




Long Term Planning Document  
For  
PSHE





Jigsaw is our Primary PSHE Programme. We give the children at St Clare's relevant learning experiences to help them navigate their world and to develop positive relationships with themselves and others.

With strong emphasis on emotional literacy, building resilience and nurturing mental and physical health, Jigsaw 3-11 properly equips St Clare's staff to deliver engaging and relevant PSHE within a whole-school approach. Jigsaw lessons also include mindfulness allowing children to advance their emotional awareness, concentration and focus.

Age Group	Being Me In My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
<b>Ages 3-5 (F1-F2)</b>	Self-identity Understanding feelings Being in a classroom Being gentle Rights and responsibilities	Identifying talents Being special Families Where we live Making friends Standing up for yourself	Challenges Perseverance Goal-setting Overcoming obstacles Seeking help Jobs Achieving goals	Exercising bodies Physical activity Healthy food Sleep Keeping clean Safety	Family life Friendships Breaking friendships Falling out Dealing with bullying Being a good friend	Bodies Respecting my body Growing up Growth and change Fun and fears Celebrations
<b>Ages 5-6</b>	Feeling special and safe Being part of a class Rights and responsibilities Rewards and feeling proud Consequences Owning the Learning Charter	Similarities and differences Understanding bullying and knowing how to deal with it Making new friends Celebrating the differences in everyone	Setting goals Identifying successes and achievements Learning styles Working well and celebrating achievement with a partner Tackling new challenges Identifying and overcoming obstacles Feelings of success	Keeping myself healthy Healthier lifestyle choices Keeping clean Being safe Medicine safety/safety with household items Road safety Linking health and happiness	Belonging to a family Making friends/being a good friend Physical contact preferences People who help us Qualities as a friend and person Self-acknowledgement Being a good friend to myself Celebrating special relationships	Life cycles – animal and human Changes in me Changes since being a baby Differences between female and male bodies (correct terminology) Linking growing and learning Coping with change Transition
<b>Ages 6-7</b>	Hopes and fears for the year Rights and responsibilities Rewards and consequences Safe and fair learning environment Valuing contributions Choices Recognising feelings	Assumptions and stereotypes about gender Understanding bullying Standing up for self and others Making new friends Gender diversity Celebrating difference and remaining friends	Achieving realistic goals Perseverance Learning strengths Learning with others Group co-operation Contributing to and sharing success	Motivation Healthier choices Relaxation Healthy eating and nutrition Healthier snacks and sharing food	Different types of family Physical contact boundaries Friendship and conflict Secrets Trust and appreciation Expressing appreciation for special relationships	Life cycles in nature Growing from young to old Increasing independence Differences in female and male bodies (correct terminology) Assertiveness Preparing for transition
<b>Ages 7-8</b>	Setting personal goals Self-identity and worth Positivity in challenges Rules, rights and responsibilities Rewards and consequences Responsible choices Seeing things from others' perspectives	Families and their differences Family conflict and how to manage it (child-centred) Witnessing bullying and how to solve it Recognising how words can be hurtful Giving and receiving compliments	Difficult challenges and achieving success Dreams and ambitions New challenges Motivation and enthusiasm Recognising and trying to overcome obstacles Evaluating learning processes Managing feelings Simple budgeting	Exercise Fitness challenges Food labelling and healthy swaps Attitudes towards drugs Keeping safe and why it's important online and off line scenarios Respect for myself and others Healthy and safe choices	Family roles and responsibilities Friendship and negotiation Keeping safe online and who to go to for help Being a global citizen Being aware of how my choices affect others Awareness of how other children have different lives Expressing appreciation for family and friends	How babies grow Understanding a baby's needs Outside body changes Inside body changes Family stereotypes Challenging my ideas Preparing for transition

Age Group	Being Me In My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
<b>Ages 8-9</b>	<ul style="list-style-type: none"> <li>Being part of a class team</li> <li>Being a school citizen</li> <li>Rights, responsibilities and democracy (school council)</li> <li>Rewards and consequences</li> <li>Group decision-making</li> <li>Having a voice</li> <li>What motivates behaviour</li> </ul>	<ul style="list-style-type: none"> <li>Challenging assumptions</li> <li>Judging by appearance</li> <li>Accepting self and others</li> <li>Understanding influences</li> <li>Understanding bullying</li> <li>Problem-solving</li> <li>Identifying how special and unique everyone is</li> <li>First impressions</li> </ul>	<ul style="list-style-type: none"> <li>Hopes and dreams</li> <li>Overcoming disappointment</li> <li>Creating new, realistic dreams</li> <li>Achieving goals</li> <li>Working in a group</li> <li>Celebrating contributions</li> <li>Resilience</li> <li>Positive attitudes</li> </ul>	<ul style="list-style-type: none"> <li>Healthier friendships</li> <li>Group dynamics</li> <li>Smoking</li> <li>Alcohol</li> <li>Assertiveness</li> <li>Peer pressure</li> <li>Celebrating inner strength</li> </ul>	<ul style="list-style-type: none"> <li>Jealousy</li> <li>Love and loss</li> <li>Memories of loved ones</li> <li>Getting on and Falling Out</li> <li>Girlfriends and boyfriends</li> <li>Showing appreciation to people and animals</li> </ul>	<ul style="list-style-type: none"> <li>Being unique</li> <li>Having a baby</li> <li>Girls and puberty</li> <li>Confidence in change</li> <li>Accepting change</li> <li>Preparing for transition</li> <li>Environmental change</li> </ul>
<b>Ages 9-10</b>	<ul style="list-style-type: none"> <li>Planning the forthcoming year</li> <li>Being a citizen</li> <li>Rights and responsibilities</li> <li>Rewards and consequences</li> <li>How behaviour affects groups</li> <li>Democracy, having a voice, participating</li> </ul>	<ul style="list-style-type: none"> <li>Cultural differences and how they can cause conflict</li> <li>Racism</li> <li>Rumours and name-calling</li> <li>Types of bullying</li> <li>Material wealth and happiness</li> <li>Enjoying and respecting other cultures</li> </ul>	<ul style="list-style-type: none"> <li>Future dreams</li> <li>The importance of money</li> <li>Jobs and careers</li> <li>Dream job and how to get there</li> <li>Goals in different cultures</li> <li>Supporting others (charity)</li> <li>Motivation</li> </ul>	<ul style="list-style-type: none"> <li>Smoking, including vaping</li> <li>Alcohol</li> <li>Alcohol and anti-social behaviour</li> <li>Emergency aid</li> <li>Body image</li> <li>Relationships with food</li> <li>Healthy choices</li> <li>Motivation and behaviour</li> </ul>	<ul style="list-style-type: none"> <li>Self-recognition and self-worth</li> <li>Building self-esteem</li> <li>Safer online communities</li> <li>Rights and responsibilities online</li> <li>Online gaming and gambling</li> <li>Reducing screen time</li> <li>Dangers of online grooming</li> <li>SMARRT internet safety rules</li> </ul>	<ul style="list-style-type: none"> <li>Self- and body image</li> <li>Influence of online and media on body image</li> <li>Puberty for girls</li> <li>Puberty for boys</li> <li>Conception (including IVF)</li> <li>Growing responsibility</li> <li>Coping with change</li> <li>Preparing for transition</li> </ul>
<b>Ages 10-11</b>	<ul style="list-style-type: none"> <li>Identifying goals for the year</li> <li>Global citizenship</li> <li>Children's universal rights</li> <li>Feeling welcome and valued</li> <li>Choices, consequences and rewards</li> <li>Group dynamics</li> <li>Democracy, having a voice</li> <li>Anti-social behaviour</li> <li>Role-modelling</li> </ul>	<ul style="list-style-type: none"> <li>Perceptions of normality</li> <li>Understanding disability</li> <li>Power struggles</li> <li>Understanding bullying</li> <li>Inclusion/exclusion</li> <li>Differences as conflict, difference as celebration</li> <li>Empathy</li> </ul>	<ul style="list-style-type: none"> <li>Personal learning goals, in and out of school</li> <li>Success criteria</li> <li>Emotions in success</li> <li>Making a difference in the world</li> <li>Motivation</li> <li>Recognising achievements</li> <li>Compliments</li> </ul>	<ul style="list-style-type: none"> <li>Taking personal responsibility</li> <li>How substances affect the body</li> <li>Exploitation, including 'county lines' and gang culture</li> <li>Emotional and mental health</li> <li>Managing stress</li> </ul>	<ul style="list-style-type: none"> <li>Mental health</li> <li>Identifying mental health worries and sources of support</li> <li>Love and loss</li> <li>Managing feelings</li> <li>Power and control</li> <li>Assertiveness</li> <li>Technology safety</li> <li>Take responsibility with technology use</li> </ul>	<ul style="list-style-type: none"> <li>Self-image</li> <li>Body image</li> <li>Puberty and feelings</li> <li>Conception to birth</li> <li>Reflections about change</li> <li>Physical attraction</li> <li>Respect and consent</li> <li>Boyfriends/girlfriends</li> <li>Sexting</li> <li>Transition</li> </ul>



## Being Me in My World

### Puzzle Map - F1 (Nursery/Pre-school) - Ages 3-4

#### Puzzle Outcome

Help me fit together the six pieces of learning about Being Me in My World to create the Learning Charter (see Piece 6)

