Career of the Fortnight



Chef - prepare, cook and present food in hotels, bars and restaurants



Entry requirements:

You could study for a foundation degree, higher national diploma or degree in:

- culinary arts
- professional cookery

Entry requirements

You will usually need:

- I or 2 A levels for a foundation degree or higher national diploma
- 2 to 3 A levels for a degree

One way into the job is to take a college course, like a Level 3 Diploma in Professional Cookery or Level 4 Diploma in Professional Culinary Arts.

Entry requirements

You will usually need:

- 4 or 5 GCSEs at grades 9 to 4 (A* to C) for a level 3 course
- I or 2 A levels, a level 3 diploma or relevant experience for a level 4 or level 5 course

You can learn while you work by doing an intermediate or advanced apprenticeship as a chef.

Entry requirements

You will usually need:

- some GCSEs, usually including English and maths, for an intermediate apprenticeship
- 5 GCSEs at grades 9 to 4 (A* to C), usually including English and maths, for an advanced apprenticeship

What you will do:

Your day-to-day tasks will depend on your role, but may include:

- preparing attractive menus to nutritional standards
- controlling and ordering stock and inspecting it on delivery
- gutting and preparing animals and fish for cooking
- scraping and washing large quantities of vegetables and salads
- cooking and presenting food creatively
- monitoring production to maintain quality and consistent portion sizes
- working under pressure to make sure food is served on time
- keeping to hygiene, health and safety and licensing rules

Working hours, patterns and environment:

- You could work at a restaurant, in an NHS or private hospital, at a school, at a college or on a cruise ship.
- Your working environment may be hot, physically demanding and humid.
- You may need to wear a uniform.
- 40 to 45 hours a week
- Evenings, Weekends and Bank Holidays in a shift pattern

Skills required:

You will need:

- to be thorough and pay attention to detail
- knowledge of food production methods
- the ability to accept criticism and work well under pressure
- leadership skills
- the ability to work well with others
- knowledge of manufacturing production and processes
- maths knowledge
- the ability to work well with your hands
- you will be expected to use a computer confidently as part of this job.

What you will earn:

• Starter: £13,000

• Experienced: £50,000

These figures are a guide

Career path and progression:

- With experience, you could progress to section chef (station chef) and look after a particular area like desserts. The next step is sous chef, running an entire kitchen when the head chef is busy.
- As head chef (also known as chef de cuisine), you'll run a kitchen, create menus and manage the budget.
- You could move into the business side by taking a foundation degree or degree in hospitality management.
- Very large establishments have executive chefs, usually in charge of multiple outlets. This is a management role and you would do very little cooking.
- Another option is to train as a teacher or assessor working for a college or training provider