

# St Hedda's Catholic Primary School



**Stars of the week**  
**Class 1 - George**  
**Class 2 - Jorja**

**In Class 1** - This week in Class 1 has been filled with lots of adventures on bikes, delicious cooking in our outdoor kitchen, superhero play- particularly Lightning McQueen and Elsa! Creating artwork using Hapa Zome, where we used hammers to create colourful pieces of material- as we learnt all about wild flowers. Finishing the week off by making leaf wands for our magical adventures. The imagination has been amazing this week!

Wednesday was a special time to celebrate Harvest during Mass and of course cake, with lots of reflection and thanks for the food we eat!

We look forward to next week- full of potion making!

**In Class 2** - This week Class 2 have had a wonderful time both in and out of the classroom. At Forest School, the children enjoyed making apple crumble and exploring the outdoors together. In maths, we have been practising our addition and subtraction skills, and it has been great to see the children growing in confidence. We also took part in the Harvest Mass, which was a special opportunity to celebrate and share with our friends. Well done to Class 2 for their enthusiasm and kindness throughout the week!

## NEWSLETTER

03.10.25

### THE WEEK AHEAD:

**Monday 6th October**  
p.m. Horse Riding

**Tuesday 7th October**  
10.45 a.m. Playgroup

**Wednesday 8th October**  
p.m. Forest School  
2 p.m. PTA Meeting

**Thursday 9th October**  
Y6 STEM Fair, Scarborough

**Friday 10th October**  
PD Day - School closed

### **Parents Evening Date Change**

Due to circumstances beyond our control the date of parents evening needs to be altered. Please note that the new date is Tuesday 4<sup>th</sup> November.

### **Class 2 Residential**

A letter containing the details of the planned residential for years 3-6 will be shared with parents next week. Additionally, there will be an information session for parents at 2:45pm on 22<sup>nd</sup> October in school.

### **Year 6 Leavers Residential**

All year 6 parents should have received a letter this week containing initial information about the planned residential to Paris. Please contact Mrs Bartoli if you would like any further information or to discuss your child's needs at this stage. Further information will be shared during the meeting at 3:30pm on 22<sup>nd</sup> October (combined with the SATS meeting).

### **SATS Club**

An information session for parents explaining the Y6 SATS tests will take place on Wednesday 22<sup>nd</sup> October at 3.30pm in school. Please confirm your attendance by emailing [enquiries@stheddas.npcat.org.uk](mailto:enquiries@stheddas.npcat.org.uk)  
All year 6 children are invited to attend an after school SATS club each week 3:15 - 4:15 beginning Thursday 6<sup>th</sup> November. This is an opportunity to revise concepts that will be covered in the SATS papers at a relaxed pace.

### **Autumn Disco**

A fun fancy dress disco for all pupils and their friends and family.  
Wednesday 22<sup>nd</sup> October 5-6:30pm

### **PD Day**

A reminder that Friday 10<sup>th</sup> October is a PD day and school will be closed to all pupils.

### **PTA Meeting**

Parents and family members are welcome to join our PTA Meeting on 8<sup>th</sup> October at 2pm.

### **Horse-riding**

Horse-riding will continue on Mondays for all pupils in Reception to Year 6.

### **Forest School**

Forest School session will continue every Wednesday please make sure your child has at least a change of footwear/ wellies and a coat. Please provide a puddle suit/ waterproofs if possible. Sessions go ahead in the event of wet/ cold weather.

### **Wraparound Care**






Breakfast and After School Club costs:

Breakfast Club - 8.00 - 9.00 a.m. - £2.50 per session

After School Club - 3.15 - 5.00 p.m. (4.30pm Fridays) - £5.50 per session

**Please remember to book clubs in advance by the Thursday for the following week and indicate approx. time of collection if you have booked for After School club.** Thank you

