

St Hedda's Catholic Primary School



NEWSLETTER

31.01.25



Class 1 - Jasper
Class 2 - Aiden



THE WEEK AHEAD:

Monday 3rd February

Tuesday 4th February

1.15pm Presentation from Woodsmith Mine

Wednesday 5th February

Stay and Pray - Year of the Jubilee

Thursday 6th February

Class 1 - Key Steps Gymnastics

Friday 7th February

p.m. Swimming

In Class 1 - In class 1 this week we have continued with our work about hot and cold countries. We have learnt lots about the North Pole, the South Pole and the Equator. We are now experts! In maths we have continued to master addition and subtraction with some using base ten to support their understanding. We have continued to learn new techniques for gymnastics in our PE lessons this week. Early Years are perfecting their balancing and learning different movements. In my happy mind this week we have continued to learn about the different parts of the brain and their purpose. We have enjoyed learning 'happy breathing' and 'flower breathing' which made us feel calm and relaxed. Early Years have enjoyed emptying and filling of containers, there has been lots of discussion about capacity and many opportunities for sharing.

In Class 2 - This week in Class 2 we participated in a Mass for the Jubilee Year. We then created some doves of hope, flowers of hope, writing and took part in a 5 finger prayer. We are loving our topic on 4 and 6 figure grid references in Geography. In PE we are creating a sequence of symmetrical and asymmetrical balances. Well done Class 2.

Key Step Gymnastics

Gymnastics will take place at Whitby School on Thursday afternoon (6th February) for Class 1 children. Please can children come to school in their PE kit and please remember to consent via Arbor.

Friends of St. Hedda's - Tombola

The Friends of St. Hedda's will be holding a tombola stall at Egton Village Hall Table Top Sale on Sunday from 10am - 1 pm. if anyone would like to pop in. Many thanks to everyone who has donated prizes for this.

English Hub

We had a visit from the YEAT English hub this week who were very complimentary about our learning environment, our teachers, our pupils and how resourced our school is. Over the coming months we will be working collaboratively with local schools to share good practice.

Photographs

Well done to our multi talented children who this week were praised by Phototronics photographer, Anastasiia, who came to take pictures for our new prospectus. We will share the images on our website and social media in the coming weeks.

Sea shanty workshop

We love enriching the curriculum based on the talents and interests of our pupils. Class 2 enjoyed their music work on sea shanties so much last year that we knew we needed an opportunity to revisit. This week, we built upon that with a brilliant workshop from Keith Ayling; a professor of song writing and part of the 'Saltburn Smugglers' shanty choir. The session included: singing sea shanties, playing rhythm games and creating our own sea shanty.

NPCAT App

Following the Trust letter that you received recently, please read through this letter carefully as you will receive more information in the coming weeks relating to its implementation. In order to assist this transition it is important that you continue to keep your ParentPay account in a positive balance. The new NPCAT app will replace our current ParentPay payment method as we look to streamline our process. It is important you check for updates as they are released. Thank you for your continued support as we develop and improve our process.

Swimming

Swimming sessions continue on Fridays on at Whitby Leisure Centre up to and including Friday 14th February.

Smart watches

Please could these not be worn in school, thank you.

Packed Lunches

Please be reminded that packed lunches should be healthy and include a range of food groups.

Nuts, sweets, and products containing caffeine are not permitted.

Take a look at more guidance here: <https://www.nhs.uk/live-well/eat-well/food-guidelines-and-food-labels/the-eatwell-guide/> or <https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/>

Wraparound Care

Breakfast and After School Club costs:

Breakfast Club - 8.00 - 9.00 a.m. - £2.50 per session

After School Club - 3.15 - 5.00 p.m. (4.30pm Fridays) - £5.50 per session

Please remember to book clubs in advance by the Thursday for the following week and indicate approx. time of collection if you have booked for After School club.

Thank you.

Appointments

A quick reminder should your child/children have an appointment eg: medical/dental during the school day please let us have a copy/photo confirmation of the appointment for our records.

Illness Absence

Please remember if your child is absent from school due to illness please let school know, if this is for more than one day, please ring the school each day. If your child has been sick they must be off for a period of 48 hours after the final episode of diarrhoea or vomiting.