Weekly Celebration	Pieces	Learning Intentions	Resources
Help other to feel welcome	1. Who... Me?!	I understand how it feels to belong and that we are similar and different	Jigsaw Song sheet: 'Together As One' Decorated box and an assortment of toys (from inside and outside learning environments) Jigsaw Jenie Jigsaw Jerrrie Cat Jigsaw Chime
Try to make our Nursery/Pre-school community a better place	2. How am I feeling today?	I understand how feeling happy and sad can be expressed	Jigsaw Song sheet: 'Together As One' Mirrors Emotion cards Emotion photos Hoops Jigsaw Jenie Jigsaw Jerrrie Cat Jigsaw Chime
Think about everyone's right to learn	3. Being at Nursery/Pre-school	I can work together and consider other people's feelings	Assortment of toys Paper General mess Aprons Clipboards Timers Bell Police hats Jigsaw Jenie Jigsaw Jerrrie Cat Jigsaw Chime
Care about other people's feelings	4. Gentle hands	I can use gentle hands and understand that it is good to be kind to people	Book: 'Hands are not for hitting', by Martine Agassi, or similar themed book Jigsaw Jenie Jigsaw Song sheet: 'Choices' Jigsaw Jerrrie Cat Jigsaw Chime
Work well with others	5. Our Rights (Nursery/Pre-school Charter)	I am starting to understand children's rights and this means we should all be allowed to learn and play	Rights picture pack Jigsaw Jenie Jigsaw Jerrrie Cat Jigsaw Chime
Choose to follow the Learning Charter	6. Our responsibilities	I am learning what being responsible means	Rights picture pack Teddy bears Book: 'Dogger', by Shirley Hughes Cubes Jigsaw Jenie Jigsaw Jerrrie Cat Jigsaw Chime



## Celebrating Difference Puzzle Map - F1 (Nursery/Pre-school) - Ages 3-4

### Puzzle Outcome

Help me fit together the six pieces of learning about Celebrating Difference to create the Learning Charter (see Piece 6)

Weekly Celebration	Pieces	Learning Intentions	Resources
Accept that everyone is different	1. What am I good at?	I know how it feels to be proud of something I am good at.	Jigsaw Song sheet: 'There's a Place' Jigsaw Jenie Everyday equipment available for selection
Include others when working and playing	2. I'm Special, I'm Me!	I can tell you one way I am special and unique.	Book: 'Naked Trevor' by Rebecca Elliot (being comfortable with who you are) Book: 'Barry the Fish with Fingers' by Sue Henra (being different is a good thing) Book: 'It's OK To Be Different', by Todd Parr Jigsaw Jenie Large selection of catalogues, magazines, leaflets for cutting up Plain paper Scissors Glue Pencils Jigsaw Jenie
Know how to help if someone is being bullied	3. Families	I know that all families are different.	Jigsaw Song sheet: 'There's a Place' Large selection of pictures ranging from adults, children, families from around the world (Teachers to find more) Book: 'It's OK to be different', by Todd Parr (looking at how we are different) Book: 'The family book', by Todd Parr (looking at different sorts of families) Jigsaw Jenie
Try to solve problems	4. Houses and Homes	I know there are lots of different houses and homes.	Teddies Construction materials - wooden bricks, Lego, etc. Photos of different houses from around the world (Teachers to find more) Jigsaw Jenie
Try to use kind words	5. Making Friends	I can tell you how I could make new friends.	Jigsaw Song sheet: 'There's a Place' Book: 'Forget Me Not, Beautiful Buttercup', by Michael Broad (making your own friends) Book: 'The Dog and the Dolphin', by James Dworkin Jigsaw Jenie
Know how to give and receive compliments	6. Standing Up for Yourself	I can use my words to stand up for myself.	Puppets or teddies Jigsaw Jenie



## Dreams and Goals

### Puzzle Map - F1 (Nursery/Pre-school) - Ages 3-4

#### Puzzle Outcome

Help me fit together the six pieces of learning about Dreams and Goals to create the Garden of Dreams and Goals (see Piece 6)

Weekly Celebration	Pieces	Learning Intentions	Resources
Stay motivated when doing something challenging	1. Challenge	I understand what a challenge means	Jigsaw Song sheet: 'For Me' Resources for challenge in 'Interest Me' Book: 'Love Monster' by Rachel Bright Book: 'Don't worry, Hugless Douglas' by David Melling Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
Keep trying even when it is difficult	2. Never Giving Up	I can keep trying until I can do something	Jigsaw Song sheet: 'For Me' Book: 'The Hare and The Tortoise', Aesop's Fables (available on-line) Book: 'The Jungle Run' by Tony Mitton Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
Work well with a partner or in a group	3. Setting a goal	I can set a goal and work towards it	Jigsaw Song sheet: 'For Me' Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime Wooden bricks
Have a positive attitude	4. Obstacles and Support	I know some kind words to encourage people with	2 teddies/puppets Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
Help others to achieve their goals	5. Flight to the Future	I can start to think about the jobs I might like to do when I'm older	Large variety of picture and word cards of different jobs done by adults [Teachers to make] Box or bag to hold picture cards Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
Are working hard to achieve their own dreams and goals	6. Footprint Awards	I can feel proud when I achieve a goal	Well done certificate A special box/bag Children's goals from Piece 3 Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime





Hello  
I'm Jigsaw Jenie



## Healthy Me Puzzle Map - F1 (Nursery/Pre-school) - Ages 3-4

### Puzzle Outcome

Help me fit together the six pieces of learning about Healthy Me to create the Bedtime section of the Healthy Me Recipe Book (see Piece 4)

Weekly Celebration	Pieces	Learning Intentions	Resources
<b>Have made a healthy choice</b>	1. Everybody's Body	I know the names for some parts of my body and am starting to understand that I need to be active to be healthy	Music Assortment of pictures of active play/sports (Teachers to find more) Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Have eaten a healthy, balanced diet</b>	2. We like to move it, move it!	I can tell you some of the things I need to do to be healthy	Superman song/'I am the music man' or 'I like to move it' (from the film 'Madagascar') Small apparatus e.g. balls, ropes, beanbags, cones, timers Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Have been physically active</b>	3. Food Glorious Food	I know what the word 'healthy' means and that some foods are healthier than others	Jigsaw Song sheet: 'Make a Good Decision' An assortment of healthy food and not so healthy food (preferably real) to make a sandwich 2 lunchboxes Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Have tried to keep themselves and others safe</b>	4. Sweet Dreams	I know how to help myself go to sleep and that sleep is good for me	In The Night Garden clip (can be found online) Pyjamas Lullaby CD Teddy bear Hot water bottle Dressing gown Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Know how to be a good friend and enjoy healthy friendships</b>	5. Keeping Clean	I can wash my hands and know it is important to do this before I eat and after I go to the toilet	Cleaning equipment: jug of water, bowl, soap, flannel, towel Fruit/vegetables Dirt Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Know how to keep calm and deal with difficult situations</b>	6. Stranger Danger	I know what to do if I get lost and how to say NO to strangers	CBeebies: Red Riding Hood clip Book: 'Never Talk to Strangers' by Irma Joyce or similar If possible, ask your local PCSO to come by and chat to the children about Stranger Danger Book: 'Not Everyone is Nice', by Anne Tedesco Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime



## Being Me in My World Puzzle Map - F2 (Reception) - Ages 4-5

### Puzzle Outcome

Help me fit together the six pieces of learning about Being Me in My World to create the Learning Charter (see Piece 6)

Weekly Celebration	Pieces	Learning Intentions	Resources
<b>Help other to feel welcome</b>	1. Who... Me?!	I understand how it feels to belong and that we are similar and different	Jigsaw Song sheet: 'Together As One' Decorated box and an assortment of toys (from inside and outside learning environments) Jigsaw Jenie Jigsaw Jerrie Cat
<b>Try to make our Nursery/Pre-school community a better place</b>	2. How am I feeling today?	I can start to recognise and manage my feelings	Jigsaw Song sheet: 'Together As One' Jigsaw Jenie 4 hoops Emotion photos Jigsaw Jerrie Cat
<b>Think about everyone's right to learn</b>	3. Being at School	I enjoy working with others to make school a good place to be	Assortment of toys Paper General mess Clipboards Timers Bell Police hats Jigsaw Jenie Jigsaw Jerrie Cat
<b>Care about other people's feelings</b>	4. Gentle hands	I understand why it is good to be kind and use gentle hands	Jigsaw Song sheet: 'Together As One' Book: 'Hands are not for hitting', by Martine Agassi, or similar themed book e.g. 'No Hitting, Henry' by Lisa Regan Jigsaw Jenie Jigsaw Jerrie Cat
<b>Work well with others</b>	5. Our Rights	I am starting to understand children's rights and this means we should all be allowed to learn and play	Blindfold Keys Jigsaw Jenie Jigsaw Jerrie Cat
<b>Choose to follow the Learning Charter</b>	6. Our Responsibilities	I am learning what being responsible means	Book: 'Dogger' by Shirley Hughes Cubes Jigsaw Jenie Jigsaw Jerrie Cat



## Celebrating Difference Puzzle Map - F2 (Reception) Ages 4-5

### Puzzle Outcome

Help me fit together the six pieces of learning about Celebrating Difference to create the Hall of Fame [see Piece 2]

Weekly Celebration	Pieces	Learning Intentions	Resources
<b>Accept that everyone is different</b>	1. What I am good at?	I can identify something I am good at and understand everyone is good at different things	Jigsaw Song sheet: 'There's a Place' Large box/bag Selection of objects that demonstrate things that the grown-up is good at/likes Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Include others when working and playing</b>	2. I'm Special, I'm Me!	I understand that being different makes us all special	Book: 'Naked Trevor' by Rebecca Elliot (being comfortable with who you are) Book: 'Barry the Fish with Fingers' by Sue Henra (being different is a good thing) Book: 'It's OK to Be Different' by Todd Parr Jigsaw Jenie Large selection of catalogues, magazines, leaflets for cutting up Plain paper Scissors Glue Pencils Jigsaw Jerrie Cat Jigsaw Chime
<b>Know how to help if someone is being bullied</b>	3. Families	I know we are all different but the same in some ways	Jigsaw Song sheet: 'There's a Place' Large selection of pictures ranging from adults, children, families from around the world (Teachers to find more) Book: 'The Family Book' by Todd Parr Book: 'The Hueys in the New Jumper', by Oliver Jeffers: (similarities and differences amongst people) Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Try to solve problems</b>	4. Houses and Homes	I can tell you why I think my home is special to me	Teddies Construction materials Photos of different houses from around the world (Teachers to find more) Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Try to use kind words</b>	5. Making Friends	I can tell you how to be a kind friend	Jigsaw Song sheet: 'There's a Place' Book: 'The Dog and the Dolphin', by James Dworkin Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Know how to give and receive compliments</b>	6. Standing Up for Yourself	I know which words to use to stand up for myself when someone says or does something unkind	Puppets or teddies Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime



