

### 1 homework point tasks

- Grow a bean in a bag. Wet paper towel and put in clear bag. Seal and stick to window. Bean should grow in 2-3 weeks!
- Make a simple snack independently, send us a photo!
- Produce two separate lists for fresh food and processed food. Add colourful pictures.
- Draw your own Whingdingilly inspired animal, using all your favourite farm animals.
- Choose a farmyard animal and find out 5 facts about them.
- Make a picture using fruit and vegetable printing – potatoes are great!
- Learn all the words to 'Cauliflowers Fluffy' and perform it to your friends and family.
- Science experiment – can you regrow a carrot, spring onion or celery? Cut off top or roots of vegetables and place in bowl of water. They should start to regrow in a few days – record your results.



## From Field to Fork

### 5 homework point tasks

- Design and make a farm with a range of animals and plants.
- Make fruit and vegetable animals. Check out the internet for loads of ideas. A cauliflower will make a super sheep! Or you could make your very own real Supertato or Mr Potatohead!
- Complete Mrs Mitchell's Shopping Scavenger Hunt!
- Create a food diary for a week of the food you eat. Is your diet healthy and balanced?
- Grow your own fruit or vegetables. Plant a seed and watch it grow. Keep a photo diary of its growth.
- Make a 3D farmyard animal from food packaging.

### **Wildcard options – 7 points** **Create your own Field to Fork project!**

By the end of this half-term, you should aim for

### 3 homework point tasks

- Choose a healthy recipe and then you could make it for your friends and family with the help of an adult.
- Become a creative chef and design your own meal using random ingredients. If it is successful, write up the recipe.
- Research food that we eat in England but is grown in another country.
- Do a blind fruit and vegetable taste test with an adult. Record your results. How many did you get right?
- Imagine you are a vegetable of your choice! Write a diary entry or postcard in role as your vegetable. Include where you were planted, how you were harvested and transported and what benefit's you'll give to somebody.
- Look at where different foods come from around the world. Can you add these to a map?
- Write a fruit and vegetable A-Z! Can you think of one for every letter of the alphabet and present it creatively?
- Research the health benefits of different vegetables and present your findings creatively.