

BTEC LEVEL 3 NATIONAL DIPLOMA IN SPORT



TRINITY SIXTH FORM
@ MIDDLESBROUGH

The Pearson BTEC Level 3 National Diploma in Sport is equivalent in size to 2 A levels. It has been designed as part of a two-year study programme, normally in conjunction with one or more qualifications at level 3. It is aimed at students aspiring to a professional career as a sport performer, or intending to progress to careers that involve performance, including as a sports coach or a support officer in a high performance environment.

COURSE CONTENT

Year 12 Content

- Unit 1: Anatomy & Physiology.
- Unit 2: Fitness Training & Programming for Health, Sport & Well-being.
- Unit 3: Professional Development in the Sport Industry.
- Unit 5: Application of Fitness Testing & Training.
- Optional Unit.

Year 13 Content

- Unit 4: Sports Leadership.
- Unit 7: Practical Sports Performance.
- Unit 22: Investigating Business in the Sport and Active Leisure Industry.
- Unit 23: Skill Acquisition in Sport.
- Unit 25: Rules, Regulations and Officiating in Sport.

ASSESSMENT

Unit 1: Anatomy & Physiology - written exam.

Unit 2: Fitness Training & Programming for Health, Sport & Well-being – task set and marked by Pearson (Exam board).

Unit 22: Investigating Business in the Sport and Active Leisure Industry - task set and marked by Pearson (Exam board).

All remaining units are set and marked internally (coursework).

SUBJECT COMBINATIONS

Sport can be combined with other subjects such as A Level English Language, Psychology, Biology, History and BTEC Health and Social Care.

ENTRY REQUIREMENTS

At least 5 GCSEs at grade 4 or above Including English & Maths plus a Merit in BTEC Award in Sport if studied at GCSE.

PROGRESSION

Prepares learners for progression into areas such as:

- Sports Coaching
- Sports Apprenticeships
- Sports Undergraduate Degrees

BTEC Sport can open the doors to do a variety of different sports related degrees ranging from Sport Science to Sports Journalism to combined degrees in sport with another subject e.g. Biology. The degrees will enable you to move into careers such as those listed below.

FUTURES

Job opportunities include:

- Exercise Physiologist
- Personal Trainer
- Primary / Secondary School Teacher
- Physiotherapist / Sports Therapist
- Sports Coach
- Sports Development Officer
- Sports Journalist
- Nutritionist
- Outdoor Activities / Education Manager.



COURSE CONTACT

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