



St Joseph's Catholic Primary School

PSHE curriculum 2024/25

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Life to the full - Module 1 (Created and loved by God) Skills Builder - Staying positive, Listening and Speaking (15 weeks) My Happy Mind - Meet your Brain (T1a) and Celebrate (T1b)		Life to the full - Module 2 (Created to love others) Skills builder - Creativity and problem solving (13 weeks) My Happy Mind - Appreciate (T2a) and Relate (T2b)		Life to the full - Module 3 (Created to live in Community) (4 weeks) My Happy Mind - Engage	Skills builder - Aiming high, Teamwork, problem solving and Leadership (7 weeks) My Happy Mind - Review and complete additional activities/ work on transition Y6
EYFS	Staying positive (First 2 weeks) Unit 1 - Religious understanding (1 session) Unit 2 - Me, My body, My health (3 sessions) Listening (Last 2 weeks)	Speaking (First 2 weeks) Unit 3 - Emotional well-being (3 sessions) Unit 4 - Life cycles (2 sessions)	Unit 1 - Religious understanding (1 session) Unit 2 - Personal relationships (3 sessions) Creativity (2 weeks) Problem solving (last week)	Unit 3 - Life online (2 sessions) Unit 4 Keeping safe (4 sessions)	Unit 1 - religious understanding (2 sessions) Unit 2 - Living in the wider world (2 sessions)	Unit 2 - Living in the wider world (1 session) Teamwork (2 weeks) Leadership (2 weeks) Aiming high (2 weeks)
1	Staying positive (First 2 weeks) Unit 1 - religious understanding (1 session) Unit 2 - Me, My body, My health (3 sessions) Children will be introduced to correct terminology for genitalia (V2 presentation) Listening (Last 2 weeks)	Speaking (First week) Unit 3 - Emotional Well-being (3 sessions) Unit 4 - Life cycles (3 sessions - not session 1)	Speaking (First week) Unit 1 - Religious understanding (1 session) Unit 2 - Personal relationships (3 sessions) Creativity (2 weeks)	Unit 3 - Life online (2 sessions) Unit 4 - Keeping safe (4 sessions - Session 4 and 5 together will be taught together)	Unit 1 - religious understanding (2 sessions) Unit 2 - Living in the wider world (2 sessions)	Unit 2 - Living in the wider world (1 session) Problem Solving (1 week) Teamwork (2 weeks) Leadership (1 week) Aiming high (2 weeks)
2	Staying positive (First 2 weeks) Unit 1 - religious understanding (1 session) Unit 2 - Me, My body, My health (3 sessions) Children will be introduced to correct terminology for genitalia (V2 presentation) Listening (Last 2 weeks)	Speaking (First week) Unit 3 - Emotional Well-being (3 sessions) Unit 4 - Life cycles (3 sessions - not session 1)	Speaking (First week) Unit 1 - Religious understanding (1 session) Unit 2 - Personal relationships (3 sessions) Creativity (2 weeks)	Unit 3 - Life online (2 sessions) Unit 4 - Keeping safe (4 sessions - Session 4 and 5 together will be taught together)	Unit 1 - religious understanding (2 sessions) Unit 2 - Living in the wider world (2 sessions)	Unit 2 - Living in the wider world (1 session) Problem Solving (1 week) Teamwork (2 weeks) Leadership (1 week) Aiming high (2 weeks)