HOP, SKIP AND JUMP INTO JANUARY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1st January Star Jumps Bronze- 15 Silver- 25 Gold- 35+	2nd January Tuck Jumps Bronze- 15 Silver- 25 Gold- 30+	3rd January Jump Squats Bronze- 10 Silver- 20 Gold- 30+	4th January Speed Jump Bronze- 40 Silver- 80 Gold- 120	5th January Split Jumps Bronze- 15 Silver- 25 Gold- 30+
6th January One Foot Balance Bronze- 15 seconds Silver- 25 seconds Gold- 40 seconds	7th January Mountain Climbers Bronze- 15 Silver- 25 Gold- 40	8th January Spotty Dogs Bronze- 15 Silver- 30 Gold- 45	9th January Jog on the Spot Bronze- 25 seconds Silver- 40 seconds Gold- 60 seconds	10th January Burpees Bronze- 15 Silver- 20 Gold- 35	11th January High Knees Bronze- 25 seconds Silver- 40 seconds Gold- 60 seconds	12th January Shuttle Runs Bronze- 20 Silver- 35 Gold- 50
13th January Run on the Spot Bronze- 30 seconds Silver- 40 seconds Gold- 60 seconds	14th January Throw- clap-catch Bronze- 2 claps Silver- 5 claps Gold- 7+ claps	15th January Superman pose Bronze- 20 seconds Silver- 30 seconds Gold- 40 seconds	16th January Squats Bronze- 15 Silver- 25 Gold- 30+	17th January Partner throw Bronze- 10 Silver- 20 Gold- 30+	18th January Heel flicks Bronze: 20 Silver: 30 Gold: 40+	19th January Sit Ups Bronze: 10 Silver: 20 Gold: 30+
20th January High Kicks Bronze: 20 Silver: 30 Gold: 40	21st January Tree Pose Bronze- 20 seconds Silver- 30 seconds Gold- 40 seconds	22nd January Plank Bronze- 20 seconds Silver- 30 seconds Gold- 40 seconds	23rd January Sprint on the Spot Bronze- 25 seconds Silver- 30 seconds Gold- 50 seconds	24th January Open the Gates Bronze- 15 Silver- 25 Gold- 30+	25th January Arm Circles Bronze- 20 seconds Silver- 30 seconds Gold- 40 seconds	26th January Sumo Squats Bronze- 10 Silver- 20 Gold- 30+
27th January Basketball Bounces Bronze: 10 Silver: 20 Gold: 30+	28th January Arm Stretches Bronze- 20 seconds Silver- 30 seconds Gold- 40 seconds	29th January Crescent Moon Pose Bronze- 20 seconds Silver- 30 seconds Gold- 40 seconds	30th January Push Ups Bronze- 7 Silver- 12 Gold- 17+	31st January Touch your Toes Bronze- 15 Silver- 25 Gold- 30+		Created by the wonderful Sports Leaders from Sacred Heart, Northallerton

SPRING 1 DATES

FEBRUARY 2025

Tues 11th - Safer Internet Day

Thur 13th - Valentine's day Shine Assembly

Fri 14th - Swimming

Mon 17th - Fri 21st February - Half Term Holiday

Thur 27th - Y3/4 - Key Steps 2 Gymnastics, Whitby

Thur 27th - 6.30pm Astronomy Event

MARCH 2025

Tues 4th - Shrove Tuesday - pancake race

Tues 4th/Wed 5th - Eskdale Festival Speech and Drama Classes

Wed 5th - Ash Wednesday Liturgy

Thur 6th - Cross Country (Race 2) for Class 2, Whitby

Thur 6th - World Book Day

Mon 10th - Parents/Carers consultations

Fri 21st - Comic relief - Red Nose Day

Thur 27th - Cross Country (Race 3) for Class 2, Whitby

Thur 27th - 6.30 pm Astronomy Event

Fri 28th - Mothers Day Mass

Fri 28th - Outdoor cinema

APRIL 2025

Wed 2nd - Fri 4th - Residential visit to Peat Rigg

Thur 3rd - Decorated Egg competition

Mon 7th - Mon 21st - Easter Holidays