## ONE FOR OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		<b>1st October</b>	<b>2nd October</b>	<b>3rd October</b>	<b>4th October</b>	<b>5th October</b>
<p><b>Did you know?</b></p> <p>The Chief Medical Officer (CMO) recommends that children and young people aged 5-16 should get at least 60 minutes of moderate to vigorous physical activity every day.</p>		<b>Speed Bounce</b> One minute challenge Bronze: 20 Silver: 30 Gold: 40+	<b>Mountain Climbers</b> One minute challenge Bronze: 10 Silver: 20 Gold: 30+	<b>Shoulder Rolls</b> One minute challenge Bronze: 20 Silver: 30 Gold: 40+	Can you be active for one hour (60 minutes) with your friends or family? 	
		<b>6th October</b>	<b>7th October</b>	<b>8th October</b>	<b>9th October</b>	<b>10th October</b>
<b>Apple Picking</b> One minute challenge Bronze: 20 Silver: 30 Gold: 40+	<b>Burpees</b> One minute challenge Bronze: 10 Silver: 20 Gold: 30+	<b>High Knees</b> One minute challenge Bronze: 20 Silver: 30 Gold: 40+	<b>Leg Kicks</b> One minute challenge Bronze: 10 Silver: 20 Gold: 30+	<b>Shoulder Raises</b> One minute challenge Bronze: 20 Silver: 30 Gold: 40+	Can you be active for one hour (60 minutes) with your friends or family? 	
<b>13th October</b>	<b>14th October</b>	<b>15th October</b>	<b>16th October</b>	<b>17th October</b>	<b>18th October</b>	<b>19th October</b>
<b>Bicep Curls</b> One minute challenge Bronze: 20 Silver: 30 Gold: 40+	<b>Side Lunges</b> One minute challenge Bronze: 10 Silver: 20 Gold: 30+	<b>Calf Raises</b> One minute challenge Bronze: 20 Silver: 30 Gold: 40+	<b>Tuck Jumps</b> One minute challenge Bronze: 10 Silver: 20 Gold: 30+	<b>Squats</b> One minute challenge Bronze: 20 Silver: 30 Gold: 40+	Can you be active for one hour (60 minutes) with your friends or family? 	
<b>20th October</b>	<b>21st October</b>	<b>22nd October</b>	<b>23rd October</b>	<b>24th October</b>	<b>25th October</b>	<b>26th October</b>
<b>Arm Circles</b> One minute challenge Bronze: 20 Silver: 30 Gold: 40+	<b>Crunches</b> One minute challenge Bronze: 10 Silver: 20 Gold: 30+	<b>Body Twists</b> One minute challenge Bronze: 20 Silver: 30 Gold: 40+	<b>Push Ups</b> One minute challenge Bronze: 10 Silver: 20 Gold: 30+	<b>Elbows to Knees</b> One minute challenge Bronze: 20 Silver: 30 Gold: 40+	Can you be active for one hour (60 minutes) with your friends or family? 	
<b>27th October</b>	<b>28th October</b>	<b>29th October</b>	<b>30th October</b>	<b>31st October</b>		
<b>Toe Taps</b> One minute challenge Bronze: 20 Silver: 30 Gold: 40+	<b>Side Reach</b> One minute challenge Bronze: 10 Silver: 20 Gold: 30+	<b>Star Jumps</b> One minute challenge Bronze: 20 Silver: 30 Gold: 40+	<b>Squat Jumps</b> One minute challenge Bronze: 10 Silver: 20 Gold: 30+	<b>Punches</b> One minute challenge Bronze: 20 Silver: 30 Gold: 40+		

### FORTHCOMING DATES/EVENTS

**Mondays - Horse riding**

**Tuesdays - Hedda's Heroes Playgroup 10.45 - 11.45am**

**Wednesdays - Forest School**

### OCTOBER 2025

**Wed 8<sup>th</sup> - 2 p.m. PTA meeting**

**Thur 9<sup>th</sup> - Y6 STEM Fair, Scarborough**

**Fri 10<sup>th</sup> - PD Day - School closed**

**Tues 14<sup>th</sup> - Class 1 trip to Preston Park/Butterfly World**

**Thur 16<sup>th</sup> - Reception starter stay and play**

**Fri 17<sup>th</sup> - Y5/6 Tag Rugby, Whitby**

**Tues 21<sup>st</sup> - School starter stay and play**

**Wed 22<sup>nd</sup> - 2.30pm Residential Meeting for Parents**

**Wed 22<sup>nd</sup> - 3.30pm Residential (Paris) and SATs meeting for Parents**

**Wed 22<sup>nd</sup> - 5 p.m. Family and Friends Autumn Disco**

**Fri 24<sup>th</sup> - Class 2 Cross Country, Whitby**

**Half Term - Mon 27<sup>th</sup> - Fri 31<sup>st</sup>**

### NOVEMBER 2025

**Tues 4<sup>th</sup> - Parents Consultation Meetings**

**Thur 6<sup>th</sup> - After school SATs club begins for Y6 pupils**

**Fri 7<sup>th</sup> - weekly swimming sessions begin**

**Mon 10<sup>th</sup> - Anti Bullying Week**

**Tues 11<sup>th</sup> - Remembrance Day**