

# St Hedda's Catholic Primary School



**Stars of the week**  
**Class 1 - Rupert**  
**Class 2 - Theo**

**In Class 1** - What a fabulous first week back! We are so proud of everyone in class 1!

This week Nursery have loved making dens in our outdoor area, they have perfected the method of pegging the material on the fences to make it super cosy. They have learnt our routines well and have already made lots of friends!

Reception has blown us away with their phonics lessons already! We have learnt the sounds s,a,t and p. They have settled in well to our school routines and earned lots of shine points!

This week year 1 has been super busy with their learning. In science they have learnt all about the 4 seasons, in writing they have begun writing sentences and in maths we have begun counting backwards and forwards to 20!

We have all created a 'wave portrait' which will be displayed in Staithes Co-op for their art festival.

**In Class 2** - This week in Class 2 we have had an excellent first week back. We have made a good start in maths and are working on our sentence structure in writing. Forest school was a big hit making bramble cakes. We have enjoyed starting rugby and can't wait to see what this term brings. We are excited to start horse riding on Monday and can't wait to continue letting our lights shine!

## NEWSLETTER

05.09.25

### THE WEEK AHEAD:

**Monday 8th September**  
p.m. Horse Riding

**Tuesday 9th September**

**Wednesday 10th September**  
9.15 a.m. Welcome Mass  
p.m. Forest School

**Thursday 11th September**

**Friday 5th September**

### **Horse-riding**

Horse-riding will begin on Monday for all pupils in Reception to Year 6. This will take place at Borrowby Equestrian Centre.

Children should come to school wearing:

- Long trousers (jodhpurs, leggings, jogging bottoms; no jeans)
- Long sleeved top (long sleeve tshirt, pe top and a base layer etc)
- Warm layer e.g light fleece or sweatshirt
- Pupils must bring a pair of wellies with them
- A light waterproof coat is recommended

All equipment will be provided.

### **Forest School**

Forest School session will continue every Wednesday please make sure your child has at least a change of footwear/ wellies and a coat. Please provide a puddle suit/ waterproofs if possible. Sessions go ahead in the event of wet/ cold weather.

### **Fairtrade**

Many thanks for your support over the last year, our Fairtrade representative has collected £427. We will continue to sell Fairtrade chocolate on Fridays but there has been a price increase and it will now be £1.10.

### **P.E. Days - 2025/26**

P.E. days for this term will be on **Mondays and Fridays**, all children need to come to school in their PE kit on these days. Any additional days for sporting events we will advise you as necessary.

Until October half term, Monday PE lessons will be horse-riding.

### **Welcome Mass**

Families are invited to join us for mass at St Hedda's Church on Wednesday 10<sup>th</sup> September at 9:15am.

### **PTA Meeting**

All parents are welcome to join a PTA meeting in school at 2pm on Thursday 11<sup>th</sup> September.

### **SATS Club**

An information session for parents explaining the Y6 SATS tests will take place on Wednesday 22<sup>nd</sup> October in school. Please confirm your attendance by emailing enquiries@stheddas.npcat.org.uk

All year 6 children are invited to attend an after school SATS club each week 3:15 - 4:15 beginning Thursday 6<sup>th</sup> November. This is an opportunity to revise concepts that will be covered in the SATS papers at a relaxed pace.

### **New Year Parent Drop In**

Parents and carers are invited into school for an informal look around the school, chat to teachers and have a look at what their children have been up to this year so far. Teachers will share information about each child's curriculum.

### **Changes to Bus Routes - Effective from Monday 15<sup>th</sup> September**

From 15<sup>th</sup> September the bus route will change to incorporate Scaling, Ugthorpe, Aislaby and Whitby. A timetable will follow. Please contact the office to register your interest.