## Dreams and Goals Puzzle Map - F2 (Reception) - Ages 4-5

### Puzzle Outcome

Help me fit together the six pieces of learning about Dreams and Goals to create the Garden of Dreams and Goals (see Piece 6)

Weekly Celebration	Pieces	Learning Intentions	Resources
Stay motivated when doing something challenging	1. Challenge	I understand that if I persevere I can tackle challenges	Jigsaw Song sheet: 'For Me' Resources for challenge in 'Interest Me' Book: 'Love Monster' by Rachel Bright Book: 'Don't worry, Hugless Douglas' by David Melling Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
Keep trying even when it is difficult	2. Never Giving Up	I can tell you about a time I didn't give up until I achieved my goal	Jigsaw Song sheet: 'For Me' Book: 'The Hare and The Tortoise', Aesop's Fables (available on-line) Book: 'The Jungle Run' by Tony Mitton Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
Work well with a partner or in a group	3. Setting a goal	I can set a goal and work towards it	Jigsaw Song sheet: 'For Me' Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime Wooden bricks Paper Pencils
Have a positive attitude	4. Obstacles and Support	I can use kind words to encourage people	2 teddies/puppets Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
Help others to achieve their goals	5. Flight to the Future	I understand the link between what I learn now and the job I might like to do when I'm older	Large variety of picture and word cards of different jobs done by adults (Teachers to find more) Box or bag to hold picture cards Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
Are working hard to achieve their own dreams and goals	6. Footprint Awards	I can say how I feel when I achieve a goal and know what it means to feel proud	'Well done certificate' A special box/bag Children's goals from Piece 3 Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime



## Healthy Me

### Puzzle Map - F2 (Reception) - Ages 4-5

#### Puzzle Outcome

Help me fit together the six pieces of learning about Healthy Me to create the Bedtime section of the Healthy Me Recipe Book [see Piece 4]

Weekly Celebration	Pieces	Learning Intentions	Resources
<b>Have made a healthy choice</b>	1. Everybody's Body	I understand that I need to exercise to keep my body healthy	Jigsaw Song sheet: 'Make a Good Decision' Jigsaw Jenie Colouring pictures Assortment of pictures of active plays/sports (Teachers to find more) Jigsaw Jerrie Cat Jigsaw Chime
<b>Have eaten a healthy, balanced diet</b>	2. We like to move it, move it!	I understand how moving and resting are good for my body	Large space needed Calm music to assist with the cool down Small apparatus Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Have been physically active</b>	3. Food, Glorious Food	I know which foods are healthy and not so healthy and can make healthy eating choices	An assortment of healthy food and not so healthy food (preferably real) to make a sandwich Fruit for directed activity Shopping bags/basket Food, Glorious Food song Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Have tried to keep themselves and others safe</b>	4. Sweet Dreams	I know how to help myself go to sleep and understand why sleep is good for me	Bedtime equipment: Pyjamas, Teddy, Hot water bottle, Dressing gown, Glass of milk, Night light, Story book Chitty Chitty Bang Bang DVD (or similar example) Jigsaw Jenie Lullaby CD Large clock Jigsaw Jerrie Cat Jigsaw Chime
<b>Know how to be a good friend and enjoy healthy friendships</b>	5. Keeping Clean	I can wash my hands thoroughly and understand why this is important especially before I eat and after I go to the toilet	Cleaning equipment: jug of water, bowl, soap, flannel, towel Fruit/vegetables Dirt Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime
<b>Know how to keep calm and deal with difficult situations</b>	6. Stranger Danger	I know what a stranger is and how to stay safe if a stranger approaches me	Book: 'Not Everyone is Nice' (Let's Talk Book) by Ann Tedesco, or similar Book: 'Never Talk to Strangers', by Irma Joyce If possible, ask your local PCSO to come by and chat to the children about Stranger Danger. Jigsaw Jenie Jigsaw Jerrie Cat Jigsaw Chime

## Being Me in My World

### Puzzle Map - Ages 5-6



#### Puzzle Outcome

The whole-school Learning Charter is the Puzzle Outcome for this Puzzle.

Weekly Celebration	Piece	PSHE learning intention	Social and emotional development learning intention	Resources
Help others to feel welcome	1. Special and Safe	I know how to use my Jigsaw Journal	I feel special and safe in my class	Jigsaw Charter, Jigsaw Chime, 'Calm' pictures, 'Calm Me' script, Jigsaw Jack, Jigsaw Jack's letter, 'Safe' pictures, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat.
Try to make our school community a better place	2. My Class	I understand the rights and responsibilities as a member of my class	I know that I belong to my class	Jigsaw Charter, Jigsaw Chime, 'Calm' pictures, 'Calm Me' script, Jigsaw Jack, 'I am special' song sheet, picture of a class learning well, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat.
Think about everyone's right to learn	3. Rights and Responsibilities	I understand the rights and responsibilities for being a member of my class	I know how to make my class a safe place for everybody to learn	Jigsaw Charter, Jigsaw Chime, 'Calm' pictures, 'Calm Me' script, Jigsaw Jack, rights/responsibility pictures, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat.
Care about other people's feelings	4. Rewards and Feeling Proud	I know my views are valued and can contribute to the Learning Charter	I recognise how it feels to be proud of an achievement	Jigsaw Charter, Jigsaw Chime, 'Calm' pictures, 'Calm Me' script, colour cards, treasure chest, proud face pictures, I feel proud of you ticket, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat.
Work well with others	5. Consequences	I can recognise the choices I make and understand the consequences	I recognise the range of feelings when I face certain consequences	Jigsaw Charter, Jigsaw Chime, 'Calm Me' script, Jigsaw Jack, scenario picture PowerPoint, flipchart with rights/responsibility pictures from Piece 3, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat.
Choose to follow the Learning Charter ★	6. Owning our Learning Charter	I understand my rights and responsibilities within our Learning Charter	I understand my choices in following the Learning Charter	Jigsaw Charter, Jigsaw Chime, 'Calm' pictures, 'Calm Me' script, Jigsaw Jack, postcards made into puzzles, Jigsaw Journals, certificates, My Jigsaw Learning, flip chart for Piece 3, Jigsaw Jerrie Cat.

## Celebrating Difference

### Puzzle Map - Ages 5-6



#### Puzzle Outcome

Help me fit together the six pieces of learning about Celebrating Difference to create the Hall of Fame display  
(Puzzle Outcome: Gingerbread People from Pieces 1-6)

Weekly Celebration	Pieces	PSHE learning intention	Social and emotional development learning intention	Resources
Accept that everyone is different	1. The same as...	I can identify similarities between people in my class	I can tell you some ways in which I am the same as my friends	Jigsaw Chime, 'Calm Me' script, Jigsaw Jack, Spot the similarities pictures, Set of picture cards e.g. Snap, Happy Families, Cardboard cut-out gingerbread person, T-shirt templates for gingerbread person, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat.
Include others when working and playing	2. Different from...	I can identify differences between people in my class	I can tell you some ways I am different from my friends	Jigsaw Chime, 'Calm Me' script, Jigsaw Jack, Yes and no labels, Spot the difference pictures, Set of pair cards, Shorts templates for gingerbread people (could be trouser templates as an alternative), Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat.
Know how to help if someone is being bullied	3. What is 'bullying'?	I can tell you what bullying is	I understand how being bullied might feel	Jigsaw Chime, 'Calm Me' script, Jigsaw Jack, Bully pictures, Bullying pictures, Hat templates, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat.
Try to solve problems	4. What do I do about bullying?	I know some people who I could talk to if I was feeling unhappy or being bullied	I can be kind to children who are bullied	Jigsaw Chime, 'Calm Me' script, Puzzle Song sheet: 'Playground Blues', Jigsaw Jack, Shoes template, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat.
Use kind words	5. Making new friends	I know how to make new friends	I know how it feels to make a new friend	Jigsaw Chime, 'Calm Me' script, Soft/sponge football, Jigsaw song: 'There's a Place', Jigsaw story, Friendship tokens, Friendship token template, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat.
Know how to give and receive compliments	6. Celebrating difference; celebrating me <b>Assessment Opportunity</b> ★	I can tell you some ways I am different from my friends	I understand these differences make us all special and unique	Jigsaw Chime, 'Calm Me' script, Jigsaw song: 'There's a Place', Jigsaw Jack, Celebrating Me label template (one per child), Gingerbread people, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat.

