



## July 2022 - updated heatwave action plan

An amber warning of extreme heat on Monday 18 and Tuesday 19 has been issued by the Met office. Following a risk assessment the following action plan will be implemented for students.

- Pupils will not be expected to wear full uniform. Blazers and ties are not expected and students can wear PE kit if they prefer.
- Plain sun hats may be worn outside
- Sun cream (Factor 15 or above) should be worn if outside.
- Students are encouraged to sit quietly at breaks and avoid strenuous physical activity, particularly at lunchtime.
- At breaktime, students may sit quietly in the shade outdoors or in the dining room or hall (no food in this area please).
- Students are encouraged to drink regularly and to drink water rather than sugary drinks (which can promote dehydration).
- Water bottles can be filled up at water bottle filling stations on the Piazza and the middle playground.
- The canteen sells bottles of water and other drinks.
- Students with specific medical conditions such as [Asthma](#) or [Diabetes](#) may be more vulnerable to higher temperatures. They should make sure they take advice from the NHS or suitably qualified organisations (as linked above) or professionals.

In general, the DFE advises that healthy children should be able to cope with the unusually hot conditions but as part of our plan staff have been advised of what to look out for if they suspect any student is suffering from heat stress or heat stroke.

[NHS Heat advice](#)