



St.Patrick's RC Primary School

Keeping Safe and Healthy Curriculum Overview

Autumn 1		Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Being me in my world <ul style="list-style-type: none"> Feeling special and safe My class Feeling proud Consequences Learning charter How do I go places safely on the computer? 	Celebrating difference <ul style="list-style-type: none"> The same as... Different from... Bullying New friends How can you use the alphabet to find things online? 	Dreams and Goals <ul style="list-style-type: none"> Treasure chest of success Steps to goals Achieving together Overcoming obstacles What kinds of information should I keep to myself when I use the Internet? 	Healthy Me <ul style="list-style-type: none"> Being healthy Healthy choices Clean and healthy Medicine safety Road safety How can you give credit to your own creative work? 	Relationships <ul style="list-style-type: none"> Families Making friends Greetings People who help us Being my own best friend Sun Safety How do you connect with others through email? 	We meet God's love in our family <ul style="list-style-type: none"> Talk about who is in their family Talk about how fast babies change and grow Look at happy and sad moment within a family How is love shown in a family? Know that we are members of God's family
Year 2	Being Me in my World <ul style="list-style-type: none"> Hopes and fears Rights and responsibilities Rewards and consequences Learning charter How do you stay safe when you visit websites? 	Celebrating Difference <ul style="list-style-type: none"> Boys and girls Bullying up Standing up for myself and others New friends What information is appropriate in a digital footprint? 	Dreams and Goals <ul style="list-style-type: none"> Goals to success Learning strengths Learning with others Group challenge What can you do when someone is mean to you online? 	Healthy Me <ul style="list-style-type: none"> Being healthy Being relaxed Medicine safety Healthy eating What are keywords, and how do you choose them and use them? 	Relationships <ul style="list-style-type: none"> Families Keeping safe Friends and conflict Secrets Trust What makes a website the right site for me? 	We meet God's love in the community <ul style="list-style-type: none"> What is community? Explore school as a community How can we contribute to the community? As children of God, how should we help each other?



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Year 3	Being me in my World <ul style="list-style-type: none"> Getting to know each other Our nightmare school Our dream school Rewards and consequences Learning charter How do you create a secure password? 	Celebrating Difference <ul style="list-style-type: none"> Families Family conflict Witness and feelings Words that harm Compliments Road Safety How does the Internet connect you to others? 	Dreams and Goals <ul style="list-style-type: none"> My dreams and ambitions A new challenge Our new challenge Overcoming obstacles How do some websites try to get you to buy things? 	Healthy Me <ul style="list-style-type: none"> Being fit and healthy What do I know about drugs Being safe Being safe at home My amazing body How can I make sure my emails are clear and respectful? 	Relationships <ul style="list-style-type: none"> Family roles and responsibilities Friendship Keeping myself safe Global citizenship How is writing an email similar to or different from writing a letter? 	How we live in love <ul style="list-style-type: none"> Who cares for me at home, school, parish, community? How do you keep safe? How do you take care of others? How do you feel if a friend is not there for you or you are not there for them? How can I forgive and include others as Jesus did?
Year 4	Being me in my World <ul style="list-style-type: none"> Class team School citizen Democracy Rewards and consequences Our learning charter What kinds of responsibilities does a good digital citizen have? 	Celebrating difference <ul style="list-style-type: none"> Judging by appearances Understanding influences Bullying Problem solving Special me How can you protect yourself from online identity theft? 	Dreams and Goals <ul style="list-style-type: none"> Hopes and dreams Broken dreams Overcoming disappointment Creating new dreams Achieving goals Water Safety What should you do when someone uses mean or scary language on the Internet? 	Healthy Me <ul style="list-style-type: none"> My friends and me Group dynamics Smoking Alcohol Healthy friendships Which keywords will give you the best search results? 	Relationships <ul style="list-style-type: none"> Relationship web Love and loss Memories Are animals special? Special pets How can I show respect for people's work? 	God loves us in our differences <ul style="list-style-type: none"> Recognise all pupils grow and develop at a different rate Identify the development of the baby in the womb Look at how pupils appreciate their own and others gifts, talents, achievements and all that makes us unique St Paul's teaching on love



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Year 5	<p>Being me in my World</p> <ul style="list-style-type: none"> • My year ahead • Being me in Britain • Responsibilities • Rewards and consequences • Our learning charter • How can a secure password help you protect your private information? 	<p>Celebrating Difference</p> <ul style="list-style-type: none"> • Different cultures • Racism • Rumours and name calling • Types of bullying • Does money matter? • How do you create a positive online community? 	<p>Dreams and Goals</p> <ul style="list-style-type: none"> • When I grow up • Jobs and careers • My dream job • Other cultures • Supporting each other • Rallying support • How do I cite different types of online sources? 	<p>Healthy Me</p> <ul style="list-style-type: none"> • Smoking • Alcohol • Emergency aid • Body image • Food • What is spam, and what can you do about it? 	<p>Relationships</p> <ul style="list-style-type: none"> • Recognising me • Getting on and falling out • Relationships • Technology • Social media • How can photos be changed on the computer, and how can that affect our feelings about the way we look? 	<p>God loves me in my changing and development</p> <ul style="list-style-type: none"> • Identify and celebrate the ways I have changed since birth • Discuss the external and internal changes which happen to boys and girls in puberty- pupils will be divided into male and females and taught separately for this section of the unit • Recognise behaviour changes as we grow up • Identify that physical changes from child to adult means the ability to become a mother or father • Reflect on ways to become more sensitive to the emotional development oneself and of others



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Year 6	<p>Being me in my World</p> <ul style="list-style-type: none"> • My year ahead • Global citizens • Learning charter • Water Safety • What's the difference between Internet friends and in-person friends? 	<p>Celebrating Difference</p> <ul style="list-style-type: none"> • Am I normal? • Understanding disability • Power struggles • Why bully • Road Safety • How can people help others to be good digital citizens? 	<p>Dreams and Goals</p> <ul style="list-style-type: none"> • Personal learning goals • Steps to success • My dream for the world • Making a difference • How do you know if a website protects your private information? 	<p>Healthy Me</p> <ul style="list-style-type: none"> • Food • Drugs • Alcohol • Emergency aid • Emotional & mental health • What is cyberbullying, and how do you deal with it? 	<p>Relationships</p> <ul style="list-style-type: none"> • My relationship web • Love and loss • Power and control • Being safe with technology • How do we learn about stereotypes of boys and girls from media messages? 	<p>The wonder of God's love in creating new life</p> <ul style="list-style-type: none"> • Explain how human life is conceived • Recognise Male and female reproductive organs- children will be separated into males and females for this section • Know that sexual intercourse occurs between husband and wife • Understand how a child grows within the mother's womb • Understand that God causes new life to begin through the love that parents have for each other • Celebrate God's creative love in creating us as his children
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