



Curriculum Intent for Physical Education

At St Paulinus, our Curriculum intent is driven by our Mission Statement, “To Love one another as I have loved you.”

We believe that our shared vision and aims for our curriculum can be summarised using an acronym for **love**, which is at the heart of what we do:

Learn
Opportunities
Value
Experiences

These ‘Love Values’ are central to our commitment to ensuring that all pupils receive the best possible education and can be visible across all curriculum areas, including PE.

INTENT – What is the goal?

At St Paulinus, we strive to create a culture which aims to inspire an active generation to enjoy PE, encourage each other and achieve. We provide a safe and supportive environment for children to flourish in a range of different physical activities which is essential in supporting their physical, emotional, spiritual, social and moral development. Our Intent Statement ties in with our overarching ‘LOVE’ values...

Learn

We encourage all children to develop their understanding of the way in which they can use their body, equipment and apparatus safely and confidently to achieve their personal goals. Children learn how to stay safe by starting swimming lessons in Lower Key Stage Two and continuing until they become confident in the water, knowing how to keep safe and meet the National Curriculum requirements by the end of Year 6. We aim for children to develop the necessary knowledge and skills which will have a positive impact on their future by remaining physically active and thus benefitting their health and well-being.

Opportunity

At St Paulinus we offer a dynamic, varied and stimulating program of activity to ensure that all children progress physically through an inspirational and inclusive PE curriculum. All children have the opportunity to enjoy being physically active, maintain a healthy lifestyle and using the medium of sport, increase their self-esteem. We aspire for children to adopt a positive mind-set founded upon determination and resilience. Children are empowered to take

Working together to be the best we can

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the initiative and become excellent young leaders, organising and officiating, and evaluating what needs to be done to improve as well as motivating and instilling excellent sporting attitudes in others.

Values

Children are taught to observe the conventions of fair play, honest competition and good sporting behaviour as individual participants, team members and spectators, thus embedding life-long values such as co-operation, collaboration and equity of play.

Experience

Children at St Paulinus will experience a rich and varied programme of PESSPA. They participate in inter and intra competitions, enjoy sporting festivals and benefit from links with local clubs and experts in the field - learning from their work ethic and demonstrations of good practice.

Implementation – What does PE look like at St Paulinus?

At St Paulinus, we ensure that our PE curriculum is varied and all pupils receive at least two hours of high-quality PE each week. PE Passport is used as a tool for curriculum design, planning and tracking progress.

Our varied PE curriculum is sequenced to ensure progression of knowledge and skills throughout a child's primary education, thus enabling children to build upon prior experiences and apply these fluently, with confidence.

At times, children receive carefully selected expert coaching, to develop skills across a variety of sports and activities to their PESSPA experience and the knowledge and skills of permanent staff is enhanced through this, ensuring sustainability.

Children participate in active lessons outside of their regular PE lessons. This involves incorporating moments within lessons whereby the children can be active. To develop leadership and communication skills, children in Years 5 and 6 can apply to become a Young Sports Leader, responsible for encouraging younger children to learn how to play collaborative games, respect rules and be as active as possible during playtimes. Alternatively, children in Year 5 and 6 can become members of the School Sports Crew, who are positive sporting role-models for younger members of the school, organising lunchtime games, assisting with annual sports days and being at the forefront of 'Pupil Voice' for PESSPA in school.

Our competition calendar and curricular provision is complemented by numerous extra-curricular clubs, allowing children many additional PESSPA experiences, which have included boxing, cross-country running (in the beautiful Guisborough Forest), football, netball, tag-rugby, multi-skills, rounders, basketball and yoga! Alliances are forged with clubs from within the local community and our own sporty staff share their personal sporting interests with children through the offer of teacher-led extra-curricular sports clubs. Similarly, children are encouraged and supported to organise and lead their own extra-curricular clubs (e.g. Little Stars Dance Club), in order to develop their leadership skills. In KS2, children go on a 5 day outdoor adventurous activities educational visit.

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ST PAULINUS
CATHOLIC PRIMARY SCHOOL

Inter and intra sports competitions are a particular strength of the school and we have enjoyed some wonderful successes for a school of our size. Although we enjoy the competitive nature of sport, we also appreciate and encourage the importance of children 'having a go' and promote positive experiences of being physically active and not always participate to win.

Significant investments have been made to ensure that the facilities available to children at break times and at Breakfast and After School Club are high quality: we now have 2 separate trim trails on the field. In addition, we installed a range of high-quality climbing and balancing equipment in the FS Outdoor Area which was designed to provide opportunities for children to develop and improve fundamental skills using various body parts.

Equipment for PE sessions and active playtimes is regularly audited, with additions and replacements purchased as necessary to ensure that a range of experiences can be provided and enjoyed.

Sports coaches are employed to support active playtimes at lunch through planning and organising structured sporting and physical activities.

What is the IMPACT of our approach to PE / PESSPA at St Paulinus?

Our curriculum is designed so that children are taught a variety of activities throughout their key stage and there is a progression journey through all of these. Children have the opportunity to take part in extra-curricular activities and demonstrate their new skills in intra and inter sports competitions. All children also have the opportunity in the summer term to take part in a sports day. Children are confident within the different strands of PE and show resilience when tackling new skills. Through our approach to PESSPA, children gain the skills and attitudes that will open up a world of enjoyment, experience and achievement.

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