

St Hedda's Catholic Primary School



Well done to our stars of the week:

in class 1 - Jasper

in class 2 - Daniel



WONDERFUL WORK

Class 1 - this week Class 1 have been poetic with their English and lighting fires in forest schools. The added snow has brought real excitement with lots of curiosity about ice and how it forms. Reviewing lines of symmetry through snowflakes and snow angels made for great hands on maths too!

Class 2 - this week in Class 2 we have thoroughly enjoyed getting started with forest schools. We learnt how to start a fire safely and have looked at different birds we might see around school. We have been given bird spotting books and we can't wait to start making a log of all the different birds we see!

NEWSLETTER

19.01.24

THE WEEK AHEAD: 2024

Monday 22nd January

PE for both classes

Tuesday 23rd January

Wednesday 24th January

Forest School session for both classes

Thursday 25th January

PE for both classes

Eskdale Festival lunch club

SATs club

Friday 26th January

Dance for both classes

Updating the School Environment

We have been working hard over the past few weeks on updating our school environment to make sure it offers our children the best opportunities possible. This has included creating our wonderful library space, the sensory pod, adding lots more display boards and revamping reading areas. Our next stage will include updating the early years and Key Stage 1 classrooms and adding various areas of play to the playground for all children to enjoy. I have shared lists of items that would help us on facebook. We are also seeking unwanted photo frames, mirrors, gravel and an unwanted electric fire (that has a fire effect light).

SATs

A weekly after school SATs club will begin for year 6 pupils on Thursday and will run until 4pm. This will be an opportunity for year 6 pupils to access some extra learning time in a more relaxed way. We want our year 6s to feel super confident and prepared when it comes to SATS time.

Please contact the office to arrange a SATs meeting if you would like to discuss the SATs process, ask questions or find out what your child will be tested on.

Support Staff Interviews

You may have noticed our recent adverts for new staff. Next week we will be interviewing and I will hopefully be able to update you regarding new appointments in next week's newsletter.

Eskdale Festival

Mrs Coates has kindly volunteered to prepare a group of volunteers to participate in The Eskdale Festival again this year. Lots of children have volunteered to take part already and this will initially run as a lunch club every Thursday.

Notices

- **Wraparound Care and Bus Run 1** - unfortunately due to staffing we will not be able to offer Bus Run 1 for the month of January, Bus 1 will return in February. Bus Run 2 and 3 as normal. Please book wrap around care (Breakfast and After School Club) by contacting the school office by 3pm on a Thursday to book places for the following week.
- **After School Sports Club** - this will continue on Mondays from 3.15 - 4 p.m. with Mr Mitchell, NPCAT Sports. Please consent via the arbor app if you wish your child to attend.
- **Children collected from School/Bus** - we understand from time to time your child/children may be collected by another family member/friend etc - please make sure these contacts are updated as authorised to collect on Arbor.



| JOLLY JANUARY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1st January	2nd January	3rd January	4th January	5th January
Squats Bronze: 10 times Silver: 20 times Gold: 30+ times	Star Jumps Bronze: 30 seconds Silver: 60 seconds Gold: 90+ seconds	Shuttle Runs Bronze: 10 times Silver: 20 times Gold: 30+ times	Jogging on the Spot Bronze: 30 seconds Silver: 60 seconds Gold: 90+ seconds	Burpees Bronze: 10 times Silver: 20 times Gold: 30+ times
8th January	9th January	10th January	11th January	12th January
Frog Jumps Bronze: 10 jumps Silver: 20 jumps Gold: 30+ jumps	Spotty Dogs Bronze: 30 seconds Silver: 60 seconds Gold: 90+ seconds	Side Lunges Bronze: 10 lunges Silver: 20 lunges Gold: 30+ lunges	Skipping Bronze: 30 seconds Silver: 60 seconds Gold: 90+ seconds	Sit Ups Bronze: 10 sit ups Silver: 20 sit ups Gold: 30+ sit ups
15th January	16th January	17th January	18th January	19th January
Stand Up/Sit Down Bronze: 10 times Silver: 15 times Gold: 30+ times	High Knees Bronze: 30 seconds Silver: 60 seconds Gold: 90+ seconds	Squat Jumps Bronze: 10 times Silver: 15 times Gold: 20+ times	Plank Bronze: 30 seconds Silver: 60 seconds Gold: 90+ seconds	Crunches Bronze: 10 times Silver: 20 times Gold: 30+ times
22nd January	23rd January	24th January	25th January	26th January
Tuck Jumps Bronze: 10 jumps Silver: 20 jumps Gold: 30+ jumps	Knee Raises Bronze: 30 seconds Silver: 60 seconds Gold: 90+ seconds	Forward Lunges Bronze: 10 lunges Silver: 15 lunges Gold: 20+ lunges	Wall Sit Bronze: 30 seconds Silver: 60 seconds Gold: 90+ seconds	Push Ups Bronze: 10 push ups Silver: 20 push ups Gold: 30+ push ups
29th January	30th January	31st January	<p>EXERCISE → ENDORPHINS → HAPPINESS</p>	
Mountain Climbers Bronze: 10 times Silver: 20 times Gold: 30+ times	Leg Raises Bronze: 30 seconds Silver: 60 seconds Gold: 90+ seconds	High Knees Bronze: 10 times Silver: 15 times Gold: 20+ times		

SPRING TERM DATES

JANUARY 2024

Mon 8th Children return to School
 Fri 19th p.m. Class 1 Gymnastics, CCW
 Fri 26th Dance with Fiona Alderson, Eskdale School

FEBRUARY 2024

Mon 5th Children's Mental Health Week
 Tues 6th Safer Internet Day
 Fri 9th PD Day - School Closed
 Mon 12th - Fri 16th Half Term Holiday
 Fri 23rd Class 2 Basketball, Eston

MARCH 2024

Fri 1st p.m. Class 2 Cross Country, WSF
 Mon 4th Parents/Carers Evening
 Tues 5th/Wed 6th Eskdale Festival - Speech and Drama
 Thur 7th World Book Day
 Fri 15th LGB Meeting
 Fri 22nd Class 2 Dance/Gym/Cheer Showcase
 Fri 22nd Break up for Easter Holidays