

St Hedda's Catholic Primary School



NEWSLETTER

19.09.25

Stars of the week

Class 1 - Erin

Class 2 - Adon

In Class 1 - This week class 1 got stuck into all things Autumn. We enjoyed a lovely walk down the toll road to collect Autumn treasures- conkers, leaves, sticks and pinecones. We have created Autumn crowns, lanterns and lots of apple printing. Apples have been great for lots of rolling into water and watching as they created a great splash! We have enjoyed sowing cress and parsley seeds, which are growing nicely- we are looking forward to using these in our mud kitchen!

In forest schools we enjoyed making toast, autumn frames and lots of bug hunting! We can't wait for next week!

In Class 2 - This week, Class 2 have had a fantastic time exploring our science topic, Living Things and Their Habitats! The highlight was our visit to Danby Moors Centre, where the children spent the afternoon investigating, observing, and discovering wildlife up close. In English, we have been having fun learning about different sentence types and word classes, helping the children make their writing even more exciting. Meanwhile, in Maths, Year 5 and 6 have been tackling numbers in the millions, practicing how to read and write them with confidence, while Year 3 and 4 have been mastering number lines up to 1,000. It's been a week full of curiosity, learning, and discovery!

THE WEEK AHEAD:

Monday 22nd September

p.m. Horse Riding

Tuesday 23rd September

10.45 a.m. Playgroup

4 p.m. Open Evening for prospective parents

Wednesday 24th September

9a.m. International Day of Peace - Stay and Pray

p.m. Forest School

Thursday 25th September

Friday 26th September

p.m. Class 2 Cross Country, Whitby

Open Evening

Our first open evening of this academic year is at 4pm on Tuesday 23rd September. Please let family and friends who have pre-school aged children know that they are welcome to attend. Children can start at St Hedda's from their 3rd birthday and can access nursery hours flexibly and split funding with other providers.

Creative Mindfulness After School Club

Nature, nurture, connection are offering a parent and child after school club at St Hedda's on Tuesday 3:30-5pm. Families from any school are welcome to join and should book directly via bookwhen.

International Day of Peace Stay and Pray

Join us in school 9 - 9:30 on Wednesday 24th September as we join together in prayer.

Harvest Mass and Coffee Morning

On Wednesday 1st October families and members of the community are invited to join us for mass at St Hedda's followed by refreshments in the school hall. Donations of cakes are gratefully received.

We are also requesting donations of tins, packets and non perishable foods which will be donated to Whitby Foodbank.

Can you help?

We need your help collecting loose parts for use in play and crafts, we need: clean and unbroken shells, conkers, pine cones, small smooth stones (roughly palm sized), drift wood of all sizes, plain plastic milk bottle tops and corks.

Horse-riding

Horse-riding will continue on Mondays for all pupils in Reception to Year 6.

Children should come to school wearing:

- Long trousers (jodhpurs, leggings, jogging bottoms; no jeans)
- Long sleeved top (long sleeve t shirt, pe top and a base layer etc)
- Warm layer e.g light fleece or sweatshirt
- Pupils must bring a pair of wellies with them
- A light waterproof coat is recommended

All equipment will be provided.

Forest School

Forest School session will continue every Wednesday please make sure your child has at least a change of footwear/ wellies and a coat. Please provide a puddle suit/ waterproofs if possible. Sessions go ahead in the event of wet/ cold weather.

P.E. Days - 2025/26

P.E. days for this term will be on **Mondays and Fridays**, all children need to come to school in their PE kit on these days. Any additional days for sporting events we will advise you as necessary.

SATS Club

An information session for parents explaining the Y6 SATS tests will take place on Wednesday 22nd October in school. Please confirm your attendance by emailing enquiries@stheddas.npcat.org.uk

All year 6 children are invited to attend an after school SATS club each week 3:15 - 4:15 beginning Thursday 6th November. This is an opportunity to revise concepts that will be covered in the SATS papers at a relaxed pace.