## Dreams & Goals Puzzle Map - Ages 5-6



### Puzzle Outcome

Help me fit together the six pieces of learning about my dreams and goals to create Our Garden of Dreams and Goals (Stretchy flowers and dream wellies from Pieces 3 and 4)

Weekly Celebration	Pieces	PSHE learning intention	Social and emotional development learning intention	Resources
Stay motivated when doing something challenging	1. My Treasure Chest of Success	I can set simple goals	I can tell you about a thing I do well	Jigsaw Jack, Treasure chest filled with marbles, beads, coins, coloured stones, Jigsaw Chime, 'Calm Me' script, Success pictures, Success coin templates, Treasure chest boxes/simple boxes, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat.
Keep trying even when it is difficult	2. Steps to Goals	I can set a goal and work out how to achieve it	I can tell you how I learn best	Jigsaw Song: 'For Me', Jigsaw Chime, 'Calm Me' script, Jam sandwich ingredients: jam, bread, butter, Jigsaw Jack, My Jigsaw Learning, Jigsaw Jerrie Cat.
Work well with a partner or in a group	3. Achieving Together Puzzle outcome: Dream wellies	I understand how to work well with a partner	I can celebrate achievement with my partner	Jigsaw Chime, 'Calm Me' script, Jigsaw Jack, Welly template, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat.
Have a positive attitude	4. Stretchy Learning Puzzle outcome: Stretchy flowers	I can tackle a new challenge and understand this might stretch my learning	I can identify how I feel when I am faced with a new challenge	Jigsaw Chime, 'Calm Me' script, Pipe cleaners, garden sticks, paper, paint, Jigsaw Jack, My Jigsaw Learning, Jigsaw Jerrie Cat.
Help others to achieve their goals	5. Overcoming Obstacles	I can identify obstacles which make it more difficult to achieve my new challenge and can work out how to overcome them	I know how I feel when I see obstacles and how I feel when I overcome them	Jigsaw Chime, 'Calm Me' script, Jigsaw Song: 'For Me', Jigsaw story: Pauli's Journey, PowerPoint slidesP Paulies Journey, Pieces of paper for stepping stones, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat.
Are working hard to achieve their own dreams and goals	6. Celebrating My Success Assessment Opportunity ★	I can tell you how I felt when I succeeded in a new challenge and how I celebrated it	I know how to store the feelings of success in my internal treasure chest	Jigsaw Song: 'For Me', Jigsaw Chime, 'Calm Me' script, Jigsaw Jack's treasure chest, Success pictures - from Piece 1, Treasure chest template, Jigsaw Jack, Jigsaw Journals, My Jigsaw Learning, Certificates, Jigsaw Jerrie Cat.



## Healthy Me Puzzle Map - Ages 5-6



### Puzzle Outcome

Help me fit together the six pieces of learning about Healthy Me to create 'The Happy, Healthy Me Recipe Book'  
Piece 6: Keeping clean and healthy

Weekly Celebration	Pieces	PSHE learning intention	Social and emotional development learning intention	Resources
Have made a healthy choice	1. Being Healthy	I understand the difference between being healthy and unhealthy, and know some ways to keep myself healthy	I feel good about myself when I make healthy choices	Jigsaw Chime, 'Calm Me' script, PowerPoint slides, Healthy Balance Sum sheet, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat.
Have eaten a healthy, balanced diet	2. Healthy Choices	I know how to make healthy lifestyle choices	I feel good about myself when I make healthy choices	Jigsaw Chime, 'Calm Me' script, Jigsaw Jack, Jigsaw Son: 'Make a Good Decision', PowerPoint slides, Child picture template, Healthy Balance Sum sheet, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat.
Have been physically active	3. Clean and Healthy	I know how to keep myself clean and healthy, and understand how germs cause disease/illness  I know that all household products including medicines can be harmful if not used properly	I am special so I keep myself safe	Jigsaw Chime, 'Calm Me' script, Jigsaw Jack, Bag of toiletry items, e.g. toothbrush, shampoo, soap, etc., Empty bathroom and kitchen cleaning products, Pictures of household products, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat.
Have tried to keep themselves and others safe	4. Medicine Safety	I understand that medicines can help me if I feel poorly and I know how to use them safely	I know some ways to help myself when I feel poorly	Jigsaw Chime, 'Calm Me' script, Jigsaw Jack, Empty medicine packaging, Picture cards, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat.
Know how to be a good friend and enjoy healthy friendships	5. Road Safety	I know how to keep safe when crossing the road, and about people who can help me to stay safe	I can recognise when I feel frightened and know who to ask for help	Jigsaw Chime, 'Calm Me' script, Jigsaw Jack, PowerPoint slide: Learn to cross the road, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat.
Know how to keep calm and deal with difficult situations	6. Happy, Healthy Me Assessment Opportunity ★ Puzzle outcome: Keeping clean and healthy	I can tell you why I think my body is amazing and can identify some ways to keep it safe and healthy	I can recognise how being healthy helps me to feel happy	Jigsaw Chime, 'Calm Me' script, Jigsaw Jack, Keeping Clean and Healthy timeline template, Jigsaw Journals, My Jigsaw Learning, Certificates, Jigsaw Jerrie Cat.

## Being Me in My World

### Puzzle Map - Ages 6-7



#### Puzzle Outcome

The whole-school Learning Charter is the Puzzle Outcome for this Puzzle.

Weekly Celebration	Piece	PSHE learning intention	Social and emotional development learning intention	Resources
Help others to feel welcome	1. Hopes and Fears for the Year	I can identify some of my hopes and fears for this year I know how to use my Jigsaw Journal	I recognise when I feel worried and know who to ask for help	Jigsaw Charter, Jigsaw Chime, 'Calm Me' script, Number cards, Jigsaw Jo, basket/bag, monster worries resource sheet, My Jigsaw Learning, Jigsaw Journals, Jigsaw Jerrie Cat.
Try to make our school community a better place	2. Rights and Responsibilities	I understand the rights and responsibilities for being a member of my class and school	I recognise when I feel worried and know who to ask for help	Jigsaw Charter, number cards, 'Calm Me' script, 'Calm' pictures, Jigsaw Chime, My Jigsaw Learning, Responsibility PowerPoint, Jigsaw Journal, Jigsaw Jerrie Cat.
Think about everyone's right to learn	3. Rewards and Consequences	I understand the rights and responsibilities for being a member of my class	I can help to make my class a safe and fair place	Jigsaw Charter, colour cards, Jigsaw Chime, 'Calm' pictures, 'Calm Me' script, Jigsaw Jo, Jigsaw Jo's bag of rewards, Jigsaw Song: Together as One', picture cards, My Jigsaw Learning, Jigsaw Journals, Jigsaw Jerrie Cat.
Care about other people's feelings	4. Rewards and Consequences	I can listen to other people and contribute my own ideas about rewards and consequences	I can help make my class a safe and fair place	Jigsaw Charter, Jigsaw Chime, 'Calm' pictures, 'Calm Me' script, 'What Might Happen?' PowerPoint, scenario picture cards, flipchart traffic light with red post-it learning behaviours from Piece 3, My Jigsaw Learning, Jigsaw Journals, Jigsaw Jerrie Cat.
Work well with others	5. Our Learning Charter	I understand how following the Learning Charter will help me and others learn	I can work cooperatively	Jigsaw Charter, Jigsaw Chime, 'Calm' pictures, 'Calm Me' script, Jigsaw Jo, art materials, 'Whole School Learning Charter or sample Jigsaw version, Jigsaw Jo's bag, Jigsaw pieces template, My Jigsaw Learning, Jigsaw Journals, Jigsaw Jerrie Cat.
Choose to follow the Learning Charter ★	6. Owing our Learning Charter	I can recognise the choices I make and understand the consequences	I am choosing to follow the Learning Charter	Jigsaw Charter, Jigsaw Chime, 'Calm' pictures, 'Calm Me' script, Learning Charter, Children's pictures from last week, A4 paper, My Jigsaw Learning, Jigsaw Journals, certificates, Jigsaw Jerrie Cat.

## Celebrating Difference

### Puzzle Map - Ages 6-7



#### Puzzle Outcome

Help me fit together the six pieces of learning about Celebrating Difference to create the Hall of Fame display  
(Trophy of Celebration Piece 6)

Weekly Celebration	Pieces	PSHE learning intention	Social and emotional development learning intention	Resources
Accept that everyone is different	1. Boys and girls	I am starting to understand that sometimes people make assumptions about boys and girls (stereotypes)	I understand some ways in which boys and girls are similar and feel good about this	Jigsaw Chime, 'Calm Me' script, Jigsaw Jo, Jigsaw Jo's bag, Four photo cards of children, Four description cards, Shield templates, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat.
Include others when working and playing	2. Boys and girls	I am starting to understand that sometimes people make assumptions about boys and girls (stereotypes)	I understand some ways in which boys and girls are different and accept that this is OK	Jigsaw Chime, 'Calm Me' script, Duvet covers (or pictures of), Jigsaw Jo, Difference shield templates, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat.
Know how to help if someone is being bullied	3. Why does bullying happen?	I understand that bullying is sometimes about difference	I can tell you how someone who is bullied feels I can be kind to children who are bullied	Jigsaw Chime, 'Calm Me' script, Jigsaw Song 'There's a Place', Jigsaw Jo, Scenario picture/description cards, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat.
Try to solve problems	4. Standing up for myself and others	I can recognise what is right and wrong and know how to look after myself	I know when and how to stand up for myself and others I know how to get help if I am being bullied	Number cards, Jigsaw Chime, 'Calm Me' script, Jigsaw Song: 'There's a Place', Jigsaw Jo, Scenario picture/description cards, Paper person chain template, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat.
Try to use kind words	5. Gender Diversity	I understand that it is OK to be different from other people and to be friends with them	I understand we shouldn't judge people if they are different. I know how it feels to be a friend and have a friend	Jigsaw Chime, 'Calm Me' script, PowerPoint story 'Billy, Bella and B', Jigsaw Friend, Birthday present template, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat.
Know how to give and receive compliments	6. Celebrating difference and still being friends  Assessment Opportunity ★ Puzzle Outcome: Trophy of Celebration	I can tell you some ways I am different from my friends	I understand these differences make us all special and unique	Jigsaw Chime, 'Calm Me' script, Pair cards, Jigsaw Jo, 3D Trophy template, Puzzle 2 Attainment Descriptor Grid, Jigsaw Journals, My Jigsaw Learning, Puzzzle Certificate, Jigsaw Jerrie Cat.

