



Well done to our stars of the week:

in class 1 - Joshy
in class 2 - Sreya

WONDERFUL WORK

Class 1 - This week we loved learning about The Great Fire of London. We even made our own rules for Thomas Farriner's bakery and learnt the 'London's Burning' song.

The highlight of the week for both classes was a visit to meet the spring lambs at Mrs Brown's farm. Thank you to Freddie and Mrs Brown, we had a fantastic morning.

Class 2 - This week we have thoroughly enjoyed taking part in the trust Golf experience. The best part was definitely the driving range, we got to drive the ball as far as we could. Everyone showed exemplary behaviour and 'let their light shine'

NEWSLETTER

12.04.24

THE WEEK AHEAD:

Monday 15th April

PE for both classes

Tuesday 16th April

Wednesday 17th April

Forest School

Thursday 18th April

10 -11am Playgroup

3.15 - 4 p.m.SATs club

6 p.m. Spring Concert, English
Martyrs Catholic Church, Sleights

Friday 19th April

Spring Concert

We are looking forward to sharing some of our recent work during our spring concert next week. All children will be contributing in some way and it would be lovely to see as many parents as possible in attendance.

Children will need to arrive at English Martyr's Church, Sleights by 5:45 in time for a 6pm start.

Social Media Apps

Please remember that there are minimum ages for most social media apps. Apps like TikTok can expose children to harmful content and leave children vulnerable to unwanted contact. Please see the poster attached for more information about minimum ages. If you would like help or advice regarding your child's use of technology, please contact Mrs Bartoli.

Sporting opportunities

We know how much our children at St Hedda's benefit from and enjoy sporting opportunities. This week class 2 loved their visit to Middlesbrough Golf Club where they had some golfing tuition, played games and used the driving range. Next week, children from both classes will have the opportunity to try Judo. What should we try next?

Farm Visit

We are incredibly grateful to Mrs Brown and Freddie for welcoming the whole school to their farm this week to share their farming knowledge and giving the children the opportunity to see the spring lambs. The children got so much out of the experience and had a wonderful time.

Playgroup

Our playgroup is open to all pre school aged children and is a relaxed opportunity to play and chat. The playgroup is based in our early years classroom every Thursday, 10-11am. Please mention it to anyone with little ones who might like to join us.

School Field Wilderness Overnight Camp - 27th/28th June


After reviewing the best options for residential trips for class 2 we have booked a very exciting overnight camp. This will include an evening of activities and BBQ, overnight camp followed by a whole day of activities the following day.

Notices

- There may be occasions when your child has to attend a medical/dental appointment during the school day, please remember to let us have a copy of the appointment to record on your child's file.
- Wraparound Care and Bus Run 1 - Please book wrap around care (Breakfast and After School Club) and bus 1 by contacting the **school office by 3pm on a Thursday** to book places for the following week.
- Children collected from School/Bus - we understand from time to time your child/children may be collected by another family member/friend etc - please make sure these contacts are updated as authorised to collect on Arbor.
- Accident forms - Previously, If your child had an accident in school a form would have been sent home with your child, this will now be replaced with an Arbor message to inform you.



ACTIVE APRIL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1st April Plank Bronze: 30 seconds Silver: 1 minute Gold: 1 minute 30 seconds	2nd April Push Ups Bronze: 5 push ups Silver: 10 push ups Gold: 15 + push ups	3rd April Burpees Bronze: 5 burpees Silver: 10 burpees Gold: 15+ burpees	4th April Squats Bronze: 10 squats Silver: 15 squats Gold: 20+ squats	5th April Kick Ups Bronze: 2 kick ups Silver: 5 kick ups Gold: 10+ kick ups	6th April Can you go on a scooter or a bike ride ?	
8th April Wall Sit Bronze: 30 seconds Silver: 1 minute Gold: 2 minutes	9th April Sit Ups Bronze: 10 sit ups Silver: 20 sit ups Gold: 30 sit ups	10th April Throwing and Catching Bronze: 10 times Silver: 20 times Gold: 30 times	11th April Squat Jumps Bronze: 5 jumps Silver: 12 jumps Gold: 18 jumps	12th April Arm Circles Bronze: 30 circles Silver: 40 circles Gold: 50 circles	13th April Can you do the Daily Mile with your family?	
15th April Basketball Bounces Bronze: 5 bounces Silver: 15 bounces Gold: 30+ bounces	16th April Shuttle Runs Bronze: 6 shuttle runs Silver: 12 shuttle runs Gold: 18 shuttle runs	17th April Jumping Bronze: 15 jumps Silver: 20 jumps Gold: 30+ jumps	18th April Tennis Racket Ups Bronze: 5 racket ups Silver: 10 racket ups Gold: 20+ racket ups	19th April Balance with bean bag (on head) Bronze: 30 seconds Silver: 1 minute Gold: 1 minute 30 seconds	20th April Can you redo your favourite sporting activity from this week?	
22nd April Pass a rugby ball with a partner (without dropping it): Bronze: 10 passes Silver: 20 passes Gold: 30+ passes	23rd April Lunges Bronze: 10 lunges Silver: 20 lunges Gold: 30+ lunges	24th April Tuck Jumps Bronze: 5 jumps Silver: 10 jumps Gold: 15+ jumps	25th April Gymnastics Stretches Bronze: 10 stretches Silver: 15 stretches Gold: 25 stretches	26th April Mountain Climbers Bronze: 10 times Silver: 20 times Gold: 30 times	27th April Can you attempt to do the Haka?	
29th April High Knees Bronze: 10 times Silver: 20 times Gold: 30+ times	30th April Pass a tennis ball to a partner (without dropping it): Bronze: 5 passes Silver: 10 passes Gold: 15+ passes					

SUMMER TERM 1 DATES

APRIL 2024

- Thur 18th - 6 p.m. Spring Concert at Sleights
- Tues 23rd - Aspire Judo Taster Session
- Tues 23rd - Mrs Wood (CCW) to visit Y6 pupils
- Thur 25th - Class 1 Multi Sports Festival

MAY 2024

- Wed 1st - Heights and Weights for Y6
- Mon 6th - May Day Bank Holiday
- Fri 10th - Y1/2 Quad Kids
- Mon 13th - KS2 SATs take place this week
- Thur 23rd - Y3/4 Cricket
- Fri 24th - Y5/6 Cricket
- Mon 27th - Fri 31st May - Half Term Holiday

JUNE 2024

- Mon 3rd - Children return to School

Know About Age Requirements



Keep a step ahead of your child by knowing what the age limits are for popular social media apps. If your child is underage they should not be using the app and you may wish to change the setting on their phone to block certain apps.

The following apps have a minimum user age of 13:

- Tic Toc
- Instagram
- Facebook and Facebook Messenger
- Discord
- Snapchat
- X (previously Twitter)

*Whatsapp has a minimum user age of 16.

If your child is underage, you can normally block these apps by accessing the settings on your child's phone. Follow the manual for your specific phone to learn how to block apps or set an age restriction.



Talk About Privacy Settings

Most social media apps allow you to set your profile and/or posts to 'private' or 'friends only'. When your child starts using social media, spend some time looking at the privacy setting with them to ensure they are being as safe as possible.

It is also important to check the location privacy on any social media apps your child is using. Some social media apps automatically share your location when you post so you may want to disable this.

Talk to your child about what is meant by personal information and support them in not sharing personal information online, such as their date of birth, real name, age or phone number.

Finally, check the content filters and change the settings so that any content inappropriate for their age is blocked from their social media app.

