

PSHE Curriculum 2019-20

	Autumn	Spring	Summer
KS1	<p><u>Unit 1-</u> <u>Religious understanding</u></p> <p><u>Unit 2-</u> <u>Me, my body, my health</u> I am unique Girls and boys Clean and healthy</p> <p><u>Unit 3-</u> <u>Emotional well-being</u> Feelings, likes and dislikes Feeling inside out Angry feelings</p> <p><u>Unit 4-</u> <u>Life Cycles</u> The cycle of life</p>	<p><u>Unit 1-</u> <u>Religious understanding</u></p> <p><u>Unit 2-</u> <u>Personal relationships</u> Special people Treat others well Say sorry</p> <p><u>Unit 3-</u> <u>Keeping safe</u> Being safe Good secrets, bad secrets Physical contact</p>	<p><u>Unit 1-</u> <u>Religious understanding</u></p> <p><u>Unit 2-</u> <u>Living in the wider world</u> The communities we live in</p>
Lower KS2	<p><u>Unit 1-</u> <u>Religious understanding</u></p> <p><u>Unit 2-</u> <u>Me, my body, my health</u> We don't all have to be the same Respecting our bodies What is puberty ?</p> <p><u>Unit 3-</u> <u>Emotional well-being</u> What am I feeling? What I am looking for? I am thankful</p>	<p><u>Unit 1-</u> <u>Religious understanding</u></p> <p><u>Unit 2-</u> <u>Personal relationships</u> Friends, family and others When things feel bad When things change</p> <p><u>Unit 3-</u> <u>Keeping safe</u> Sharing online Chatting online Physical contact</p>	<p><u>Unit 1-</u> <u>Religious understanding</u></p> <p><u>Unit 2-</u> <u>Living in the wider world</u> How do I love others?</p> <p><u>Unit 4-</u> <u>Life Cycles</u> Life cycles of living things</p>

Upper KS2	<p><u>Unit 1-</u> <u>Religious understanding</u></p> <p><u>Unit 2-</u> <u>Me, my body, my health</u> Gifts and talents Girls' bodies Boys' bodies Spots and sleep</p> <p><u>Unit 3-</u> <u>Emotional well-being</u> Body image Peculiar feelings Emotional changes Seeing stuff online</p> <p><u>Unit 4-</u> <u>Life Cycles</u> Making babies</p>	<p><u>Unit 1-</u> <u>Religious understanding</u></p> <p><u>Unit 2-</u> <u>Personal relationships</u> Under pressure Do you want a piece of a cake? Self-talk</p> <p><u>Unit 3-</u> <u>Keeping safe</u> Sharing online Chatting online Physical contact</p>	<p><u>Unit 1-</u> <u>Religious understanding</u></p> <p><u>Unit 2-</u> <u>Living in the wider world</u> Reaching out</p>
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