## Dreams & Goals Puzzle Map - Ages 6-7



### Puzzle Outcome

Help me fit together the six pieces of learning about my dreams and goals to create Our Garden of Dreams and Goals (Pieces 4&5 Dream Birds)

Weekly Celebration	Pieces	PSHE learning intention	Social and emotional development learning intention	Resources
Stay motivated when doing something challenging	1. Goals to Success	I can choose a realistic goal and think about how to achieve it	I can tell you things I have achieved and say how that makes me feel	Treasure chest filled with marbles, beads, coins, coloured stones, Jigsaw Jo, Jigsaw Chime, 'Calm Me' script, Success pictures, Treasure chest template, Jigsaw Jo's Challenge PowerPoint, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat.
Keep trying even when it is difficult	2. My Learning Strengths	I carry on trying (persevering) even when I find things difficult	I can tell you some of my strengths as a learner	Treasure chest filled with marbles, beads, coins, coloured stones, Jigsaw Chime, 'Calm Me' script, Jigsaw Song: 'For Me', Jigsaw Jo, Ladder template, Treasure chest boxes/simple boxes, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat.
Work well with a partner or in a group	3. Learning with Others	I can recognise who I work well with and who it is more difficult for me to work with	I can tell you how working with other people helps me learn	Jigsaw Chime, 'Calm Me' script, Jigsaw Song: 'There's a Place', Book: 'The Owl and the Pussy Cat' by Edward Lear, Materials for the challenge: French numbers 1-20, Mandarin/Chinese numbers 1-10, Macarena dance moves, Card and colouring materials, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat.
Have a positive attitude	4. A Group Challenge Puzzle Outcome: Dream Birds	I can work well in a group	I can work with others in a group to solve problems	Soft ball, Jigsaw Chime, 'Calm Me' script, Gentle music, Garden PowerPoint slides, Jigsaw Jo, Art materials/modelling materials/ paints, My Jigsaw Learning, Jigsaw Jerrie Cat.
Help others to achieve their goals	5. Continuing Our Group Challenge	I can tell you some ways I worked well with my group	I can tell you how I felt about working in my group	Soft ball, Jigsaw Chime, 'Calm Me' script, Gentle music, Garden PowerPoint slides, Jigsaw Jo, Art materials/ modelling materials/ paints, Treasure chest boxes, My Jigsaw Learning, Jigsaw Jerrie Cat.
Are working hard to achieve their own dreams and goals	6. Celebrating Our Achievement Assessment Opportunity ★	I know how to share success with other people	I can tell you how being part of a successful group feels and I can store these feelings in my internal treasure chest	Jigsaw Chime, 'Calm Me' script, Special objects, Dream birds, Treasure chest template, Jigsaw Journals, My Jigsaw Learning, Certificates, Jigsaw Jerrie Cat, Jigsaw Jo.

## Healthy Me

### Puzzle Map - Ages 6-7



#### Puzzle Outcome

Help me fit together the six pieces of learning about Healthy Me to create 'The Happy, Healthy Me Recipe Book' (Piece 6: Healthy Recipes)

Weekly Celebration	Pieces	PSHE learning intention	Social and emotional development learning intention	Resources
Have made a healthy choice	1. Being Healthy	I know what I need to keep my body healthy	I am motivated to make healthy lifestyle choices	Jigsaw Chime, 'Calm Me' script, Jigsaw Song: 'Make a Good Decision', Help Jigsaw Jo sheet, Jigsaw Jo, Music, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat.
Have eaten a healthy, balanced diet	2. Being Relaxed	I can show or tell you what relaxed means and I know some things that make me feel relaxed and some that make me feel stressed	I can tell you when a feeling is weak and when a feeling is strong	Jigsaw Chime, 'Calm Me' script, PowerPoint slides, PowerPoint slides - printed copies, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat.
Have been physically active	3. Medicine Safety	I understand how medicines work in my body and how important it is to use them safely	I feel positive about caring for my body and keeping it healthy	Jigsaw Chime, 'Calm Me' script, Bag of empty medicine packets/bottles, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat.
Have tried to keep themselves and others safe	4. Healthy Eating	I can sort foods into the correct food groups and know which foods my body needs every day to keep me healthy	I have a healthy relationship with food and know which foods I enjoy the most	Jigsaw Chime, 'Calm Me' script, Eat Well Plate - complete, Eat Well Plate - blank, Food cards, Pictures of composite foods, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat.
Know how to be a good friend and enjoy healthy friendships	5. Healthy Eating	I can make some healthy snacks and explain why they are good for my body	I can express how it feels to share healthy food with my friends	Jigsaw Chime, 'Calm Me' script, Jigsaw Jo, A range of healthy food choices/ snack ingredients, Basic cookery equipment, Recipe cards, Jigsaw Journals, My Jigsaw Learning, Jigsaw Jerrie Cat.
Know how to keep calm and deal with difficult situations	6. Happy, Healthy Me! Puzzle outcome: Healthy recipes Assessment Opportunity ★	I can decide which foods to eat to give my body energy	I have a healthy relationship with food and I know which foods are most nutritious for my body	Jigsaw Chime, 'Calm Me' script, Happy Healthy Me Recipe templates, Optional: large pieces of paper for life-size child body outlines, Jigsaw Journals, My Jigsaw Learning, Certificates, Jigsaw Jerrie Cat.

## Being Me in My World

### Puzzle Map - Ages 7-8



#### Puzzle Outcome

The whole-school Learning Charter is the Puzzle Outcome for this Puzzle.

Weekly Celebration	Piece	PSHE learning intention	Social and emotional development learning intention	Resources
Help others to feel welcome	1. Getting to Know Each Other	I recognise my worth and can identify positive things about myself and my achievements. I can set personal goals I know how to use my Jigsaw Journal	I value myself and know how to make someone else feel welcome and valued	Jigsaw Charter, Jigsaw Chime, 'Calm Me' script, treasure box, Jigsaw Jino, coin and medal template, My Jigsaw Journey, Jigsaw Journals, Jigsaw Jerrie Cat.
Try to make our school community a better place	2. Our Nightmare School	I can face new challenges positively, make responsible choices and ask for help when I need it	I recognise how it feels to be happy, sad or scared and am able to identify if other people are feeling these emotions	Jigsaw Charter, Jigsaw Chime, 'Calm Me' script, Jigsaw Jino, feelings bag with cards, flipchart paper, Nightmare school, My Jigsaw Journey, Jigsaw Journals, Jigsaw Jerrie Cat.
Think about everyone's right to learn	3. Our Dream School	I understand why rules are needed and how they relate to rights and responsibilities	I know how to make others feel valued	Jigsaw Charter, Jigsaw Chime, 'Calm me' script, Jigsaw Jino, Nightmare school sheet (from previous Piece), My Jigsaw Journey, Jigsaw Journals, Jigsaw Jerrie Cat.
Care about other people's feelings	4. Rewards and Consequences	I understand that my actions affect myself and others and I care about other people's feelings	I understand that my behaviour brings rewards/consequences	Jigsaw Charter, Jigsaw Chime, 'Calm me' script, scenario cards, post-its, My Jigsaw Journey, Jigsaw Journals, Jigsaw Jerrie Cat.
Work well with others	5. Our Learning Charter	I can make responsible choices and take action	I can work cooperatively in a group	Jigsaw Charter, Jigsaw Chime, 'Calm Me' script, A3 paper, Post-It notes, Sam's letter, timer, space to display Post-Its, materials for designing a card, Learning Charter, My Jigsaw Journey, Jigsaw Journals, Jigsaw Jerrie Cat.
Choose to follow the Learning Charter ★	6. Owning our Learning Charter	I understand my actions affect others and try to see things from their points of view	I am choosing to follow the Learning Charter	Jigsaw Charter, Jigsaw Chime, 'Calm me' script, 'What do we see?' picture PowerPoint, Learning Charter, Jigsaw Jino, certificates, mood board for last Piece (lesson), My Jigsaw Journey, Jigsaw Journals, Jigsaw Jerrie Cat.

## Celebrating Difference

### Puzzle Map - Ages 7-8



#### Puzzle Outcome

Help me fit together the six pieces of learning about Celebrating Difference to create the Hall of Fame display (Kite Templates: Piece 6)

Weekly Celebration	Pieces	PSHE learning intention	Social and emotional development learning intention	Resources
Accept that everyone is different	1. Families	I understand that everybody's family is different and important to them	I appreciate my family/the people who care for me	Jigsaw Chime, 'Calm Me' script, Jigsaw Jino, Pictures of teacher's family, 'Family' pictures, PowerPoint, photo frame template, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jerrie Cat.
Include others when working and playing	2. Family conflict	I understand that differences and conflicts sometimes happen among family members	I know how to calm myself down and can use the 'Solve it together' technique	Jigsaw Chime, 'Calm Me' script, Letter cards to spell 'family' (six cards with a letter on each), PowerPoint slide: Family Conflict, 'Solve it together' resource sheet/PowerPoint/poster, Family conflict scenario cards, Jigsaw Jino, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jerrie Cat.
Know how to help if someone is being bullied	3. Witness and feelings	I know what it means to be a witness to bullying	I know some ways of helping to make someone who is bullied feel better	Jigsaw Chime, 'Calm Me' script, Jigsaw Jino, Paper for handouts, Jigsaw Song: 'There's a Place', Resource sheet - Bullying story, Handprint paper chain master, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jerrie Cat.
Try to solve problems	4. Witness and solutions	I know that witnesses can make the situation better or worse by what they do	I can problem-solve a bullying situation with others	Jigsaw Chime, 'Calm Me' script, Sponge ball, Jigsaw Jino, 'Solve it together' poster, Scenario cards, PowerPoint with prompt questions, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jerrie Cat.
Try to use kind words	5. Words that harm	I recognise that some words are used in hurtful ways	I try hard not to use hurtful words (e.g. gay, fat)	Jigsaw Chime, 'Calm Me' script, 'Sticks and stones' PowerPoint slide, Jigsaw Jino, 'Solve it together' resource sheet/poster, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jerrie Cat.
Know how to give and receive compliments	6. Celebrating difference: compliments ★ Assessment Opportunity Puzzle Outcome: Kites	I can tell you about a time when my words affected someone's feelings and what the consequences were	I can give and receive compliments and know how this feels	Jigsaw Chime, 'Calm Me' script, Kite templates, named post-it notes/slips of paper, Harlon's story, Jigsaw Journals, Attainment Descriptor Grid, My Jigsaw Journey, Certificates, Jigsaw Jerrie Cat.

