



Oathall Community College Catering menu & food offer

Menu Plan

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main meat dish	Potato moussaka	Sweet & sour chicken with noodles	Roast turkey roast potatoes and trimmings	Moroccan lamb with roasted veg couscous	Fish & chips
Vegetarian dish	Cheese & pepper salsa Tortilla Wrap	Shepherdess pie	Ratatouille cheese pasta bake	Butternut squash & spinach lasagne with a tomato focaccia	Cheese and vegetable quiche with chips
Vegetables (always fresh except peas & sweet corn)	Roasted veg Carrots	Stir fried veg Sweet corn	Broccoli & cauliflower Peas	Green beans Carrots	Baked beans Peas
Hot Dessert	Winter berry crumble & custard	Apple pie & ice cream	Pineapple upside down pudding & custard	Apricot flapjack & custard	Chocolate sponge pudding & chocolate sauce
WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat Dish	Lasagne and garlic bread	Turkey & leek pie	Roast pork, roast potatoes and trimmings	Homemade meatballs in curry sauce with sunshine rice	Fish & chips
Vegetarian Dish	Broccoli cheese pasta bake	Vegetable bolognese with wholemeal pasta	Spicy tomato and cheese pasty with new potatoes	Stuffed red peppers with boulangere potatoes	Home-made roasted vegetables pizza
Vegetables (always fresh except peas & Sweet corn)	Green beans Carrots	Sweet corn Peas	Spring greens Carrots	Cauliflower bhaji Green Beans	Baked beans Peas
Hot Dessert	Pear Tart & Custard	Oaties crunch & custard	Ginger cake & vanilla sauce	Apple crumble & custard	Chocolate shortcake & chocolate sauce
WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat Dish	Spaghetti bolognese	Hunters chicken with potato wedges	Roast gammon roasted potatoes and trimmings	Thai green curry with rice	Fish & chips
Vegetarian Dish	Vegetarian chilli with wholemeal rice & nachos	Spicy bean burger in a salad filled bun	Vegetable toad in the hole with onion gravy	Caribbean fruity curry with pilau rice	Deep pan vegetable frittata
Vegetables (always fresh except peas & sweet corn)	Green beans Carrots	Sweet corn Peas	Cheesy leeks Carrots	Naan bread Trio of mixed vegetables	Baked beans Peas
Hot Dessert	Carrot cake & vanilla sauce	Rhubarb crumble & custard	Peach rice pudding with strawberry sauce	Lemon drizzle upside down pudding & custard	Marble cake & chocolate sauce



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Also available everyday:

Throughout each service

- A variety of baby baps, half sandwich, white and brown sandwiches, small and large baguettes & wraps.
- Pasta/Noodle salads, boxed salads.
- A variety of fruit pieces, fruit pots and wedges. Fruit jellies, pre-brought and in house fresh fruit yoghurts.
- Hot 'Grab & Go' service
- A range of fully compliant drinks and fresh tap water.

Break time only

- A variety of Panini's

Lunch time only

- Pasta/noodles/rice and jacket potato bar with a choice of meat & vegetarian sauce, cheese and baked beans
- A variety of home-made (FFL compliant), cakes and biscuits.
- A cold dessert pot.

A **hot meal deal** for the value of the school FSM allowance will always be available to all students.

To entice and encourage students to take up the food offer we also regularly feature:

- Menu themed days. e.g. 'Around the World Week', Italian days, Chinese New Year, Saint's Days, National Roast Day etc.
- Menu days linked closely to the curriculum e.g. Medieval Days, European Language day, Fair Trade/African days, National Sports Week etc.
- BOGOF and Meal Deals e.g. buy a sandwich and drink for a set discounted price.
- 'Golden Ticket' style events e.g. find the sticker/ticket in a packet entitles you to a free prize/item of food etc.
- Loyalty cards.
- Food/recipe competitions.
- Food tastings.