<p>3</p>	<p>Staying positive (First 2 weeks)</p> <p>Unit 1- Religious understanding (2 sessions)</p> <p>Unit 2 - Me, My body, My health (2 sessions)</p> <p>We do not cover Session 3,4 and 5 (puberty)</p> <p>Listening (Last 2 weeks)</p>	<p>Speaking (First week)</p> <p>Unit 3 - Emotional well-being (3 sessions)</p> <p>Unit 4 Life cycles (3 sessions)</p>	<p>Speaking (First week)</p> <p>Unit 1 - Religious understanding (1 session)</p> <p>Unit 2 - Personal relationships (2 sessions)</p> <p>Creativity (2 weeks)</p> <p>Problem solving (last week)</p>	<p>Unit 3 - Life online (2 sessions)</p> <p>Unit 4 - Keeping safe (4 sessions)</p>	<p>Unit 1 - Religious understanding (2 sessions)</p> <p>Unit 2 - Living in the wider world (2 sessions)</p>	<p>Unit 2 - Living in the wider world (1 session)</p> <p>Problem Solving (1 week)</p> <p>Teamwork (2 weeks)</p> <p>Leadership (1 week)</p> <p>Aiming high (2 weeks)</p>
<p>4</p>	<p>Staying positive (First 2 weeks)</p> <p>Unit 1- Religious understanding (2 sessions)</p> <p>Unit 2 - Me, My body, My health (2 sessions)</p> <p>We do not cover Session 3,4 and 5 (puberty)</p> <p>Listening (Last 2 weeks)</p>	<p>Speaking (First week)</p> <p>Unit 3 - Emotional well-being (3 sessions)</p> <p>Unit 4 Life cycles (3 sessions)</p>	<p>Speaking (First week)</p> <p>Unit 1 - Religious understanding (1 session)</p> <p>Unit 2 - Personal relationships (2 sessions)</p> <p>Creativity (2 weeks)</p> <p>Problem solving (last week)</p>	<p>Unit 3 - Life online (2 sessions)</p> <p>Unit 4 - Keeping safe (4 sessions)</p>	<p>Unit 1 - Religious understanding (2 sessions)</p> <p>Unit 2 - Living in the wider world (2 sessions)</p>	<p>Unit 2 - Living in the wider world (1 session)</p> <p>Problem Solving (1 week)</p> <p>Teamwork (2 weeks)</p> <p>Leadership (1 week)</p> <p>Aiming high (2 weeks)</p>
<p>5</p>	<p>Staying positive (First 2 weeks)</p> <p>Unit 1 - Religious understanding (1 session)</p> <p>Unit 2 - Me, My Body, My health (4 sessions)</p> <p>Listening (last week)</p>	<p>Unit 3 - Emotional well-being (3 sessions)</p> <p>We do not cover session 4 - Seeing stuff online</p> <p>Unit 4 - Life Cycles (4 sessions)</p> <p>We do not cover session 2 - Making babies (part 2)</p>	<p>Speaking (First week)</p> <p>Unit 1 - Religious understanding (1 session)</p> <p>Unit 2 Personal Relationships (4 sessions)</p> <p>Creativity (last week)</p>	<p>Unit 3 - Life online (2 sessions)</p> <p>Unit 4 - Keeping Safe (4 sessions)</p>	<p>Unit 1 - Religious understanding (2 sessions)</p> <p>Unit 2 - Living in the Wider World (2 sessions)</p>	<p>Unit 2 - Living in the wider world (1 session)</p> <p>Problem Solving (1 week)</p> <p>Teamwork (2 weeks)</p> <p>Leadership (1 week)</p> <p>Aiming high (2 weeks)</p>
<p>6</p>	<p>Staying positive (First 2 weeks)</p> <p>Unit 1 - Religious understanding (1 session)</p> <p>Unit 2 - Me, My Body, My health (4 sessions)</p> <p>Listening (last week)</p>	<p>Unit 3 - Emotional well-being (3 sessions)</p> <p>We do not cover session 4 - Seeing stuff online</p> <p>Unit 4 - Life Cycles (4 sessions)</p> <p>We do not cover session 2 - Making babies (part 2)</p>	<p>Speaking (First week)</p> <p>Unit 1 - Religious understanding (1 session)</p> <p>Unit 2 Personal Relationships (4 sessions)</p> <p>Creativity (last week)</p>	<p>Unit 3 - Life online (2 sessions)</p> <p>Unit 4 - Keeping Safe (4 sessions)</p>	<p>Unit 1 - Religious understanding (2 sessions)</p> <p>Unit 2 - Living in the Wider World (2 sessions)</p>	<p>Unit 2 - Living in the wider world (1 session)</p> <p>Problem Solving (1 week)</p> <p>Teamwork (2 weeks)</p> <p>Leadership (1 week)</p> <p>Aiming high (2 weeks)</p>