

# CORE KNOWLEDGE

What I will know and understand by the end of Year 10.



	This year in Health & Social Care, we will be learning	This links to:	Key Vocabulary:
1	<p><b>Component 1: Human Lifespan Development</b>  <b>Learning Aim A: Understand human growth and development across life stages and the factors that affect it</b></p> <ul style="list-style-type: none"> <li>A1 Human growth and development across life stages</li> </ul>	Real life experience/examples	Infancy, Early childhood, Adolescence, Adulthood, Physical, Intellectual, Emotional, Social, Growth, Development, Attachment, Bonding, Self-concept
2	<p><b>Component 1: Human Lifespan Development</b>  <b>Learning Aim A: Understand human growth and development across life stages and the factors that affect it</b></p> <ul style="list-style-type: none"> <li>A2 Factors affecting growth and development</li> </ul>	Component 3: Health and Wellbeing - AO1	Physical, Genetic inheritance, Illness, Disease, Diet, Lifestyle, Appearance, Culture, Role Model, Social isolation, Income, Wealth
3	<p><b>Component 1: Human Lifespan Development</b>  <b>Learning aim B: Investigate how individuals deal with life events</b></p> <ul style="list-style-type: none"> <li>B1 Different types of life event</li> </ul>	Component 3: Health and Wellbeing	Accident, Injury, Ill health, Relationship, Bereavement, Divorce, Exclusion, Redundancy, Retirement
4	<p><b>Component 1: Human Lifespan Development</b>  <b>Learning aim B: Investigate how individuals deal with life events</b></p> <ul style="list-style-type: none"> <li>B2 Coping with change caused by life events</li> </ul>	Component 3: Health and Wellbeing - AO1	Support, Voluntary, Faith-based organisations, Formal care, Informal care,
5	<p><b>Component 2: Health and Social Care Services and Values</b>  <b>Learning aim A: Understand the different types of health and social care services and barriers to accessing them</b></p> <ul style="list-style-type: none"> <li>A1 Health and social care service</li> </ul>	<p>Component 1: Human Lifespan Development</p> <p>Component 3: Health and Wellbeing - AO4</p>	Care Services, Primary care, Secondary care, Tertiary care, Allied health professionals, Social Care, Domiciliary Care, Respite Care, Informal care
6	<p><b>Component 2: Health and Social Care Services and Values</b>  <b>Learning aim A: Understand the different types of health and social care services and barriers to accessing them</b></p> <ul style="list-style-type: none"> <li>A2 Barriers to accessing services</li> </ul>	Component 3: Health and Wellbeing - AO4	Barrier, Physical, Sensory, Social, Cultural, Psychological, Language, Geographical, Intellectual, Resource, Financial

Target Grade:		AP1:		AP2:		AP3:	
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1	<p><b><u>Component 3: Health and Wellbeing</u></b></p> <ul style="list-style-type: none"> <li>AO1 Demonstrate knowledge and understanding of factors that affect health and wellbeing</li> </ul>	<p>Component 1: Human Lifespan Development</p> <p>LAB: Investigating how individuals deal with life events</p>	<p>Genetic Inheritance, Predisposition, Acute, Chronic, Isolation, Integration, Culture, Pollution, Environmental conditions, circumstances</p>
2	<p><b><u>Component 3: Health and Wellbeing</u></b></p> <ul style="list-style-type: none"> <li>AO2 Interpret health indicators</li> <li>AO3 Design a person-centred health and wellbeing improvement plan</li> </ul>	<p>Component 1: Human Lifespan Development</p>	<p>Physiological, Pulse, Blood Pressure, Peak flow, Body Mass Index, Person-centred, Needs, wishes, circumstances, targets</p>
3	<p><b><u>Component 3: Health and Wellbeing</u></b></p> <ul style="list-style-type: none"> <li>AO4 Demonstrate knowledge and understanding of how to overcome obstacles relating to health and wellbeing improvement plans</li> </ul>	<p>Component 2: Health and Social Care Services and Values</p>	<p>Obstacles, psychological, motivation, self-esteem, time, commitments, resourc</p>
4	<p><b><u>Component 2: Health and Social Care Services and Values</u></b></p> <ul style="list-style-type: none"> <li>B1 Care values</li> </ul>	<p>Component 3: Health and wellbeing</p>	<p>Care Values, Empowering, Independence, Respect, Identity, Confidentiality, Dignity, Privacy, Self worth, Communication, Empathy, Safeguarding, Duty of care, Anti-discriminatory</p>
5	<p><b><u>Component 2: Health and Social Care Services and Value</u></b></p> <ul style="list-style-type: none"> <li>B2 Reviewing own application of care values</li> </ul>	<p>LAC: Person-Centred health and wellbeing improvement</p>	
6	<p><b><u>GCSE Exams</u></b></p>		

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