|  |  |
| --- | --- |
| **Student/Staff Name** |  |
| **Tutor group** |  |

Each day the contents of the lunch bag will include a sandwich/baguette, piece of fruit and drink. Please select an option for these each day on the form below. As well as this the bag will include a bag of healthy crisp style snacks and either a cake, piece of gateaux, cookie, or cold dessert. (No choices can be made for these.) Please make sure you let us know on the reverse of the form if you have any allergies or dietary requirements. (vegetarian/vegan, gluten-free, dairy free etc.)

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Monday** |  | **Tuesday** |  | **Wednesday** |  | **Thursday** |  | **Friday** |  |
| **Place tick against one sandwich filling for each day** | | | | | | | | | |
| BLT sandwich |  | Chicken & bacon baguette |  | Ham salad baguette |  | Ham & cheese sandwich |  | BBQ chicken baguette |  |
| Cheese salad baguette |  | Cheese sandwich |  | Cheese & tomato sandwich |  | Egg & Tomato baguette |  | Cheese salad sandwich |  |
| **Place tick against one fruit choice for each day** | | | | | | | | | |
| Apple |  | Apple |  | Apple |  | Apple |  | Apple |  |
| Banana |  | Banana |  | Banana |  | Sliced orange |  | Sliced orange |  |
| Sliced orange |  | Sliced orange |  | Sliced orange |  | Mandarin tub |  | Mandarin tub |  |
| **Place tick against one drink choice for each day** | | | | | | | | | |
| Orange & pineapple juice |  | Orange & pineapple juice |  | Orange & pineapple juice |  | Orange & pineapple juice |  | Orange & pineapple juice |  |
| Apple Juice |  | Apple Juice |  | Apple Juice |  | Apple Juice |  | Apple Juice |  |
| Radnor fruit fizz |  | Radnor fruit fizz |  | Radnor fruit fizz |  | Radnor fruit fizz |  | Radnor fruit fizz |  |

Please place a **🗸** in the boxes on the days that you would like a packed lunch and select one of the other options for each day. If you are entitled to free school meals, you will not be charged for the bag. If you pay for your meals the cost of £3.00 will be taken from your school meals account. If you place an order you will still be charged even if you do not pick up your bag. We will not charge for anyone who is absent from school for any reason.

**Lunch ordering**

To cut down on food waste and to ensure we only order and prepare food each day for students who do not bring a packed lunch to school with them we have introduced a weekly ordering system for lunch bags. This will enable us to place an order for ingredients at the start of each week and it will ensure we only make up food that has been pre-ordered. It will also allow the school to use canteen staff efficiently. The college catering is run by Oathall and so the college needs to keep waste and unnecessary costs to a minimum in order to mitigate some of the losses we are incurring in this lockdown period.

If you are a student entitled to free school meals, you can order a food bag every day and you will not be charged.

If you normally pay for school meals, you will be charged £3.00 for the food bag. This will be taken from your canteen school meals account.

We will ask students to complete a form on **Thursday or Friday** morning each week, this will allow us to order ingredients on Friday afternoon for the following Monday. Alternatively, you may complete the form at home and email it to [office@athall.org](mailto:office@athall.org) **by 11 am each Friday.** Please specify lunch bag order in the subject heading.