



Ski trip

15th February-19th February
Abernethy



Outward Journey:



- Children need to meet at Darlington Train Station between 7:30am- 7:40am.
- Leave Darlington Station at 8:06am- arrive in Edinburgh at 10:20 am.
- Leave Edinburgh at 10:36am- arrive in Aviemore at 13:26am.
- Abernethy Centre will pick the group up from Aviemore train station and take us to our chalets.



Luggage

- Pack sensibly as children must carry their own luggage.
- Children to wear ski jacket to travel in.
- Children will need a packed lunch for the outward journey.
- Each child must have flask.





Medication

- Any medication your child needs must be brought to school in a labelled bag by Thursday 11th February. This will then be given to your child's group leader.
- If your child is asthmatic, 2 inhalers will need to be provided, one for the child to have and one for group leader. Please label



Itinerary

	8:15	Morning	Afternoon	6:00	6:45	7:30	8:30	9:00
Monday	Travelling	Still travelling.	<u>Arrive at Abernethy-</u> -Welcome Chat -Dry Slope Skiing & Activities in Sports Hall	D I N E R	S H O P	Use of Sports Facilities	EXPLORE	Supper
Tuesday	B R E A K F A S T Make pack Lunch for the day	Skiing at Cairngorm or the Lecht.				Use of Sports Facilities	EXPLORE	Supper
Wednesday		Skiing at Cairngorm or the Lecht.				Use of Sports Facilities	EXPLORE	Supper
Thursday		Skiing at Cairngorm or the Lecht.				Use of Sports Facilities	EXPLORE	Supper
Friday		Leave Aveimore Appox 10:00am	Arrive Darlington 16:01pm					

Evening activities

Followed by bedtime

Evening activities

Followed by bedtime

Evening activities

Followed by bedtime

Evening activities

Followed by bedtime

Ski Video & presentation

Abernethy Centre





CHALETS: ROOM ACCOMMODATION & FIRE LIST

The shaded boxes indicate the rooms you have been allocated – please complete with the names of your group.

Numbers in brackets indicate an extra bed is available to be made up if needed.

We ask that children under the age of 6 do not sleep in top bunks.

Group Name:

Dates:

Chalets A, B & C have a small kitchenette; sink, kettle & fridge. Chalet D has a full kitchen.

Chalet A

Shower & WC	Hall	Room 1 1. 2.
Room 3 1. 2.		Room 2 1. 2.
Room 4 1. 2.	Lounge (1.)	
Room 5 1.		

Chalet B

Shower & WC	Hall	Room 1 1. 2.
Room 3 1. 2.		Room 2 1. 2.
Room 4 1. 2.	Lounge (1.)	
Room 5 1.		

Chalet C

Shower & WC	Hall	Room 1 1. 2.
Room 3 1. 2.		Room 2 1. 2.
Room 4 1. 2.	Lounge (1.)	
Room 5 1.		

Chalet D

Shower & WC	Hall	Room 1 1. 2.
Room 3 1. 2.		Room 2 1. 2.
Room 4 1. 2.	Lounge (1.)	
Kitchen		

	Breakfast	Packed Lunch	Dinner	Supper
Monday			Melon Beef burgers Vegetable burgers (V) Chips, lettuce, sliced tomatoes Jelly & vanilla ice cream	Jammy Cookies
Tuesday	Sausages + hash browns	Ham Grated cheese Tomatoes Sausage rolls	Fruit juice Spaghetti Bolognese Ratatouille (v) Garlic Bread, green salad, carrot salad Sticky toffee pudding and sauce	Muffins
Wednesday	Boiled egg + roll	Salami Cheese slices Tuna mayo cucumber	Leek +potato soup with bread Chicken curry Mushroom stroganoff (V) Rice, naan bread, sweetcorn, green beans Angel delight	shortbread
Thursday	Pancakes lemon juice/sugar and jams	Chicken Cream cheese triangles Lettuce tomatoes	Fruit juice Cottage pie Cowboy hotpot (V) Broccoli, carrots, gravy Apple crumble +cream	Fruity flapjack
Friday	Bacon rolls	Turkey ham Grated cheese Cucumber		



Pocket money

After dinner each evening there is small shop where the children can buy sweets, goodies and memorabilia.

Group leaders will be in charge of the children's money and we ask that you send no more than £20.

Please can this be brought to school no later than the 6th February.



Staff

- Mr Ryan
- Miss Hobson
- Mr Sherrington
- Mr Barber
- Mrs Holtby



Electronics

We are allowing children to bring some electronic devices such as tablets or iPod's for the long journey.

These will be left with group leaders during our time at Abernethy and returned to the children for the journey back.

Please do not send any mobile phones, school will send daily updates to all parents.



Return journey:



- Leave Aviemore Station at 10:27am- arrive in Edinburgh at 1:26pm
- Leave Edinburgh at 2:00pm- arrive in Darlington at 16:01pm (children to be collected from Darlington Station)
- Home for a well earned rest!

