

# St Hedda's Catholic Primary School



## NEWSLETTER

04.10.24

### THE WEEK AHEAD:

**Monday 7th October**

**Tuesday 8th October**

**Wednesday 9th October**

**Forest School Sessions**

**Thursday 10th October**

**Class 2 Cross Country, Whitby  
(rearranged date)**

**Friday 11th October**

**PD Day - School Closed**

Well done to our stars of the week:

Class 1 - Adon

Class 2 - Eva

In EYFS we have been making 5 in different ways and retelling the story of Going on a Bear Hunt. We especially enjoyed making apple crumble with our playgroup friends and sharing the Family Fast Day soup!

In Class 1 - In class 1 we have been performing The Owl and the Pussy cat and using nouns and verbs in our sentences.

We have been thinking about our families in RE and how Mary and Joseph would have looked after Jesus in the same way we look after each other.

In Class 2 - In Class 2 this week, we have learnt all about unconditional love in RE and what makes a house a home. The children produced some lovely ideas and made links to religious scripture. We enjoyed fitness circuits in PE, including plyometrics, and trained our strength and power. Well done Class 2.

### **CAFOD Family Fast Day**

We shared a wonderful afternoon together on Thursday as we thought hard about those who are less fortunate than us and gave thanks for all we have access to. We shared a simple meal and prayers with members of our extended community as part of our Catholic Social Teaching. Thank you to those who attended and Mrs Kemp for the delicious soup.

### **SEND reviews**

If your child is on the SEND register you will have received an invite to discuss their support plan and the adaptations that are helping them in school. Please confirm your attendance with the office.

### **Spelling**

Thank you so much to everyone who ensured their spelling book was in school this Thursday. Please remember that spelling tests will take place every Thursday and it is crucial we have your child's book. Well done to all the children who had practiced hard this week!

### **Handwriting**

You will have received details about the letterjoin app last week. This is a programme we have been using in school and that can be used at home to further support handwriting. Please remind your children to access the app at least once a week at home. Contact school if you need support.

### **PD Day**

Please be reminded that Friday 11th October is a PD Day and school is closed to children.

### **Friends of School**

The friends of St Hedda's are meeting in school on Monday 7th October at 2pm to discuss Autumn term fundraising, everyone is welcome. We are working hard to improve all areas of the school and are very grateful that recent fundraising has allowed us to purchase some new playground equipment. We have lots more on our list and so any help is appreciated!

### **Wraparound Care**

Breakfast and After School Club costs remain the same:

Breakfast Club - 8.00 - 9.00 a.m. - £2.50 per session

After School Club - 3.15 - 5.00 p.m. (4.30pm Fridays) - £5.50 per session

Please continue to book by Thursday for the following week whenever possible in order to facilitate staffing.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1st October</b> <b>Star Jumps</b> Bronze: 20 times Silver: 30 times Gold: 40+ times	<b>2nd October</b> <b>Open the gate</b> Bronze: 10 times Silver: 20 times Gold: 30+ times	<b>3rd October</b> <b>Close the gate</b> Bronze: 10 times Silver: 20 times Gold: 30+ times	<b>4th October</b> <b>Lunges</b> Bronze: 10 times Silver: 20 times Gold: 30+ times
<b>7th October</b> <b>Squats</b> Bronze: 10 times Silver: 20 times Gold: 30+ times	<b>8th October</b> <b>Upper cuts</b> Bronze: 20 times Silver: 30 times Gold: 40+ times	<b>9th October</b> <b>Push ups</b> Bronze: 5 times Silver: 10 times Gold: 15+ times	<b>10th October</b> <b>Sit ups</b> Bronze: 10 times Silver: 20 times Gold: 30+ times	<b>11th October</b> <b>FEED THE CHICKEN</b> Bronze: 10 times Silver: 20 times Gold: 30+ times
<b>14th October</b> <b>High Knees</b> Bronze: 20 times Silver: 30 times Gold: 40+ times	<b>15th October</b> <b>Tuck Jumps</b> Bronze: 10 times Silver: 20 times Gold: 30+ times	<b>16th October</b> <b>Plank</b> Bronze: 30 seconds Silver: 1 minute Gold: 2 minutes	<b>17th October</b> <b>Burpees</b> Bronze: 10 times Silver: 15 times Gold: 20+ times	<b>18th October</b> <b>Arm circles</b> Bronze: 20 times Silver: 30 times Gold: 40+ times
<b>21st October</b> <b>Mountain climbers</b> Bronze: 20 times Silver: 30 times Gold: 40+ times	<b>22nd October</b> <b>Wall sit</b> Bronze: 1 minute Silver: 2 minutes Gold: 3 minutes	<b>23rd October</b> <b>Heel flicks</b> Bronze: 20 times Silver: 30 times Gold: 40+ times	<b>24th October</b> <b>Kick ups</b> Bronze: 5 times Silver: 10 times Gold: 15+ times	<b>25th October</b> <b>Basketball bounces</b> Bronze: 10 times Silver: 20 times Gold: 30+ times
<b>29th October</b> <b>High kicks</b> Bronze: 20 times Silver: 30 times Gold: 40 times	Created by the wonderful Sports Leaders from St. Hedda's and St. Joseph's, Pickering.			

# AUTUMN 1 DATES

## OCTOBER 2024

- Thur 10th - Class 2 Cross Country, Whitby (Race 1)
- Fri 11th - PD Day - School Closed
- Tues 15th - Class 2 Pray Together
- Thur 17th - Class 2 trip to Land of Iron, Skinninggrove
- Fri 18th - Class 2 Boys football, T6 Stadium
- Thur 24th - Class 2 Cross Country (Race 2)
- Thur 24th - Cinema Night
- Mon 28th - Fri 1st Nov - Half Term

## NOVEMBER 2024

- Wed 6th - Parents Consultations
- Fri 8th - Swimming sessions begin for Class 2
- Mon 11th - Remembrance Day
- Tues 12th Odd Socks Day
- Fri 15th - Children in Need
- Tues 19th - Class 1 Pray Together
- Tues 26th - School Photos

## DECEMBER 2024

- Wed 4th - Advent Mass
- Tues 10th - Christmas Performance
- Thur 19th - Break up for Christmas
- Fri 20th - PD Day - School Closed