

Autumn Menu 2021

-  Added Plant Power
-  Vegan
-  Wholemeal

Monday











Tuesday

Wednesday












Thursday

Friday








Week One

Option 1	Chicken Fajitas with 50/50 Rice  	Beef Burger with Potato Wedges	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread 	MSC Fishfingers/ Salmon Fish Fingers with Chips and Tomato Sauce
Option 2	Macaroni Cheese	Sausage Hot Dog with Potato Wedges 	Vegetable Puff Pie with Roast Potatoes and Gravy 	Tomato and Pasta with Garlic Bread 	Vegetable Pie with Chips
Vegetables	Green Beans Carrots	Coleslaw Sweetcorn	Cauliflower Broccoli	Roasted Mixed Vegetables	Baked Beans Garden Peas
Dessert	Sticky Toffee Apple Crumble with Custard 	Fruit Jelly Or assorted Pudding 	Fruit and Yoghurt Station Or assorted Pudding	Oaty Cookie Or assorted Pudding  	Apple, Cheese and Biscuits Or assorted Pudding

Week Two

Option 1	Cheese and Tomato Pizza with New Potatoes 	Macaroni Beef Pasta Bake	Roast Turkey with Roast Potatoes and Gravy	Chicken Stew with Rice  	MSC Breaded Fish with Chips and Tomato Sauce
Option 2	Tomato & Vegetable Stew with Couscous 	Vegetable Curry with Rice  	Roasted Quorn with Roast Potatoes and Gravy	Vegetarian Lasagne	Vegetable Roll with Chips 
Vegetables	Green Beans Cauliflower	Peppers Garden Peas	Cabbage Carrots	Sweetcorn Broccoli	Baked Beans Garden Peas
Dessert	Pear Crumble with Custard Or assorted Pudding 	Chocolate Shortbread Or assorted Pudding 	Fruit and Yoghurt Station Or assorted Pudding	Peach Upside Down Cake Or assorted Pudding	Apple Flapjack Or assorted Pudding  

Week Three

Option 1	Chicken Tortilla Wrap with Rice 	Sausage Roll with Wedges	Roast Beef with Roast Potatoes and Gravy	Chicken Pie with Mashed Potatoes 	MSC Fish in Batter with Chips and Tomato Sauce
Option 2	Meatballs in Tomato Sauce with Rice  	Shepherdess Pie with Gravy 	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Wholemeal Vegetable Pasta Bake 	BBQ Quorn with Chips
Vegetables	Broccoli Sweetcorn	Garden Peas Carrots	Carrot and Swede Mash	Green Beans Cauliflower	Baked Beans Garden Peas
Dessert	Rice Pudding with Mixed Berries Or assorted Pudding	Chocolate Sponge with Chocolate Sauce Or assorted Pudding	Fruit and Yoghurt Station Or assorted Pudding	Eves Pudding and Custard Or assorted Pudding	Pinwheel Cookie Or assorted Pudding 

Available Daily:

Freshly cooked jacket potatoes choice of fillings
Sandwiches with a choice of fillings

Bread freshly baked on site daily
Daily salad selection

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.