



# St Therese of Lisieux PSHE Long Term Plan



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
1	What helps us stay healthy?	Who helps to keep us safe?	What can we do with money?	How can we look after each other and the world?	<p style="text-align: center;"><u>Pathway 1</u> <u>2 Year Cycle within Key Stages</u></p> <p>1. <b>Module One: Created and Loved by God:</b> explores the individual. Rooted in the teaching that we are created by God out of love and for love., it helps children to develop an understanding of the importance of valuing themselves as the basis for personal relationships:</p> <p>2. <b>Module Two: Created to Love Others:</b> Created to Love Others explores the individual's relationship with others. Building on the understanding that we have been created out of love and for love, this module explores how we take this calling into our family, friendships and relationships, and teaches strategies for developing healthy relationships and keeping safe:</p> <p>3. <b>Module Three: Created to Live in Community:</b> Created to Live in Community explores the individual's relationship with the wider world. Here we explore how human beings are relational by nature and are called to love others in the wider community through service, through dialogue and through working for the Common Good.</p>	
2	What helps us to stay safe?	How do we recognise our feelings?	What can help us grow and stay healthy?	What jobs do people do?		
3	What keeps us safe?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?	What makes a community?		
4	How can we manage risk in different places?	How can we manage our feelings?	What strengths, skills and interests do we have?	How can our choices make a difference to others and the environment?		
5	What makes up our identity?	How can we help in an accident or emergency?  How can drugs common to everyday life affect health?	What decisions can people make with money?	What jobs would we like?		
6	How can we keep healthy as we grow?		How can the media influence people?			