

# LUNCH WEEK 1



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### MAIN MEAL #ONE

Cottage Pie  
Topped with Sweet  
potato & Carrot  
mash

Marinated Chicken  
Pieces, Wings & Sides

Roast Pork Loin  
Apple Sauce  
Apricot & Parsley  
Stuffing, Gravy.

Delhi Tikka Chicken  
Masala, Rice and  
Sides

Battered Fish, Chips,  
Peas, Lemon &  
Tartare Sauce

### MAIN MEAL #TWO

Quorn & Lentil  
Cottage Pie



Spicy Bean Burger,  
Sweet Chilli & Lettuce

Mac n Cheese  
With Veggie Toppers



Mughlai Vegetable  
Korma, Rice & Sides



Chilli Quorn Dog,  
Fairground Onions &  
Sauce

### HANDHELD

Brazilian Chicken  
Wrap

Authentic Italian  
Pizza Slice

Fish Finger Ciabatta  
& crisp lettuce



Shredded Chicken  
Fillet wholemeal  
Baguette

Authentic Italian  
Pizza Slice



### BOWLED OVER

Pasta Kitchen



Noodle Street



Egg & Soy seasoned  
Rice Bowl

Pasta Kitchen



Pasta Kitchen



### DESSERTS

Chocolate &  
Mandarin Brownie

Peach Upside Down  
cake

Baked Rice Pudding  
With Apple Compote

Lemon Drizzle

Jam & Coconut  
Sponge

**caterlink**  
feeding the imagination

## SOUPS

Come and try our  
range of soups  
available. Varying  
daily and providing  
healthy options to  
you all!

## ALLERGIES

PLEASE SPEAK TO OUR STAFF  
MEMBERS IF YOU HAVE ANY  
ALLERGIES AND NEED TO KNOW  
WHAT IS WITHIN EACH OF OUR  
DISHS. THEY WILL ADVISE YOU ON  
YOUR AVAILABLE FOOD CHOICES.

## JACKET STATION

Sweet potatoes and  
Jacket potatoes  
with various fillings  
on offer including;  
cheddar cheese, baked  
beans and tuna with  
mayonnaise

## Bowled Over

Pasta / rice / noodles served  
daily with different toppings!

**meal  
DEALS**

VEGAN OPTIONS  
AVAILABLE  
DAILY!

THE  
UPROOTED  
KITCHEN

# LUNCH WEEK 2



MAIN MEAL  
#ONE

MONDAY

Baked Chicken  
Meatballs in a Spicy  
Tomato & Basil Sauce  
Sauce Served With  
Rice



TUESDAY

Beef Chilli Nachos,  
Salsa, Guacamole &  
Paprika Rice

WEDNESDAY

Roasted Turkey  
Cranberry Sauce,  
Seasonal  
Vegetables, Stuffing  
& Gravy

THURSDAY

Flavoured Chicken  
Strips served in  
Flatbread with  
Authentic Salads

FRIDAY

Battered Fish,  
Chips, Peas, Lemon  
& Tartare Sauce

MAIN MEAL  
#TWO

Quorn Dog With  
Fairground Onions &  
Seasoned Baked  
Wedges

Chunky Vegetable  
Chilli Nachos, Salsa,  
Guacamole &  
Paprika Rice

Mac n' Cheese with  
Garlic Mushrooms  
And Tossed Salad



Falafels & Hummus  
served in a Flatbread  
with Authentic  
salads



Old School Cheese &  
Red Onion Plate Pie  
Served with  
seasonal Vegetables

HANDHELD

Authentic Italian  
Pizza Slice

Tikka Chicken  
Flatbread With Slaw  
& Sauce

Authentic Italian  
Pizza Slice

BBQ Beef Burrito

Authentic Italian  
Pizza Slice

BOWLED  
OVER

Pasta Kitchen



Pasta Kitchen



Sweet & Sour  
Noodles



Spicy Chicken Rice  
Bowl



Pasta Kitchen



DESSERTS

Chocolate & Apple  
Cake

Toffee Apple & Pear  
Granola Crumble

Summer Fruit Trifle

Carrot & Courgette  
Sponge

Chocolate Chip  
Shortbread

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**meal  
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AVAILABLE  
DAILY!**

THE  
**UPROOTED  
KITCHEN**

# LUNCH WEEK 3



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### MAIN MEAL #ONE

Bangers & Mash with  
Garden Peas & Red  
Onion Gravy

Italian Beef Lasagne  
Served With House  
Salad & Garlic Bread

Roasted Honey  
Glazed Gammon,  
Roast & Gravy

Chicken Tikka  
Masala, Rice & Sides

Battered Fish, Chips,  
Peas, Lemon &  
Tartare Sauce

### MAIN MEAL #TWO

Quorn Sausage  
Served With Buttery  
Mash, Peas & Red  
Onion Gravy

Vegetarian Lasagne  
Served With House  
Salad & Garlic Bread

Mac n' Cheese With  
Veggie Toppers

Mughlai Vegetable  
Korma, Rice & Sides

Vegan Spinach &  
Kale Burger, Vegan  
Mayo & Salad

### HANDHELD

Authentic Italian Pizza  
Slice

Sweet Chilli Chicken  
Wrap

Authentic Italian  
Pizza Slice

Ham & Cheese  
Panini

Authentic Italian  
Pizza Slice

### BOWLED OVER

Pasta Kitchen

Vegetable Chow  
Mein Noodles

Pasta Kitchen

Black Bean Noodles

Pasta Kitchen

### DESSERTS

Warm Red Cherry  
Pancake

Multi Seed Flapjack

Wholemeal Apple &  
Cinnamon Crumble

Sticky Toffee Pudding

Chocolate Orange  
Sponge

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ROOTED  
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