacher feedback in lessons. End of unit evaluations.	Google form style quizzes, Q and A, peer and self assessment and teacher feedback in lessons. End of unit evaluations.	Google form style quizzes, Q and A, peer and self assessment and teacher feedback in lessons. End of unit evaluations.	
Key learning journey question	What does family mean to me and how can I best fit into my own?	How can I plan effectively for the future that I would like?	What is the basis for healthy relationships?	How do I keep myself emotionally and physically healthy?	How do I manage stressful situations e.g. exams?	