### **Wraparound Care**


Breakfast and After School Club costs:

Breakfast Club - 8.00 - 9.00 a.m. - £2.50 per session

After School Club - 3.15 - 5.00 p.m. (4.30pm Fridays) - £5.50 per session

**Please remember to book clubs in advance by the Thursday for the following week and indicate approx. time of collection if you have booked for After School club.** Thank you

## Step into September 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	<b>2nd September</b> Squat jumps for 1min Bronze 10 Silver 11-20 Gold 21+	<b>3rd September</b> Star jumps in 1min Bronze 15-20 Silver 21-30 Gold 31+	<b>4th September</b> Russian Twist for 30sec Bronze 5 Silver 6-10 Gold 10+	<b>5th September</b> Mountain climbers for 1min Bronze 10 Silver 11-20 Gold 21+	<b>6th September</b> Kick ups Bronze - 5 Silver 6-10 Gold 11+	<b>7th September</b>  <b>Be active on a Sunday</b>
<b>8th September</b> Lunges in 30sec Bronze 8 Silver 9-15 Gold 16+	<b>9th September</b> Press ups in 30sec Bronze 8 Silver 9-12 Gold 13+	<b>10th September</b> Wall Sit Bronze 20sec Silver 21sec- 1min Gold Above 1min	<b>11th September</b> Sit-Ups in 30sec Bronze 8 Silver 9-15 Gold 16+	<b>12th September</b> Side lunges in 30sec Bronze 8 Silver 9-14 Gold 15+	<b>13th September</b> Burpees in 1min Bronze 10 Silver 11-20 Gold 21+	<b>14th September</b>  <b>Be active on a Sunday.</b>
<b>15th September</b> Plank Bronze-15 secs Silver-30 secs Gold-1 min	<b>16th September</b> Single leg balance Bronze - 10sec Silver - 11-20sec Gold - 21sec+	<b>17th September</b> Sprint on the spot Bronze 10sec Silver 11-30sec Gold 31sec+	<b>18th September</b> Plank hold Bronze 15sec Silver 16-25sec Gold 26sec+	<b>19th September</b> lateral jumps Bronze 10sec Silver 11-30sec Gold 31sec+	<b>20th September</b> Sit ups 1min Bronze 10-15 Silver 16-25 Gold 26+	<b>21st September</b>  <b>Be active on a Sunday</b>
<b>22nd September</b> Squats in 1min Bronze - 8-15 Silver - 16-25 Gold - 26+	<b>23rd September</b> Side plank Bronze - 8-15sec Silver - 16-20sec Gold - 21sec+	<b>24th September</b> Plank ups in 1min Bronze - 4-6reps Silver 7-12reps Gold 13reps+	<b>25th September</b> Kick ups Bronze - 5 Silver 6-10 Gold 11+	<b>26th September</b> Explosive Star Jumps in 30secs Bronze - 5 Silver 6-10 Gold 11+	<b>27th September</b> Burpees in 1min Bronze 10 Silver 11-20 Gold 21+	<b>28th September</b>  <b>Be active on a Sunday</b>
<b>29th September</b> <b>6th September</b> Kick ups Bronze - 5 Silver 6-10 Gold 11+	<b>30th September</b> Plank Bronze-15 secs Silver-30 secs Gold-1 min					Created by the fabulous Sports Leaders from Sacred Heart Primary Middlesbrough.

### FORTHCOMING DATES/EVENTS

#### SEPTEMBER 2025

**Mon 1<sup>st</sup> - PD Day - School closed**

**Tues 2<sup>nd</sup> - Children return to school**

**Mondays - Horseriding**

**Tuesdays - Hedda's Heroes Playgroup 10.45 - 11.45am**

**Wednesdays - Forest School**

**Wed 10<sup>th</sup> - Welcome Mass - 9.15am**

**Mon 15<sup>th</sup> - New Year Parent Drop In - 3.30pm**

**Thur 18<sup>th</sup> - Class 2 trip to Eden Camp**

**Tues 23<sup>rd</sup> - Open Evening for Prospective Parents**

**Wed 24<sup>th</sup> - International Day of Peace Stay and Pray**

**Fri 26<sup>th</sup> - Class 2 Cross Country, Whitby**

**Tues 30<sup>th</sup> - Class 1 trip to Butterfly World**

#### OCTOBER 2025

**Wed 1<sup>st</sup> - 9.15am Harvest Mass, St. Hedda's Church**

**Fri 3<sup>rd</sup> - Class 1 Multiskills, Whitby**

**Thur 9<sup>th</sup> - Y6 STEM Fair, Scarborough**

**Fri 10<sup>th</sup> - PD Day - School closed**

**Fri 17<sup>th</sup> - Y5/6 Tag Rugby, Whitby**

**Wed 22<sup>nd</sup> - SATs meeting for Parents**

**Fri 24<sup>th</sup> - Class 2 Cross Country, Whitby**

**Half Term - Mon 27<sup>th</sup> - Fri 31<sup>st</sup>**