

Keep Others Safe

Equipment: Tissues/toilet roll, pens

Set Up: You could do this activity at a table, maybe with your family. Or in your bedroom.

Suggested Instructions:

Tissues are fragile. They tear easily.

Think about someone you know, or groups of people (e.g. those who are elderly or homeless) who may feel 'fragile' or vulnerable.

If you want to, you can write or draw a hope or a prayer for them onto one of the tissues.

Keep the tissue in your pocket or put it beside your bed to remind you to keep these people in your thoughts and prayers.

