



PE Long Term Plan



	Autumn Term	Spring Term	Summer Term
Year 1	<p>Locomotion</p> <p>Fundamental Movement Skills 1</p> <p>Invasion Game Skills</p> <p>Dance - Animals</p>	<p>Tri Golf</p> <p>Gymnastics - Balancing and Spinning</p> <p>Target Games</p> <p>Gymnastics - Rolling and Balancing</p>	<p>Striking and Fielding Games</p> <p>Athletics</p> <p>Net and Wall Game Skills</p> <p>OAA</p>
Year 2	<p>Fundamental Movement Skills 2</p> <p>Fundamental Movement Skills 3</p> <p>Invasion game skills</p> <p>Dance – Fire of London</p>	<p>Tri Golf</p> <p>Gymnastics - Stretching, Curling and Arching</p> <p>Target Games</p> <p>Gymnastics - Spinning, Turning and Twisting</p>	<p>Athletics</p> <p>Striking and Fielding Games</p> <p>Net and Wall Games</p> <p>OAA</p>
Year 3	<p>Tag Rugby</p> <p>Dodgeball</p> <p>Basketball</p> <p>Dance - The Romans</p>	<p>Gymnastics - Symmetry and Asymmetry</p> <p>Tri Golf</p> <p>Hockey</p> <p>Athletics</p>	<p>Cricket</p> <p>Athletics</p> <p>Tennis</p> <p>OAA</p>

Year 4	<p>Tag Rugby</p> <p>Dodgeball</p> <p>Basketball</p> <p>Dance - Dance Around the World</p>	<p>Gymnastics - Partner Work</p> <p>Tri Golf</p> <p>Hockey</p> <p>Athletics</p>	<p>Cricket</p> <p>Athletics</p> <p>Tennis</p> <p>OAA</p>
Year 5	<p>Tag Rugby</p> <p>Dodgeball</p> <p>Basketball</p> <p>Dance - The Haka</p>	<p>Gymnastics - Matching, Mirroring and Contrast</p> <p>Tri Golf</p> <p>Hockey</p> <p>Athletics</p>	<p>Cricket</p> <p>Athletics</p> <p>Tennis</p> <p>OAA</p>
Year 6	<p>Tag Rugby</p> <p>Dodgeball</p> <p>Basketball</p> <p>Dance - World War 2</p>	<p>Gymnastics - Counter Balance and Counter Tension</p> <p>Tri Golf</p> <p>Hockey</p> <p>Athletics</p>	<p>Cricket</p> <p>Athletics</p> <p>Tennis</p> <p>OAA</p>