

St Hedda's Catholic Primary School



NEWSLETTER

07.02.25

Class 1 - Jasper
Class 2 - Helna

In Class 1 - This week class 1 have enjoyed joining in for National Storytelling week. We created our very own magical world based on the book 'Our Tower' By Joseph Coelho. This then inspired us to create a one word poem.

On Thursday class 1 enjoyed a Gymnastics carousel at Whitby. The children were able to practice skills learned in our PE lessons. We have been learning our 2, 3 and 5 times tables this week in Maths. We have been able to spot patterns in our timetables and use this facts to answer problem solving questions. We have also taken part in National Mental Health week, we have been thinking about different feelings, breathing negative feelings out through a breath prayer and creating artwork to show what we are grateful for.

Early Years have been pirates this week, creating a boat and setting the scene. Inspired by last week's Sea Shanty.

In Class 2 - This week we participated in an online writing workshop, the children planned a story and were excited to share their ideas with the class. We also took part in Children's Mental Health Week. Just like Riley, from the film Inside Out, we all hold different Islands of Personality in our brains. These islands are created from our past memories, emotions, life experiences and passions.

We shared our ideas and our islands of personality with each other.

THE WEEK AHEAD:

Monday 10th February

Tuesday 11th February

Safer Internet Day
Presentation by Woodsmith Mine

Wednesday 12th February

Thursday 13th February

Valentine's Day Shine Assembly

Friday 14th February

p.m. Swimming (last session)
Break up for half term

Children's Mental Health Week

Both classes took part in activities for Children's mental health week.

Class 2 participated in an online lesson 'How talking about the world around us can support our mental health'. They learnt that just like our physical health, there are things we can do to help take care of our mental health. 'Know yourself, grow yourself'.

Class 1 used a bubble prayer to breathe out negative thoughts and breathe in God's love. They all so created candles and added things that they are grateful for.

Friends of St. Hedda's - Tombola

Many thanks to everyone who donated prizes and helped with this event. We raised a total of £96 for Friends of St. Hedda's.

Swimming

Our final session takes place on Friday 14th February.

Smart watches

Please could these not be worn in school, thank you.

Forthcoming events

There are quite a few events taking place after half term, please remember to consent via Arbor.

Parents Consultations

These will take place on Monday 10th March, appointments will be available to book via Arbor after half term.

Wraparound Care

Breakfast and After School Club costs:

Breakfast Club - 8.00 - 9.00 a.m. - £2.50 per session

After School Club - 3.15 - 5.00 p.m. (4.30pm Fridays) - £5.50 per session

Please remember to book clubs in advance by the Thursday for the following week and indicate approx. time of collection if you have booked for After School club.

Thank you.

Appointments

A quick reminder should your child/children have an appointment eg: medical/dental during the school day please let us have a copy/photo confirmation of the appointment for our records.

Illness Absence

Please remember if your child is absent from school due to illness please let school know, if this is for more than one day, please ring the school each day. If your child has been sick they must be off for a period of 48 hours after the final episode of diarrhoea or vomiting.

Fun Fitness February 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3rd February Desk push-ups Bronze: 10 times Silver: 20 times Gold: 25 times	4th February Jumping Jacks Bronze: 15 times Silver: 20 times Gold: 30 times	5th February Desk Mountain Climbers Bronze: 10 times Silver: 20 times Gold: 25 times	6th February Table Cycling Bronze: 20 seconds Silver: 40 seconds Gold: 1 minute	7th February Desk Plank Bronze: 20 seconds Silver: 40 seconds Gold: 1 minute
10th February Desk Biceps Dips Bronze: 10 times Silver: 20 times Gold: 25 times	11th February Classroom Burpee Bronze: 10 times Silver: 15 times Gold: 20 times	12th February Chair Heel Flicks Bronze: 20 seconds Silver: 40 seconds Gold: 1 minute	13th February Chair Leg Raises Bronze: 20 seconds Silver: 40 seconds Gold: 1 minute	14th February Chair Rowing Bronze: 20 seconds Silver: 40 seconds Gold: 1 minute
17th February Wall Sit Bronze: 20 seconds Silver: 40 seconds Gold: 1 minute	18th February Table Leg Raises Bronze: 5 times Silver: 10 times Gold: 20+ times	19th February Tricep Dips Bronze: 5 times Silver: 15 times Gold: 25 times	20th February Lunges Bronze: 20 times Silver: 40 times Gold: 60 times	21st February Spotty Dogs Bronze: 20 times Silver: 50 times Gold: 80 times
24th February X Jumps Bronze: 10 times Silver: 20 times Gold: 40 times	25th February Table Leg Hold (Straight legs no hands) Bronze: 5 seconds Silver: 10 seconds Gold: 20 seconds	26th February Squats Bronze: 20 times Silver: 40 times Gold: 60 times	27th February Alternating 1 arm plank Bronze: 10 times Silver: 25 times Gold: 40 times	28th February Jump-Jump-tuck Bronze: 5 times Silver: 10 times Gold: 20 times

SPRING 1 DATES

FEBRUARY 2025

Mon 17th - Fri 21st February - Half Term Holiday

Wed 26th - Inter School Orienteering

Thur 27th - Y3/4 - Key Steps 2 Gymnastics, Whitby

Thur 27th - 6.30pm Astronomy Event

Fri 28th - Y5/6 England Men's Rugby Training Session, York

MARCH 2025

Tues 4th - Shrove Tuesday - pancake race

Tues 4th/Wed 5th - Eskdale Festival Speech and Drama Classes

Wed 5th - Ash Wednesday Liturgy

Thur 6th - Cross Country (Race 2) for Class 2, Whitby

Thur 6th - World Book Day

Mon 10th - Parents/Carers consultations

Mon 17th - CAFOD Family Fast Day

Wed 19th - NCMP Heights and Weights for Y6 and Reception

Fri 21st - Comic relief - Red Nose Day

Wed 26th - Art Workshop

Thur 27th - Cross Country (Race 3) for Class 2, Whitby

Fri 28th - Mothers Day Mass

Fri 28th - 6.30pm Outdoor cinema event

Mon 31st - Ryedale Skate School

APRIL 2025

Tues 1st - Stingers Netball, Whitby

Wed 2nd - Fri 4th - Residential visit to Peat Rigg

Thur 3rd - Decorated Egg competition

Mon 7th - Mon 21st - Easter Holidays