## Healthy Me

### Puzzle Map - Ages 7-8



#### Puzzle Outcome

Help me fit together the six pieces of learning about Healthy Me to create 'The Happy, Healthy Me Recipe Book'  
(Piece 4: Keeping safe)

Weekly Celebration	Pieces	PSHE learning intention	Social and emotional development learning intention	Resources
Have made a healthy choice	<b>1. Being Fit and Healthy</b>	I understand how exercise affects my body and know why my heart and lungs are such important organs	I can set myself a fitness challenge	Jigsaw Chime, 'Calm Me' script, PowerPoint slide 'My body in balance', PowerPoint 'Children need to be active for at least one hour a day', Fitness Challenge Template, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jerrrie Cat.
Have eaten a healthy, balanced diet	<b>2. Being Fit and Healthy</b>	I know that the amount of calories, fat and sugar I put into my body will affect my health	I know what it feels like to make a healthy choice	Jigsaw Chime- 'Calm Me' script, Jigsaw Song: 'Make A Good Decision', Range of food/drink (some with food labelling that show the amount of energy, fats and sugar). Try to include some healthy and less healthy choices depending on the amount of sugar and fat). 'How much sugar?' game, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jerrrie Cat.
Have been physically active	<b>3. What Do I Know About Drugs?</b>	I can tell you my knowledge and attitude towards drugs	I can identify how I feel towards drugs	Jigsaw Chime, 'Calm Me' script, A4 white paper and pen for each child, Draw and Write instruction sheet, Feelings word template, Jigsaw Journal, My Jigsaw Journey, Jigsaw Jerrrie Cat.
Have tried to keep themselves and others safe	<b>4. Being Safe</b> Puzzle outcome: Keeping safe	I can identify things, people and places that I need to keep safe from, and can tell you some strategies for keeping myself safe including who to go to for help	I can express how being anxious or scared feels	Jigsaw Chime, 'Calm Me' script, A piece of foreboding music e.g. Theme from Jaws, My Jigsaw Journey, Jigsaw Journal, Jigsaw Jerrrie Cat.
Know how to be a good friend and enjoy healthy friendships	<b>5. Safe or Unsafe</b>	I can identify when something feels safe or unsafe	I can take responsibility for keeping myself and others safe	Jigsaw Chime, 'Calm Me' script, PowerPoint of scared child, Short story templates, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jerrrie Cat.
Know how to keep calm and deal with difficult situations	<b>6. My Amazing Body</b> Assessment Opportunity ★	I understand how complex my body is and how important it is to take care of it	I respect my body and appreciate what it does for me.	Jigsaw Chime, 'Calm Me' script, PowerPoint slide: My amazing body, PowerPoint slides: Example infographic, Other infographic examples (teacher to source online), Paper/pens, (Optional: computers/tablets for children to design infographic), Jigsaw Journal, My Jigsaw Journey, Certificates, Jigsaw Jerrrie Cat.



## Dreams and Goals

### Puzzle Map - Ages 8-9



#### Puzzle Outcome

Help me fit together the six pieces of learning about my dreams and goals to create Our Garden of Dreams and Goals (Garden Decorations - Potato people: Piece 5)

Weekly Celebration	Pieces	PSHE learning intention	Social and emotional development learning intention	Resources
Stay motivated when doing something challenging	1. Hopes and Dreams	I can tell you about some of my hopes and dreams	I know how it feels to have hopes and dreams	Jigsaw Chime, 'Calm Me' script, Story puzzle card, Jigsaw Jaz, Flip chart/ whiteboard, (Optional) Book: 'Sat in his Shoes' by Deloris and Roslyn M. Jordan, (Optional) Video clip of Michael Jordan -teacher to source, Mirror cards or pieces of paper shaped like leaves, Collage materials (E.g. beads, ribbons) (Optional if time allows), Jigsaw Journals, My Jigsaw Journey, Jigsaw Jerrie Cat.
Keep trying even when it is difficult	2. Broken Dreams	I understand that sometimes hopes and dreams do not come true and that this can hurt	I know how disappointment feels and can identify when I have felt that way	Jigsaw Chime, 'Calm Me' script, Jigsaw Song: 'For Me', Hope and dream scenario cards, Jigsaw Jaz, Mirror dream mobiles from previous Piece, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jerrie Cat.
Work well with a partner or in a group	3. Overcoming Disappointment	I know that reflecting on positive and happy experiences can help me to counteract disappointment	I know how to cope with disappointment and how to help others cope with theirs	Jigsaw Chime, 'Calm Me' script, Jigsaw Song 'For Me', Hopes and dreams scenario cards (from previous Piece), Jigsaw Journals, My Jigsaw Journey, Jigsaw Jaz, Jigsaw Jerrie Cat.
Have a positive attitude	4. Creating New Dreams	I know how to make a new plan and set new goals even if I have been disappointed	I know what it means to be resilient and to have a positive attitude	Jigsaw Chime, 'Calm Me' script, Jigsaw Jaz, Dream Cloud resource sheet, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jerrie Cat.
Help others to achieve their goals	5. Achieving Goals Puzzle Outcome: Potato People	I know how to work out the steps to take to achieve a goal, and can do this successfully as part of a group	I can enjoy being part of a group challenge	Garden puzzle picture cards, Jigsaw Chime, 'Calm Me' script, invitation to the Potato, Person competition, Large potato for each group, Cocktail sticks, Craft materials (teacher to select) e.g. material scraps, coloured paper, beads, pipe cleaners, Chunky pens, Potato Person Identity Card template, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jaz, Jigsaw Jerrie Cat.
Are working hard to achieve their own dreams and goals	6. We Did It! Assessment Opportunity ★	I can identify the contributions made by myself and others to the group's achievement	I know how to share in the success of a group and how to store this success experience in my internal treasure chest	Children's Potato People/ Identity cards from last lesson (Piece), Jigsaw Chime, 'Calm Me' script, Self-review PowerPoint, Flip chart paper, Chunky pens, Jigsaw Journals, My Jigsaw Journey, Camera (optional), Certificates, Jigsaw Jaz, Jigsaw Jerrie Cat.

## Being Me in My World

### Puzzle Map - Ages 8-9



#### Puzzle Outcome

The whole-school Learning Charter is the Puzzle Outcome for this Puzzle.

Weekly Celebration	Piece	PSHE learning intention	Social and emotional development learning intention	Resources
Help others to feel welcome	<b>1. Becoming a Class 'Team'</b>	I know my attitudes and actions make a difference to the class team I know how to use my Jigsaw Journal	I know how good it feels to be included in a group and understand how it feels to be excluded I try to make people feel welcome and valued	Jigsaw Charter, Jigsaw Chime, 'Calm Me' script, Jigsaw Jaz, Meet and Greet Bingo resource sheet, Included/excluded PowerPoint slides, sponge football, post-its, timer, My Jigsaw Journey, Jigsaw Journals, Jigsaw Jerrie Cat.
Try to make our school community a better place	<b>2. Being a School Citizen</b>	I understand who is in my school community, the roles they play and how I fit in	I can take on a role in a group and contribute to the overall outcome	Jigsaw Charter, Jigsaw Chime, 'Calm Me' script, sponge football, school community role cards, role cards and blank job description cards, timer, My Jigsaw Journey, Jigsaw Journals, Jigsaw Jerrie Cat.
Think about everyone's right to learn	<b>3. Rights, Responsibilities and Democracy</b>	I understand how democracy works through the School Council	I can recognise my contribution to making a Learning Charter for the whole school	Jigsaw Charter, Jigsaw Chime, 'Calm Me' script, Jigsaw Jaz, UNCRC Rights of the Child (Unicef leaflet for teacher use), Spot the difference pictures (Articles 12 and 28), UNCRC Resource sheet, My Jigsaw Journey, Jigsaw Journals, Jigsaw Jerrie Cat.
Care about other people's feelings	<b>4. Rewards and Consequences</b>	I understand that my actions affect myself and others; I care about other people's feelings and try to empathise with them	I understand how rewards and consequences motivate people's behaviour	Jigsaw Charter, Jigsaw Chime, 'Calm Me' script, spongeball/orange, scenario cards, Learning Charter, My Jigsaw Journey, Jigsaw Journals, Jigsaw Jerrie Cat.
Work well with others	<b>5. Our Learning Charter</b>	I understand how groups come together to make decisions	I can take on a role in a group and contribute to the overall outcome	Jigsaw Charter, Jigsaw Chime, 'Calm Me' script, Decision PowerPoint slides, What a Mess! scenario, materials for childrens' posters, Learning Charter, Jigsaw Journals, Jigsaw Jerrie Cat.
Choose to follow the Learning Charter *	<b>6. Owning Our Learning Charter</b>	I understand how democracy and having a voice benefits the school community	I understand why our school community benefits from a Learning Charter and can help others to follow it	Jigsaw Charter, Jigsaw Chime, 'Calm Me' script, Choices Bingo Sheets, Children's group posters from previous Piece, Learning Charter, UNCRC Article 28 (see Piece 3), materials for childrens' posters, certificates, My Jigsaw Journey Jigsaw Journals, Jigsaw Jerrie Cat.