Changes to Bus Routes - Effective from Monday 15th September

From 15th September the bus route will change to incorporate Scaling, Ugthorpe, Aislaby and Whitby. Please contact the office to register your interest. A separate communication detailing the timings has been sent to all parents.

Wraparound Care


Breakfast and After School Club costs:

Breakfast Club - 8.00 - 9.00 a.m. - £2.50 per session

After School Club - 3.15 - 5.00 p.m. (4.30pm Fridays) - £5.50 per session

Please remember to book clubs in advance by the Thursday for the following week and indicate approx. time of collection if you have booked for After School club. Thank you

Step into September 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	2nd September Squat jumps for 1min Bronze 10 Silver 11-20 Gold 21+	3rd September Star jumps in 1min Bronze 15-20 Silver 21-30 Gold 31+	4th September Russian Twist for 30sec Bronze 5 Silver 6-10 Gold 10+	5th September Mountain climbers for 1min Bronze 10 Silver 11-20 Gold 21+	6th September Kick ups Bronze - 5 Silver 6-10 Gold 11+	7th September Be active on a Sunday
8th September Lunges in 30sec Bronze 8 Silver 9-15 Gold 16+	9th September Press ups in 30sec Bronze 8 Silver 9-12 Gold 13+	10th September Wall Sit Bronze 20sec Silver 21sec- 1min Gold Above 1min	11th September Sit-Ups in 30sec Bronze 8 Silver 9-15 Gold 16+	12th September Side lunges in 30sec Bronze 8 Silver 9-14 Gold 15+	13th September Burpees in 1min Bronze 10 Silver 11-20 Gold 21+	14th September Be active on a Sunday.
15th September Plank Bronze-15 secs Silver-30 secs Gold-1 min	16th September Single leg balance Bronze - 10sec Silver - 11-20sec Gold - 21sec+	17th September Sprint on the spot Bronze 10sec Silver 11-30sec Gold 31sec+	18th September Plank hold Bronze 15sec Silver 16-25sec Gold 26sec+	19th September lateral jumps Bronze 10sec Silver 11-30sec Gold 31sec+	20th September Sit ups 1min Bronze 10-15 Silver 16-25 Gold 26+	21st September Be active on a Sunday
22nd September Squats in 1min Bronze - 8-15 Silver - 16-25 Gold - 26+	23rd September Side plank Bronze - 8-15sec Silver - 16-20sec Gold - 21sec+	24th September Plank ups in 1min Bronze - 4-6reps Silver 7-12reps Gold 13reps+	25th September Kick ups Bronze - 5 Silver 6-10 Gold 11+	26th September Explosive Star Jumps in 30secs Bronze - 5 Silver 6-10 Gold 11+	27th September Burpees in 1min Bronze 10 Silver 11-20 Gold 21+	28th September Be active on a Sunday
29th September 6th September Kick ups Bronze - 5 Silver 6-10 Gold 11+	30th September Plank Bronze-15 secs Silver-30 secs Gold-1 min					Created by the fabulous Sports Leaders from Sacred Heart Primary Middlesbrough.

FORTHCOMING DATES/EVENTS

SEPTEMBER 2025

Mondays - Horse riding

Tuesdays - Hedda's Heroes Playgroup 10.45 - 11.45am

Wednesdays - Forest School

Tues 30th - Class 1 trip to Preston Park/Butterfly World

OCTOBER 2025

Wed 1st - 9.15am Harvest Mass, St. Hedda's Church

Fri 3rd - Class 1 Multi skills, Whitby

Wed 8th - 2 p.m. PTA meeting

Thur 9th - Y6 STEM Fair, Scarborough

Fri 10th - PD Day - School closed

Fri 17th - Y5/6 Tag Rugby, Whitby

Wed 22nd - SATs meeting for Parents

Wed 22nd - 5 p.m. Family and Friends Autumn Disco

Fri 24th - Class 2 Cross Country, Whitby

Half Term - Mon 27th - Fri 31st

NOVEMBER 2025

Fri 7th - weekly swimming sessions begin