



St. Joseph's Primary School Recovery Curriculum



“Now is the time to get the mental wealth of our children restored, so that their aspirations for their future, can be a vision that becomes, one day, a reality.”



The Coronavirus pandemic occurred extremely swiftly and has impacted across every layer of society without discrimination. The country moved to a period of lockdown with school access reserved exclusively for children of keyworkers or those that are vulnerable.

Therefore, there are a wider group of pupils in the systems that have undergone a traumatic event with respect to Covid-19. The impact has been significant for pupils, parents, and school staff because their school year ended abruptly; with that in mind, schools need to focus on anticipating the challenges and opportunities that will have arisen regarding the pandemic to minimise the risks and to develop a proactive strategy to support pupil in their return to school (Morrow-Howell et al, 2020).

In the first instance, schools will have supported pupils through a remote learning approach either sending work packs home or posting work via their website or through email (Google Classroom). Establishing a semblance of routine has been extremely important and school staff will be probably using online instruction for the first time (Morgan, 2020).

However, it is inevitable that pupils will fall behind experiencing anxiety about work and the fear of coronavirus. The school leadership team has undertaken a review of the current literature to understand how it can support pupils post-pandemic adopting a compassionate leadership model to embrace a new way of teaching and learning (Carpenter, 2020).

When the children return to school there needs to be a Recovery Curriculum in place; this is because daily routines will have faded and any known curriculum framework will need to be different.

Children's familiarity of routine will have dissipated and for many children the loss of structure will have serious consequences for their mental health and well-being. A key factor for parents who have been encouraged to establish clear routines for home schooling. Children need to know what they are doing now and what will come next.

Children will have experienced loss as a common lived experience and with these considerations in mind we have developed a curriculum that is based on the recovery curriculum (Carpenter, 2020).

The **Recovery Curriculum Framework** is based upon the work of Barry Carpenter and the Evidence for Learning team, which sets out the importance of recognising the trauma and loss that children will have been through during the Covid-19 pandemic. Successful transition for children to enable them to once again become efficient and confident learners is key.



The Recovery Curriculum Framework is built on the 5 Levers, as a systematic, relationships-based approach to reigniting the flame of learning in each child.

- **Lever 1 – Relationships**

Our students won't all return joyfully. Relationships that were thriving are going to have to be nurtured and restored. We need to PLAN for this to happen. Reach out to the students and greet them – cushion the discomfort of returning.

- **Lever 2 – Community**

Curriculum will have to be based around the community for a long time. We need to listen to what has happened in this time, understand the needs of our community and engage them in the transitioning of learning back into school.

- **Lever 3 – Transparent curriculum**

Students will feel like they have lost time in learning and we must show them how we are addressing these gaps, consulting and co-constructing with our students to heal this sense of loss.

- **Lever 4 – Metacognition**

In different environments our children will have been learning in different ways. We need to make the skills for learning in a school environment explicit to our students and reskill and rebuild their confidence as learners.

- **Lever 5 – Space**

*To be, to rediscover and to find their voice on learning in this issue. It is only natural that we all work at an incredible pace to make sure this group of learners are not disadvantaged against their peers, **providing opportunity** and **exploration** alongside the **intensity** of our expectations.*





The 5 levers can be encompassed into a CASE curriculum to support pupils:

- **Creative Learning (Chris Quigley Creative Themes, Artsmark - collaboration with TVMS, RSC, MIMA and The Dorman Museum)**

To support pupils' mental wellbeing the curriculum will focus on learning that promotes self-expression. There will be focus on artistic and craft-based learning to support pupils' fine motor skills and concentration. The intention being pupils who have been traumatised during the pandemic can undertake creative learning to encourage communication with work matched to children's needs. Working in small groups (socially distanced) will support children to re engage with their friends and allow them to talk and communicate with each other whilst focussing on tasks.

- **Active Learning (PE Curriculum/Virtual and Socially distanced activities, Outdoor Learning, MFC, NPCAT Sports Partnership, Stainsby Gymnastics, Wheelchair basketball, Extra Curricular)**

Children will have spent a large proportion of their time in their homes due to the COVID-19 outbreak so there could be a major challenge to stay physically active. Inactive behaviour and low levels of physical activity can have negative effects on quality of life, health and well-being of children (Yarımkaya & Esentürk, 2020). Therefore the curriculum has been designed to promote physical activity outside, within the framework of social distancing. A proportion of the school day will be spent engaged in learning activities that encourage play and sport. In addition, learning spaces will be optimised on the school grounds to support pupils to learn in the open air. Each phase will develop its physical education plan to support pupils to exercise and be active whilst maintaining social distancing.

- **Standards (School Values, Rocket Challenge, Mission, Progress and Attainment, Team Points, Attendance rewards)**

Children's learning ended abruptly at the beginning of the pandemic, as a result there will gaps in learning and knowledge that will need to be supported. Teachers will co-construct learning to reinforce the key basic skills of mathematics, reading, writing spelling and grammar. The planning of the curriculum will support a steady development of the learning that has been missed.



- **Emotional well-being (PSA, CYPMH sessions, REACH, MindEd, Headstart/Headstarters, Anna Freud - Schools in Mind, Place2Be, Rights Respecting, Pupil Parliament, Chaplaincy, Pupil Voice, Rainbows, Prefects, Play Leaders, Ten Ten)**

Pupils will need support to speak about their experiences with specific focus on trauma informed approaches (Carpenter, 2020). There will be emphasis on speaking and listening to support pupil's mental health and well-being. The use of creative and reflective activities in Collective Worship, RE and other subjects will develop pupil's spirituality and help them to reconnect with their feelings. Children and young people will need to find and build upon their inner resources of resilience and adults will need to do likewise alongside learning how to talk to them about their fears and to do so in a therapeutic way which enables them to heal and to cope in their new reality. Additionally, there will be enhanced emphasis on pupils who have become dysregulated with development of consistent deployment of school behaviour policy (Carpenter, 2020). The policy will be reworked to take into account the changes that will need to be in place to support pupils re-engaging with routine and to develop self-regulatory habits. The school behaviour policy, school values and ethos will support and encourage pupils to re-engage with routine and school expectations.



References

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