## Celebrating Difference

### Puzzle Map - Ages 8-9



#### Puzzle Outcome

Help me fit together the six pieces of learning about Celebrating Difference to create the Hall of Fame display (Puzzle Outcome: Picture Frames from Piece 5)

Weekly Celebration	Pieces	PSHE learning intention	Social and emotional development learning intention	Resources
Accept that everyone is different	1. Judging by Appearances	I understand that, sometimes, we make assumptions based on what people look like	I try to accept people for who they are	Jigsaw Chime, 'Calm Me' script, Jigsaw Journals, Character pictures, A pair of cardboard spectacles with coloured lenses (coloured cellophane) for each group, A pair of spectacles with clear lenses for each group, Character answer cards, My Jigsaw Journey, Jigsaw Jerrie Cat.
Include others when working and playing	2. Understanding influences	I understand what influences me to make assumptions based on how people look	I can question why I think what I do about other people	Jigsaw Jaz, Jigsaw Chime, 'Calm Me' script, Optical illusion picture e.g. young/old lady ( <a href="http://www.eyetricks.com">www.eyetricks.com</a> ), Picture of a dog, Response strips, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jerrie Cat.
Know how to help if someone is being bullied	3. Understanding Bullying	I know that sometimes bullying is hard to spot and I know what to do if I think it is going on but I'm not sure	I know how it might feel to be a witness to and a target of bullying	Jigsaw Chime, 'Calm Me' script, Jigsaw Song: 'There's a Place', Maya's story, Jigsaw Jaz, Flip chart divided into three sections (one per group), Chunky pens, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jerrie Cat.
Try to solve problems	4. Problem-solving	I can tell you why witnesses sometimes join in with bullying and sometimes don't tell	I can problem-solve a bullying situation with others	Jigsaw Chime, 'Calm Me' script, Jigsaw Jaz, Soft ball, Paper for children's poster Pen/pencil for children's posters Teacher to source local/national info/websites about bullying on and offline, Jigsaw Journal, My Jigsaw Journey, Jigsaw Jerrie Cat.
Try to use kind words	5. Special Me Puzzle outcome: Frames	I can identify what is special about me and value the ways in which I am unique	I like and respect the unique features of my physical appearance	Jigsaw Chime, 'Calm Me' script, Jigsaw Jaz, Coloured strips of paper, Glue sticks, Photos of class members, Mirrors, Template photo frames, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jerrie Cat.
Know how to give and receive compliments	6. Celebrating Difference: how we look ★ Assessment Opportunity	I can tell you a time when my first impression of someone changed when I got to know them	I can explain why it is good to accept people for who they are	Jigsaw Chime, 'Calm Me' script, Jigsaw Jaz, Character cards (to show on whiteboard), Jigsaw Journals, Blue and red spectacle templates, one for each child, Puzzle 2 Attainment Descriptor Grid, My Jigsaw Journey, certificates, Jigsaw Jerrie Cat.

## Dreams and Goals

### Puzzle Map - Ages 8-9



#### Puzzle Outcome

Help me fit together the six pieces of learning about my dreams and goals to create Our Garden of Dreams and Goals (Garden Decorations - Potato people: Piece 5)

Weekly Celebration	Pieces	PSHE learning intention	Social and emotional development learning intention	Resources
Stay motivated when doing something challenging	1. Hopes and Dreams	I can tell you about some of my hopes and dreams	I know how it feels to have hopes and dreams	Jigsaw Chime, 'Calm Me' script, Story puzzle card, Jigsaw Jaz, Flip chart/ whiteboard, (Optional) Book: 'Salt in his Shoes' by Deloris and Roslyn M. Jordan, (Optional) Video clip of Michael Jordan -teacher to source, Mirror cards or pieces of paper shaped like leaves, Collage materials (E.g. beads, ribbons) (Optional if time allows), Jigsaw Journals, My Jigsaw Journey, Jigsaw Jemie Cat.
Keep trying even when it is difficult	2. Broken Dreams	I understand that sometimes hopes and dreams do not come true and that this can hurt	I know how disappointment feels and can identify when I have felt that way	Jigsaw Chime, 'Calm Me' script, Jigsaw Song: 'For Me', Hope and dream scenario cards, Jigsaw Jaz, Mirror dream mobiles from previous Piece, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jemie Cat.
Work well with a partner or in a group	3. Overcoming Disappointment	I know that reflecting on positive and happy experiences can help me to counteract disappointment	I know how to cope with disappointment and how to help others cope with theirs.	Jigsaw Chime, 'Calm Me' script, Jigsaw Song 'For Me', Hopes and dreams scenario cards (from previous Piece), Jigsaw Journals, My Jigsaw Journey, Jigsaw Jaz, Jigsaw Jemie Cat.
Have a positive attitude	4. Creating New Dreams	I know how to make a new plan and set new goals even if I have been disappointed	I know what it means to be resilient and to have a positive attitude	Jigsaw Chime, 'Calm Me' script, Jigsaw Jaz, Dream Cloud resource sheet, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jemie Cat.
Help others to achieve their goals	5. Achieving Goals Puzzle Outcome: Potato People	I know how to work out the steps to take to achieve a goal, and can do this successfully as part of a group	I can enjoy being part of a group challenge.	Garden puzzle picture cards, Jigsaw Chime, 'Calm Me' script, Invitation to the Potato, Person competition, Large potato for each group, Cocktail sticks, Craft materials (teacher to select) e.g. material scraps, coloured paper, beads, pipe cleaners, Chunky pens, Potato Person Identity Card template, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jaz, Jigsaw Jemie Cat.
Are working hard to achieve their own dreams and goals	6. We Did It! Assessment Opportunity ★	I can identify the contributions made by myself and others to the group's achievement	I know how to share in the success of a group and how to store this success experience in my internal treasure chest	Children's Potato People/ Identity cards from last lesson (Piece), Jigsaw Chime, 'Calm Me' script, Self-review PowerPoint, Flip chart paper, Chunky pens, Jigsaw Journals, My Jigsaw Journey, Camera (optional), Certificates, Jigsaw Jaz, Jigsaw Jemie Cat.

## Healthy Me

### Puzzle Map - Ages 8-9



#### Puzzle Outcome

Help me fit together the six pieces of learning about Healthy Me to create 'The Happy, Healthy Me Recipe Book' (Piece 5: Healthy Friendships)

Weekly Celebration	Pieces	PSHE learning intention	Social and emotional development learning intention	Resources
Have made a healthy choice	1. My Friends and Me	I recognise how different friendship groups are formed, how I fit into them and the friends I value the most	I can identify the feelings I have about my friends and my different friendship groups	Jigsaw Chime, 'Calm Me' script, Jigsaw Jaz, Concentric circles template (Friendship chart), Jigsaw Journals, Teacher prepared 'Friendship chart' example, My Jigsaw Journey, Jigsaw Jerrie Cat.
Have eaten a healthy, balanced diet	2. Group Dynamics	I understand there are people who take on the roles of leaders or followers in a group, and I know the role I take on in different situations	I am aware of how different people and groups impact on me and can recognise the people I most want to be friends with	Jigsaw Chime, 'Calm Me' script, Scenario PowerPoint slide, Different roles: Scenario cards, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jerrie Cat.
Have been physically active	3. Smoking	I understand the facts about smoking and its effects on health, and also some of the reasons some people start to smoke	I can recognise negative feelings in peer pressure situations (such as embarrassment, shame, inadequacy and guilt) and know how to act assertively to resist pressure from myself and others	Jigsaw Chime, 'Calm Me' script, Jigsaw Jaz, Smoking Facts Picture Puzzle, Scenario cards: What happens next?, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jerrie Cat.
Have tried to keep themselves and others safe	4. Alcohol	I understand the facts about alcohol and its effects on health, particularly the liver, and also some of the reasons some people drink alcohol	I can recognise negative feelings in peer pressure situations (such as embarrassment, shame, inadequacy and guilt) and know how to act assertively to resist pressure from myself and others	Jigsaw Chime, 'Calm Me' script, Jigsaw song: Make a good decision, True/False quiz, PowerPoint slide: liver and liver facts, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jerrie Cat.
Know how to be a good friend and enjoy healthy friendships	5. Healthy Friendships Puzzle Outcome: Healthy Friendships	I can recognise when people are putting me under pressure and can explain ways to resist this when I want	I can identify feelings of anxiety and fear associated with peer pressure	Jigsaw Chime, 'Calm Me' script, Jigsaw song: 'Make a good decision', Aiden's story, Flip chart and chunky pens, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jerrie Cat.
Know how to keep calm and deal with difficult situations	6. Celebrating My Inner Strength and Assertiveness Assessment Opportunity ★	I know myself well enough to have a clear picture of what I believe is right and wrong	I can tap into my inner strength and know how to be assertive	Jigsaw Chime, 'Calm Me' script, Remote control PowerPoint slide, Scenario PowerPoint slide Jigsaw Journals, My Jigsaw Journey, Certificates, Jigsaw Jerrie Cat.

## Being Me in My World

### Puzzle Map - Ages 9-10



#### Puzzle Outcome

The whole-school Learning Charter is the Puzzle Outcome for this Puzzle.

