

CORE KNOWLEDGE

What I will know and understand by the end of Year 8.



	This year in PSHE+ you will be able to:	This links to:	Key Vocabulary:
<p>Term 1</p>	<p>Living In The Wider World Explain what democracy is in the UK.</p> <ul style="list-style-type: none"> Know how Parliament works in the UK. Understand about different political parties and what a manifesto means to you. Evaluate the role of the Youth Parliament and how you could get involved. <p>Explain about different job sectors and LMI.</p> <ul style="list-style-type: none"> Know what LMI is and how it helps you to make good career decisions. Explore jobs and job profiles. Know about different job sectors. Understand local, regional and national employers. Explore the global market. 	<ul style="list-style-type: none"> - Y7: Know how to be a responsible citizen; gangs and the law, anti-social behaviour, racism, sexism. More informed career decisions. - Y9: How to be a citizen in the multicultural society of the UK. Know about extremism, racism and fake news. Options process and different Post 16 pathways. - Y10: Recruitment process, online and offline. Local and National job roles in Government, including how new laws are proposed and made. Application process for Post 16. - Y11: Financial awareness post 16. 	<p>British Values, Democracy, Government, Parliament, Elections, Manifesto, Democracy Campaign,</p> <p>Labour Market Information, Job Profiles, Job Sectors, Employers, Global Market.</p>
<p>Term 2</p>	<p>Health and Wellbeing Explain the strategies around positive mental health, focus on appearance ideals.</p> <ul style="list-style-type: none"> Understand how expecting to look a certain way (appearance ideals) can impact you. Know what sextortion is and how to stay safe in a digital age. Know that the images online, including social media can be manipulated. Know how online manipulation can lead to exploitation, in particular County Lines. Identify the signs and symptoms of eating disorders. Know where to access help and support for you and other around eating disorders. Develop further your understanding of the risks of vaping. <p>Explain how to stay physically, mentally and financially safe.</p> <ul style="list-style-type: none"> Identify the risks of playing on or near railway lines or level crossings. Know about fire hazards in your home and near where you live. Identify what cost of living is and how it can impact you and your family. Know how to budget effectively by making sound financial decisions. Understand credit and savings; how to open a bank account. Know what fraud and identity theft is and the consequences. 	<ul style="list-style-type: none"> -Y7: Own health and wellbeing, understand transitional challenges, sleep, resilience, keeping safe, first aid and healthy budgeting. -Y9: Mentally and physically healthy during transition from KS3 to KS4. Staying safe from different types of drugs and the law around drug use. Know the dangers of gambling. - Y10: Know what County Lines is and about Cannabis and Nitrous Oxide. Mortgage understanding and how financial crimes can happen online. Manage stress and your own health. - Y11: Healthy Sleep routine and how it can support exams. Positive and negatives of prescription drugs. 	<p>Appearance Ideals, Body Image, Emotional Wellbeing, Media Images, Self-esteem, Eating Disorder, Level Crossing, Train Track, Fire Safety, Peer Pressure, Drugs, Law, Cost of Living, Budget, Credit, Savings, Bank Account, Fraud, Identity Theft.</p>
<p>Term 3</p>	<p>Relationships and Sex Education Evaluate differences between different groups in your society and how to live with tolerance, kindness and forgiveness.</p> <ul style="list-style-type: none"> Know about the science and spiritual understanding of you as a unique individual. Understand about differences; male and female, gender stereotypes, gender dysphoria and transgenderism. Know the importance of celebrating differences, including LGBTQ+. Know what Protected Characteristics are and what they mean to you. Understand how to chose the route of tolerance, kindness and forgiveness. Evaluate what sexual feelings you may have and know how to manage self-control, self-respect and patience. Understand the journey from conception to birth. Know about the miscarriage or abortion. Evaluate the social, personal and legal consequences of sharing images of a sexual nature. Know about your digital footprint, pornography and online exploitation. Understand that sharing anything in word, speech or action can reduce people to objects and dishonours their God-given dignity. 	<ul style="list-style-type: none"> - Y7: Changes that happen this year and how best to adapt to changes that may develop in school, at home or in the wider world. - Y9: Know about the complexities of sexual intimacy. Including sexual consent and FGM. - Y10: Different values that you hold and know about the different forms of abuse. Reality of sex, including pregnancy. - Y11: Risks of addiction and sexual intercourse. Including pornography, sexual desire, STIs. 	<p>Created, Uniqueness, Gender Stereotypes, Transgenderism, LGBTQ+, Protected Characteristics, Tolerance, Kindness, Forgiveness, Sexual Feelings, Patience, Conception, Pregnancy, Miscarriage, Abortion, Digital Footprint, Pornography, Online Exploitation.</p>