

CORE KNOWLEDGE

What I will know and understand by the end of Year 10.



This year in PSHE+ you will be able to:		This links to:	Key Vocabulary:
<p>Term 1</p> <p>Health and Wellbeing Develop further understanding of County Lines and know about Cannabis and Nitrous Oxide.</p> <ul style="list-style-type: none"> Know about the classification of drugs and the consequences of supplying in law. Know about prescription drugs, drugs in sports and effects of addiction. <p>Evaluate what a mortgage is and how financial crimes can happen.</p> <ul style="list-style-type: none"> Understand borrowing and debt, including risks of gambling. Know what is meant by the term 'money mule'. <p>Evaluate how to manage stress and your own health.</p> <ul style="list-style-type: none"> Understand the issues that may happen when transitioning from KS3 to KS4. Know about prescription drugs, their impact on society and the effects of addiction. 	<p>--Y7: Own health and wellbeing, understand transitional challenges, sleep, resilience, keeping safe, first aid and healthy budgeting.</p> <p>- Y8: Strategies around positive mental health, focused on appearance ideals. Staying safe near water, dealing with peer pressure and making healthy financial decisions.</p> <p>-Y9: Mentally and physically healthy during transition from KS3 to KS4. Staying safe from different types of drugs and the law around drug use. Know the dangers of gambling.</p> <p>Y11: Healthy Sleep routine and how it can support exams. Positive and negatives of prescription drugs.</p>	<p>Cannabis, Nitrous Oxide, Addiction, Class A, Gang Vulnerable, Debit, Credit, Money Mules, Identity Theft, Gambling, Consumer Rights, Prescription Drugs.</p>	
<p>Term 2</p> <p>Living In The Wider World Evaluate how the application process works</p> <ul style="list-style-type: none"> Understand what Curriculum Vitae (CV) is, both online and non-digital. Know how to write a covering letter for you to use for applications. Identify different interview methods that you could be asked to be involved with. <p>Explain the local and national job roles in Government, including how new laws are proposed and made.</p> <ul style="list-style-type: none"> Know what different job roles their are in the Government, both nationally and locally. Understand the different strategies political parties use to persuade you to vote for them. Know about making bills and how they are passed through Parliament into a law. 	<p>- Y7: Know how to be a responsible citizen; gangs and the law, anti-social behaviour, racism, sexism. More informed career decisions.</p> <p>- Y8: Democracy in the UK and different types of employment and job sectors.</p> <p>- Y9: How to be a citizen in the multicultural society of the UK. Know about extremism, racism and fake news. Options process and different Post 16 pathways.</p> <p>- Y11: Financial awareness post 16.</p>	<p>Curriculum Vitae (CV), Cover Letter, Application, Work Experience, Interviews, Digital Citizenship, Member of Parliament, Councillor, Political Parties, Vote.</p>	
<p>Term 3</p> <p>Relationships and Sex Education Evaluate different values that you hold and know about the different forms of abuse.</p> <ul style="list-style-type: none"> Know about peer pressure, virginity, love, sex and responsibility. Understand the reality of sex; including pregnancy. Understand body image, body shame and control over sexual urges. Understand your own beliefs, values, attitudes and how to stand up for them. Know what it means to be a parent, including issues such as love, dedication, obligation, commitment, sacrifice and a lifetime of responsibility. Know your own values and attitudes towards abortion and understanding the stages of life in the womb, abortion myths and the church's teaching. Know about different types of abuse, including physical, emotional, domestic and neglect. Understand different support available. Understand topics such as entrapment, manipulation, sexual grooming, cyberbullying and pornography. 	<p>- Y7: Changes that happen this year and how best to adapt to changes that may develop in school, at home or in the wider world.</p> <p>- Y8: Differences between different groups in society and how to live with tolerance, kindness and forgiveness. Including Protected Characteristics and LBGTQ+.</p> <p>- Y9: Know about the complexities of sexual intimacy. Including sexual consent and FGM.</p> <p>- Y11: Risks of addiction and sexual intercourse. Including pornography, sexual desire, STIs.</p>	<p>Peer Pressure, Virginity, Sex, Pregnancy, Body Image, Body Shame, Values, Lifetime of Responsibility, Abortion, Types of Abuse, Entrapment, Manipulation, Sexual Grooming, Cyberbullying, Pornography.</p>	