

CORE KNOWLEDGE

What I will know and understand by the end of Year 10.



This year in H&SC we will be learning

This links to:

Key Vocabulary:

- | | | | |
|---|---|--|--|
| 1 | <ul style="list-style-type: none"> Exploring developments in the first 4 life stages Learning about gross and fine motor skills Exploring what expected life events are and how they can impact on development | This links to Component 1 coursework and the external exam for Component 3 | Life stages, Physical, Intellectual, Emotional, Social, Development, life events |
| 2 | <ul style="list-style-type: none"> Students will explore how people develop in the last two life stages Students will research genetic inheritance Students will explore lifestyle choices | This links to Component 1 coursework and the external exam for Component 3 | Genetic inheritance, lifestyle choices, Physical, intellectual, emotional and social |
| 3 | <ul style="list-style-type: none"> Students will explore the impact of illnesses and disease Students will identify the importance of role models in a person's life through the life stages Students will complete coursework for Component 1 | This links to Component 1 coursework and the external exam for Component 3 | Illness, disease, role models, life events, life stages, factors that affect development |
| 4 | <ul style="list-style-type: none"> Students will learn about the different health and social care services and providers Students will explore the different types of support for different people and situations | This links to Component 2 coursework and the external exam for Component 3 | Health and Social Care providers, services, types of support |
| 5 | <ul style="list-style-type: none"> Students will learn the differences in formal and informal support and where both of these can be used Students will explore the barriers to accessing health and social care services | This links to Component 2 coursework and the external exam for Component 3 | Support, barriers |
| 6 | <ul style="list-style-type: none"> Students will explore further the barriers people may have in accessing services Students will complete coursework for Component 2 | This links to Component 2 coursework and the external exam for Component 3 | Barriers, health and social care services |

Target Grade:

AP1:

AP2:

AP3:

CORE KNOWLEDGE

What I will know and understand by the end of Year 11.



This year in H&SC we will be learning

- 1
 - Students will analyse the factors that can influence health and well-being
 - Explore illness and disease and how people can be pre-disposed to certain illnesses
 - Students will understand the importance of a balanced diet
- 2
 - Students will explore the benefits of positive lifestyle choices
 - Students will consider how environmental factors, such as pollution, good housing and high employment can affect a person's development
- 3
 - Students will learn about the indicators of poor health
 - Students will explore blood pressure, peak flow meters and BMI charts
 - Students will be able to create well-being improvement plans
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 - Students will learn about the indicators of poor health
 - Students will explore blood pressure, peak flow meters and BMI charts
 - Students will be able to create well-being improvement plans
- 5
 - Students will be consolidating their learning over the past two years revising for their final exams. This will include revising for Component 3 and including some aspects of Component 1 and Component 2
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 - Students will be consolidating their learning over the past two years revising for their final exams. This will include revising for Component 3 and including some aspects of Component 1 and Component 2

This links to:

The work done in year 10 on Component 1 and 2. Also links to the Component 3 external exam.

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Key Vocabulary:

Health and Well-being, illness, disease, diet

Health and well-being, environmental factors

Blood pressure, peak flow, Body Mass Index

Blood pressure, peak flow, Body Mass Index

Life stages, life events, health and well being, care values

Life stages, life events, health and well being, care values

Target Grade:

AP1:

AP2:

AP3: