

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT MAIN DISH	BBQ chicken with 50/50 rice	Beef lasagne	Roast Chicken and stuffing	Chicken and tomato pasta bake	Fish of the day
VEGETARIAN MAIN DISH	Quorn™ mince and dumpling	Pizza of the day with potato wedges	Vegetarian Chilli	Vegetable Sausage	Veggie burger
ACCOMPANIMENTS	Seasonal vegetables Salad bar	Garlic bread Seasonal vegetables Salad bar	Mashed potato Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Chips Seasonal vegetables Salad bar
DESSERTS	Fruit crumble and custard	Lemon drizzle cake	Pear & chocolate sponge with chocolate sponge	Pineapple upside down cake	Chocolate and orange cookie
FRESH FRUIT & YOGHURT	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
JACKET POTATO & SANDWICH SELECTION	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



MENU



Fuel your afternoon with a healthy school lunch from Mellors



- 1 OF YOUR 5 A DAY



- HEALTHY OPTION