



Road Safety

PERSONAL DEVELOPMENT

PRACTICAL TIPS

1. Set a Good Example

- Your child watches what you do. Always cross at safe places, follow the rules, and don't use your phone near roads. They will copy your actions.

2. Talk About Road Dangers

- Speak with your child about how to stay safe. Explain how dangerous it can be to use a phone, wear headphones, or take risks near traffic.

3. Be Seen to Stay Safe

- Remind your child to wear bright or reflective clothes, especially when it's dark or foggy. If they ride a bike, they should use lights and reflectors.

4. Plan a Safe Journey

- Help your child choose the safest route to school. Look for safe crossings, quiet roads and well lit paths. Walk it with them if needed.

5. Watch Out for Distractions

- Teens often look at their phones or wear headphones. This can be very dangerous near roads. Remind them to stay alert and pay attention to traffic.