

Enrichment Log
2021-2022

Name.....

Tutor Group.....



The Enrichment Programme

Wednesday afternoons are dedicated to an enrichment programme designed to help you build a range of personal and employability skills such as communication, teamwork, leadership and independence. It will also help you gain experience and qualifications in a range of areas that will make you stand out in future job, apprenticeship and UCAS applications.

The options available will also be a welcome break from the demands of A Level study as well as a way of creating new friendships and contributing to the Trinity Family and wider community.

You will complete a range of activities on Wednesday afternoons and in some cases during your non contact times at college.

You will be asked to select from a range of enrichment activities each half term. Some of the activities will only last a couple of weeks, some up to six weeks and some for the duration of the academic year. Some of the activities may incur a small cost but wherever possible, the college will cover or contribute towards the cost.

You will be required to keep a log of your enrichment activities as well as a short description of what you have achieved each week. You will need each weekly activity signing off.

All students in year 12 and year 13 will be required to participate in the enrichment activities.

If you have any questions or ideas for an enrichment activity that isn't listed, please see Jeanette to discuss further.

Enrichment Opportunities

	<p>Positive Impact - Train to become a Mental Health Ambassador with HeadStart. There are 3 levels, Bronze, Silver and Gold and you are awarded certificates on the completion of each level. Levels takes around 10 - 12 weeks to complete, (10-15 hours), then you can mentor pupils and students on Wellbeing and coping with stress. These qualifications and experience will look fantastic on your Personal Statement/CV</p>
	<p>First At Aid- Learn Basic First Aid, the course is delivered over six weeks. Attendance to all sessions is compulsory in order to achieve the qualification. Become confident in your skills and abilities in administering Basic First Aid.</p>
	<p>Have a Safe Journey A six week course on Driving Theory preparing you for your theory test.</p>
	<p>Writing Unleashed - Discover and explore your Creative Writing side with top tips from our in house accomplished author. Use the opportunity for wider reading to enhance your subject knowledge, or as a way of escaping the pressures of study.</p>
	<p>Fellowship Force - Get involved in giving back to the community and the wider Trinity Family. Including creating a recycling programme, fundraising for charities, Cause Hamper Appeal, Community Christmas Lunch.</p>
	<p>Great Trinity Bake Off- Learn how to bake cakes and then go head to head against your friends in a bake off. You can also use the opportunity to sell your cakes to raise money for the 6th form chosen charities.</p>
	<p>Trinity 6th Form Football Team -Join our newly formed 6th Form Football Team run and managed by Mr Guy. Show off your skills in competitive matches. Improve your fitness, learn time management and improve your leadership skills.</p>
	<p>Saddle and Stable - Learn the basics. Riding physically strengthens the body, especially the core. It's a full body workout and helps to increase our balance and improves your posture.</p>



WOW -Work Experience helps you stand out from the competition and helps gain insight into the world of work and what is involved day to day. You may already have great contacts and great ideas of what you would like to do.



Duke of Edinburgh Award

A life-changing experience. A fun time with friends. An opportunity to discover new interests and talents. A tool to develop essential skills for life and work. A recognised mark of achievement; respected by employers. The different sections involve helping the community/environment, becoming fitter, developing new skills, planning, training for and completing an expedition.



Prepare the Umbrella Before it Rains!- Be prepared. Research the different Universities and courses they offer. Look at long term career prospects. Work on Personal Statements. Join online workshops.



Play it Loud and Proud - Enhance your singing and music abilities, join the Trinity Music Group. Showcase your talents at Open Evenings and school events



Let's Sign Together . This is a 6 week officially recognised British Sign Language course and has limited class sizes of 10 -12 students. You will receive an Equivalent Level One Certificate from Let's Sign Together. Learning Sign Language helps with communication skills, gives your brain a good workout and helps with dexterity and motor skills.



MOOCS and Future Learn- Explore the thousands of Free online courses that you can complete. Choose something that you wouldn't normally research/explore. These will look great on your Personal Statement/CV



The Brainy Bunch - become part of the Trinity Family school support team in a subject of your choice. Gain experience, develop important skills for listening and communication, give guidance and encouragement. Help pupils who may be struggling with an aspect of the curriculum. Create a reading group. Support EAL students develop their Numeracy and Literacy skills.



Knights of the Square Table Playing chess results in better brain function, improved memory and cognitive abilities, strategic thinking and attention improvement.

Get access to online playing accounts and a place on a training day from the Regional Organiser and Chief Trainer for Chess in Schools and Communities, author of 'Batsford's Chess Bible' and a chess columnist since 1985.

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