

St Pius X Primary School

Personal Development Long Term Plan

CORE THEME	Autumn Term Created and Loved by God					Spring Term Created to Love Others				Summer Term Created to Live in Community			
TOPIC	Unit 1 Religious Understanding	Unit 2 Me, my body, my health	Unit 3 Emotional well-being	Unit 4 Life cycles	Whole School Focus	Unit 1 Religious Understanding	Unit 2 Personal Relationships	Unit 3 Keeping Safe	Whole School Focus	Unit 1 Religious Understanding	Unit 2 Living in the Wider World	Whole School Focus	
EYFS	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Called To Serve – Macmillan Cake Sale, Poppy Day Collection & Visit to Cenotaph, CAUSE Hampers Aspirations Visit from someone with a vocation to serve the community.	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Called To Serve – CAFOD 'Lenten Campaign' Aspirations Aspirations Week: visits from a number of people within the community to raise aspirations. World Book Day. National No. Day. Science Week.	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Called To Serve – Community Championss Work/Allotments (looking after our environment inside and out) Aspirations Sports Week, End of Year Achievement Celebrations, Transition Activities	
	Story Sessions: Handmade with Love	Session 1 I Am Me Session 2 Heads, Shoulders, Knees and Toes Session 3 Ready Teddy?	Session 1 I Like, You Like, We All Like! Session 2 Good Feelings, Bad Feelings Session 3 Let's Get Real	Session 1 Growing Up		Session1 Role Model	Session 1 Who's Who? Session 2 You've Got a Friend in Me Session 3 Forever Friends	Session 1 Safe Inside and Out Session 2 My Body, My Rules Session 3 Feeling Poorly Session 4: People Who Help Us		Session 1 God is Love Session 2 Loving God, Loving Others	Session 1 Me, You, Us		
TOPIC	Unit 1 Religious Understanding	Unit 2 Me, my body, my health	Unit 3 Emotional well-being	Unit 4 Life cycles	British Values Democracy Pupil Elections for Head Boy/Girl & School Council Parliament Week Rule of Law Classroom Rules, Traffic Light System, Playground Charter etc. Individual Liberty Safeguarding Assemblies, E-Safety (in Computing), Anti Bullying Week Peer Mediators Mutual Respect – Assemblies, Collective Worship, Black History Week, NPCAT Sporting Competitions Tolerance of Different Faiths and Beliefs Judaism & Diwali Prayer Group	Unit 1 Religious Understanding	Unit 2 Personal Relationships	Unit 3 Keeping Safe	British Values Democracy Pupil Voice School Council , Eco Warrior & Other Group Meetings etc Rule of Law Head Starters Programme for Y5 Sch Rules Individual Liberty Ongoing Safeguarding Children's Mental Health Week, Stepping Up for Y6 Mutual Respect Assemblies, Collective Worship, NPCAT Sporting Competitions Tolerance of Different Faiths and Beliefs Prayer Group	Unit 1 Religious Understanding	Unit 2 Living in the Wider World	British Values Democracy Pupil Voice - School Council , Eco Warrior & Other Group Meetings etc Rule of Law Good Sportsmanship in Sports Week Sch Rules Individual Liberty Ongoing Safeguarding Jubilee Celebrations Mutual Respect Assemblies, Collective Worship, Talent Show, Tolerance of Different Faiths and Beliefs Islam, Prayer Group	
KEY STAGE ONE	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity		Session 1: God Loves You	Session 1: Special People Session 2: Treat Others Well... Session 3: ...and Say Sorry	Session 1: Being Safe Session 2: Good Secrets & Bad Secrets Session 3: Physical Contact Session 4: Harmful Substances Session 5: Can You Help Me? (can be split into 2)		Session 1: Three in One Session 2: Who Is My Neighbour?	Session 1: The Communities We Live In		
	Story Sessions: Let the Children Come	Session 1: I am Unique Session 2: Girls and Boys Session 3 & 4 (two sessions): Clean & Healthy	Session 1: Feelings, Likes and Dislikes Session 2: Feeling Inside Out Session 3: Super Susie Gets Angry	Session 1: The Cycle of Life									
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LOWER KEY STAGE TWO	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity		Session 1: Get Up! Session 2: The Sacraments	Session 1: We Don't Have To Be The Same Session 2: Respecting Our Bodies Session 3 (Yr4+) What is Puberty? Session 4 (Yr4+) Changing Bodies Session 5 (Yr4+) Discussion Groups - optional	Session 1: What Am I Feeling? Session 2: What Am I Looking At? Session 3: I Am Thankful!		Session 1 (Yr4+): Life Cycles	Story Sessions: Jesus, My Friend		Session 1: Friends, Family and Others Session 2: When Things Feel Bad
	TOPIC	Unit 1 Religious Understanding	Unit 2 Me, my body, my health	Unit 3 Emotional well-being	Unit 4 Life cycles		Unit 1 Religious Understanding	Unit 2 Personal Relationships	Unit 3 Keeping Safe		Unit 1 Religious Understanding	Unit 2 Living in the Wider World	
UPPER KEY STAGE TWO	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Unit Prayer Assessment Activity	Session 1: Is God Calling You?		Session 1: Under Pressure Session 2: Do You Want a Piece of Cake? Session 3: Self-Talk	Session 1: Sharing Isn't Always Caring Session 2: Cyberbullying Session 3: Types of Abuse Session 4: Impacted Lifestyles Session 5: Making Good Choices Session 6: Giving Assistance	Session 1: The Trinity Session 2: Catholic Social Teaching		Session 1: Reaching Out		
	Story Sessions: Calming the Storm	Session 1: Gifts and Talents Session 2: Girls' Bodies Session 3: Boys' Bodies Session 4: Spots and Sleep	Session 1: Body Image Session 2: Peculiar Feelings Session 3: Emotional Changes Session 4: Seeing Stuff Online	Session 1: Making Babies (P1) Session 2: Menstruation									