



Physical Education Curriculum 2021/22

PE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS						
Nursery	Locomotion 1	Stability 1	Gymnastics - Parts high & parts low	Fine Motor Skills	Dance – Nursery Rhymes Target games 1	Dance – Seasons Gymnastics – Travelling, stopping, making shapes
Reception	Dance - Jungle	Invasion Games 1 Target Games 1	Fine Motor Skills Gymnastics – Flight-bouncing, jumping & landing	Locomotion 2 Stability 2	Object manipulation 1 Fundamental Movement skills 1	Athletics 1 Dance – circus
KS1						
Year 1	Dance – Animals Fundamental movement skills 1	Invasion Games 2 Target games 2	Fundamental Movement skills 2 Gymnastics – wide, narrow & curled rolling and balancing	Net & Wall skills 1 Yoga	Object Manipulation 2 Striking and Fielding Game skills 1	Tri Golf Athletics 2

Year 2	Dance – Animals Fundamental movement skills 2	Invasion Games 3 Target games 3	Fundamental Movement skills 3 Gymnastics – Spinning, turning & Twisting	Net & Wall skills 2 Yoga	Dance – Mini Beasts Striking and Fielding Game skills 1	Tri Golf Athletics 2
KS2						
Year 3/4	Dance – Dance around the world Tag Rugby	Basketball Football	Gymnastics – Partner work Netball	Hockey OAA	Tennis Cricket	Tri Golf Athletics
Year 5	Dance – Dance through the ages Tag Rugby	Basketball Football	Gymnastics – matching, mirroring and contrast Netball	Hockey Team Building and Problem solving	Tennis Cricket	Rounders Athletics
Year 6	Dance – The Haka Tag Rugby	Basketball Football	Gymnastics – counter balance & counter tension Netball	Hockey Leadership	Tennis Cricket	Rounders Athletics