

## i-Thrive at St. Mary's Catholic Primary School

*Luke 15: 4-6 - The Lost Sheep*



The National i-THRIVE Programme is a national programme of innovation and improvement in child and adolescent mental health. i-THRIVE is the implementation of the [THRIVE Framework for system change](#), translating the principles of the THRIVE Framework into local models of care using an evidence based approach to implementation.

## St. Mary's Key Principles for using i-Thrive:



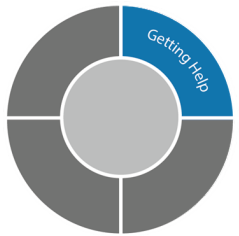
It is a needs based approach which allows children to get the right help, at the right time, at the right level.



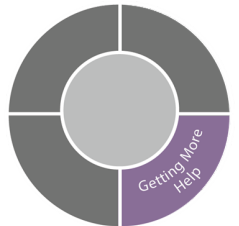
Around 80% of children at any one time are experiencing the normal ups and downs of life but do not need individualised advice or support around their mental health issues. They are considered to be in the *Thriving* group.



This group includes both those with mild or temporary difficulties AND those with fluctuating or ongoing severe difficulties, who are managing their own health and not wanting goals-based specialist input. Within this grouping are children and young people who need advice and signposting and self-management. This typically consists of a one-off contact with follow-up. It is also important to engage parents and carers.



This grouping comprises those children, young people and families who would benefit from focused, evidence-based help and support, with clear aims, and criteria for assessing whether these aims have been achieved.

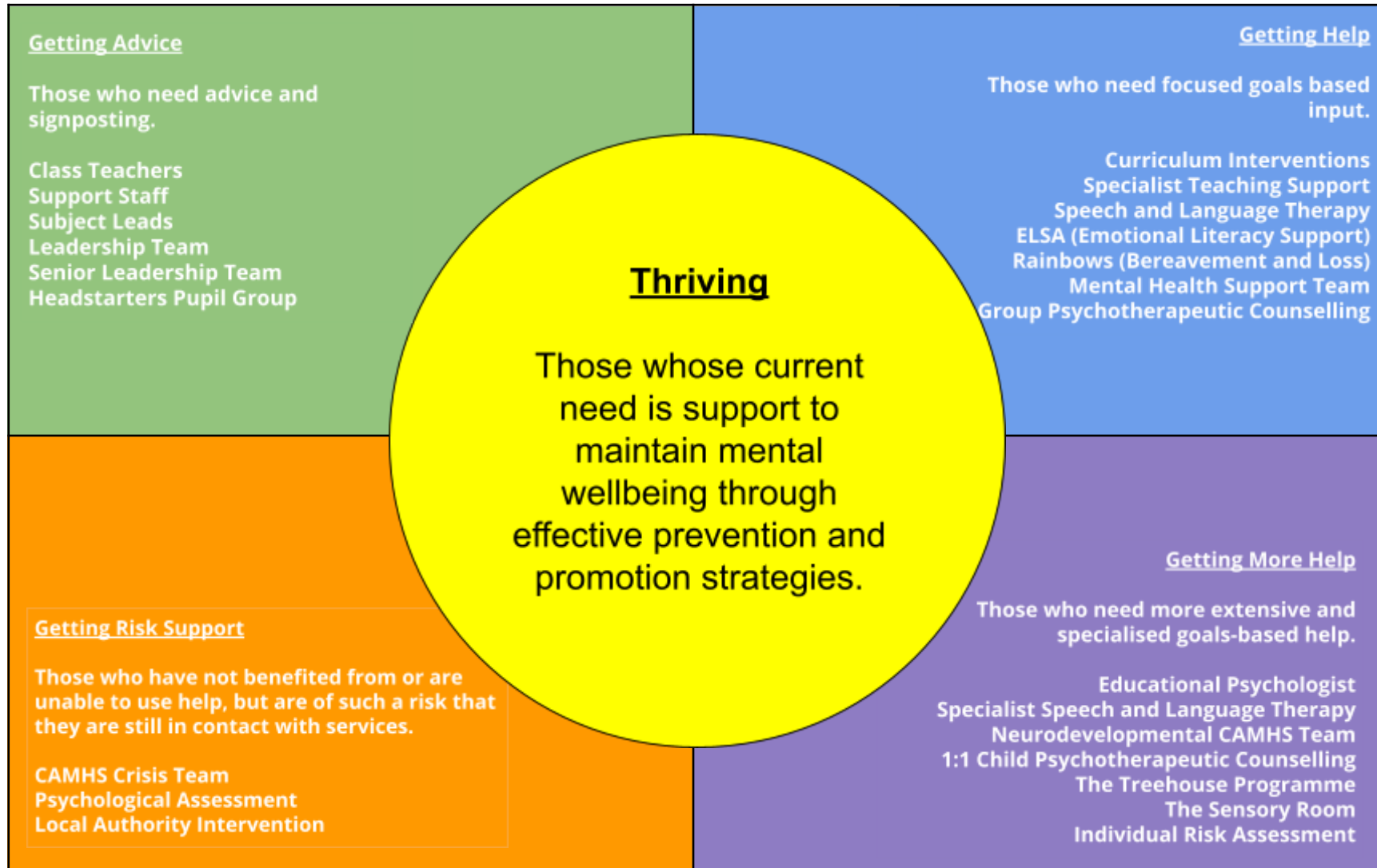


This group comprises those who need specific interventions focused on agreed mental health outcomes. This is not conceptually different from Getting Help. It is a separate needs-based grouping only because need for extensive resource allocation for a small number of individuals may require particular attention and coordination from those providing services across the locality. It encompasses those young people and families who would benefit from extensive intervention.



The aim of specifying a category of Getting Risk Support is for all partners to be clear that what is being provided is managing risk ONLY. Children or young people in this grouping may have some or many of the difficulties outlined in Getting Help or Getting More Help above BUT, despite extensive input, they or their family are currently unable to make use of help and they remain a risk to self or others. Children, young people and families in this group are likely to have multiple-agency input.

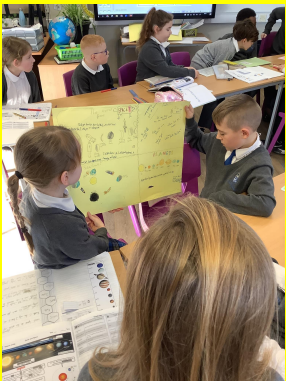
In school, we have identified the following support on offer to enable us to communicate with multi-agency professionals the correct level of support needed for our children.





# What i-Thrive looks like across school:

We are THRIVING:



## Getting Advice:

### Senior Leadership Team and Safeguarding Team



### Leadership Team



## The Pastoral Team



## Subject Leads and Class Teachers





# HLTAs, TAs, Specialist TAs and Intervention Support



## Getting Help:







## Getting More Help:

### The Treehouse Programme



### The Treehouse Nook



## Treetop Therapy



## The Sensory Room





**Getting Risk Support:**



**CLEVELAND  
POLICE**



**CAMHS**

Child and Adolescent  
Mental Health Services