Weekly Celebration	Piece	PSHE learning intention	Social and emotional development learning intention	Resources
Help others to feel welcome	1. My Year Ahead	I can face new challenges positively and know how to set personal goals I know how to use my Jigsaw Journal	I know what I value most about my school and can identify my hopes for this school year	Jigsaw Charter, Jigsaw Chime, 'Calm Me' script, Jigsaw Jez, paper bricks, Head teacher, My Jigsaw Journey, Jigsaw Journals, Jigsaw Jerrie Cat.
Try to make our school community a better place	2. Being a Citizen of My Country	I understand my rights and responsibilities as a citizen of my country	I can empathise with people in this country whose lives are different to my own	Jigsaw Charter, Jigsaw Chime, 'Calm Me' script, PowerPoint montage, UNCRC Article cards, UNCRC Rights/Responsibilities resource sheet Jigsaw Jez, My Jigsaw Journey, Jigsaw Journals, Jigsaw Jerrie Cat.
Think about everyone's right to learn	3. Year 5 Responsibilities	I understand my rights and responsibilities as a citizen of my country and as a member of my school	I can empathise with people in this country whose lives are different to my own	Jigsaw Charter, Jigsaw Chime, 'Calm Me' script, post-its, small sponge/tennis balls, Jigsaw Jez, My Jigsaw Journey, Jigsaw Journals, Jigsaw Jerrie Cat.
Care about other people's feelings	4. Rewards and Consequences	I can make choices about my own behaviour because I understand how rewards and consequences feel	I understand that my actions affect me and others	Jigsaw Charter, Jigsaw Chime, 'Calm Me' script, Reward PowerPoint slide, Jigsaw Jez, Jigsaw Jez's bag, Post-Its, Clip of London Riots 2011 (for use if time), Piece 3 flipchart - Rights/Responsibilities, Learning Charter puzzle pieces, My Jigsaw Journey, Jigsaw Journals, Jigsaw Jerrie Cat.
Work well with others	5. Our Learning Charter	I understand how an individual's behaviour can impact on a group	I can contribute to the group and understand how we can function best as a whole	Jigsaw Charter, Jigsaw Chime, 'Calm Me' script, School Learning Charter, flipchart, timer, Lyrics song sheet (Song 'Together as One'), newspaper, sticky tape, My Jigsaw Journey, Jigsaw Journal, Jigsaw Jerrie Cat.
Choose to follow the Learning Charter	6. Owning our Learning Charter ★	I understand how democracy and having a voice benefits the school community and know how to participate in this	I understand why our school community benefits from a Learning Charter and can help others to follow it	Jigsaw Charter, Jigsaw Chime, 'Calm Me' script, recording equipment (optional), scenario cards, flipchart and pens, Jigsaw song 'Together as One', Learning Charter, Jigsaw Jez, certificates, My Jigsaw Journey, Jigsaw Journals, Jigsaw Jerrie Cat.

## Celebrating Difference

### Puzzle Map - Ages 9-10



#### Puzzle Outcome

Help me fit together the six pieces of learning about Celebrating Difference to create the Hall of Fame display  
(Puzzle Outcome: Culture display - Pieces 5&6)

Weekly Celebration	Pieces	PSHE learning intention	Social and emotional development learning intention	Resources
Accept that everyone is different	1. Different cultures	I understand that cultural differences sometimes cause conflict	I am aware of my own culture	Jigsaw Chime, 'Calm Me' script, Culture wheel template, Jigsaw Journals, Culture PowerPoint pictures, Timer, Scenario cards, My Jigsaw Journey, Jigsaw Jerrie Cat.
Include others when working and playing	2. Racism	I understand what racism is	I am aware of my attitude towards people from different races	Jigsaw Chime, 'Calm Me' script, Abdul and Atrra picture, Abdul and Atrra fact cards, Ribbon template, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jerrie Cat.
Know how to help if someone is being bullied	3. Rumours and Name-calling	I understand how rumour-spreading and name-calling can be bullying behaviours	I can tell you a range of strategies for managing my feelings in bullying situations and for problem-solving when I'm part of one	Jigsaw Chime, 'Calm Me' script, Jigsaw Jez, PowerPoint scenario picture: Carol, Different coloured post-its (2 colours), Example Snakes and Ladders game, A3 board game grids, Scenario strip templates, Snake and ladder templates, Glue sticks, Sources of support (sourced by teacher), Jigsaw Journals, My Jigsaw Journey, Jigsaw Jerrie Cat.
Try to solve problems	4. Types of Bullying	I can explain the difference between direct and indirect types of bullying	I know some ways to encourage children who use bullying behaviours to make other choices and know how to support children who are being bullied	Jigsaw Chime, 'Calm me' script, Jigsaw Jez, Snake and ladder board game from Piece 3, Dice and counters, Snake and ladder templates, Different coloured post-its (2 colours), Glue sticks, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jerrie Cat.
Try to use kind words	5. Does Money Matter? Puzzle outcome: Culture displays	I can compare my life with people in the developing world	I can appreciate the value of happiness regardless of material wealth	Jigsaw Jez, Jigsaw Chime, 'Calm Me' script, Happiness continuum cards- one set per group, Jigsaw Journals, BBC Learning Clip 13599 Fact sheets, My Jigsaw Journey, Jigsaw Jerrie Cat.
Know how to give and receive compliments	6. Celebrating Difference across the world ★ Assessment Opportunity	I can understand a different culture from my own	I respect my own and other people's cultures	Jigsaw Chime, Jigsaw Jez, 'Calm Me' script, Culture wheel templates, Flip chart paper/chunky pens, Children's own culture wheels (produced earlier in the unit (Puzzle)), Fact sheet 2 (from previous lesson), My Jigsaw Journey, Jigsaw Journals, Certificates, Jigsaw Jerrie Cat.

## Dreams and Goals

### Puzzle Map - Ages 9-10



#### Puzzle Outcome

Help me fit together the six pieces of learning about my dreams and goals to create Our Garden of Dreams and Goals  
Pieces 5-6: Charity fundraising

Weekly Celebration	Pieces	PSHE learning intention	Social and emotional development learning intention	Resources
Stay motivated when doing something challenging	1. When I Grow Up (My Dream Lifestyle)	I understand that I will need money to help me achieve some of my dreams	I can identify what I would like my life to be like when I am grown up	Jigsaw Chime, 'Calm Me' script, Jigsaw Jez, Jigsaw Journals, PowerPoint – adult life/ jobs and professions, Dream cloud template, My Jigsaw Journey, Jigsaw Jerrie Cat.
Keep trying even when it is difficult	2. Investigate Jobs and Careers	I know about a range of jobs carried out by people I know and have explored how much people earn in different jobs	I appreciate the contributions made by people in different jobs	Jigsaw Chime, 'Calm Me' script, Job charades cards, Jigsaw Jez, Jobs and Salaries cards, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jerrie Cat.
Work well with a partner or in a group	3. My Dream Job. Why I want it and the steps to get there	I can identify a job I would like to do when I grow up and understand what motivates me and what I need to do to achieve it	I appreciate the opportunities that learning and education are giving me and understand how this will help me to build my future	Job cards (Charades cards from Piece 2), Jigsaw Jez, Jigsaw Chime, 'Calm Me' script, Internet/library books, My Ideal Job resource sheet, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jerrie Cat.
Have a positive attitude	4. Dreams and Goals of Young People in Other Cultures	I can describe the dreams and goals of young people in a culture different to mine	I can reflect on how these relate to my own	Jigsaw Chime, 'Calm Me' script, Jigsaw Jez, Child pictures, Mary factsheet, Video clip (optional), Dream spiral template, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jerrie Cat.
Help others to achieve their goals	5. How Can We Support Each Other? Puzzle Outcome: Charity fundraising	I understand that communicating with someone in a different culture means we can learn from each other and I can identify a range of ways that we could support each other	I appreciate the similarities and differences in aspirations between myself and young people in a different culture	Jigsaw Chime 'Calm Me' script, Bag of items Optional: Teacher-sourced video clip, Jigsaw Jez, Project planning sheet, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jerrie Cat.
Are working hard to achieve their own dreams and goals	6. Rallying Support Assessment Opportunity ★	I can encourage my peers to support young people here and abroad to meet their aspirations, and suggest ways we might do this, e.g. through sponsorship	I understand why I am motivated to make a positive contribution to supporting others	Jigsaw Chime, 'Calm Me' script, Jigsaw Jez, Jigsaw Journals, Jigsaw Song: 'For Me', My Jigsaw Journey, Certificates, Jigsaw Jerrie Cat.



## Healthy Me Puzzle Map - Ages 9-10



### Puzzle Outcome

Help me fit together the six pieces of learning about Healthy Me to create 'The Happy, Healthy Me Recipe Book'  
Piece 5: Healthy Body Image

Weekly Celebration	Pieces	PSHE learning intention	Social and emotional development learning intention	Resources
Have made a healthy choice	1. Smoking	I know the health risks of smoking and can tell you how tobacco affects the lungs, liver and heart.	I can make an informed decision about whether or not I choose to smoke and know how to resist pressure	Jigsaw Chime, 'Calm Me' script, Jigsaw Jez, Smoking quiz sheets and answers Image of the Tobacco Industry's Poster Child, (Teacher to source- can be easily found from the internet), Optional: Teacher sourced images from the media e.g. celebrities who smoke, Optional: Children's access to the internet, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jerrie Cat.
Have eaten a healthy, balanced diet	2. Alcohol	I know some of the risks with misusing alcohol, including anti-social behaviour, and how it affects the liver and heart	I can make an informed decision about whether or not I choose to drink alcohol and know how to resist pressure	Jigsaw Chime, 'Calm Me' script, Alcohol puzzle pieces, PowerPoint slide: Anti-social behaviour definition, Gregg and Lottie's story, Jigsaw Journal, My Jigsaw Journey, Jigsaw Jez, Jigsaw Jerrie Cat.
Have been physically active	3. Emergency Aid	I know and can put into practice basic emergency aid procedures (including recovery position) and know how to get help in emergency situations	I know how to keep myself calm in emergencies	Jigsaw Chime, 'Calm Me' script, Recovery position PowerPoint, Optional: Teacher could source an appropriate video from the internet that shows the stage of the recovery position, Storyboard template, Emergency situation cards, Jigsaw Journal, My Jigsaw Journey, Jigsaw Jez, Jigsaw Jerrie Cat.
Have tried to keep themselves and others safe	4. Body Image	I understand how the media, social media and celebrity culture promotes certain body types	I can reflect on my own body image and know how important it is that this is positive and I accept and respect myself for who I am	Jigsaw Chime, 'Calm Me' script, PowerPoint slide: Body image definition, Teacher to source Photo-shopped images of celebrities: before and after). Easily obtained online. Ensure male and female pictures are included, Message game cards, Timer, Top Tips PowerPoint slide, My Jigsaw Journey, Jigsaw Journals, Jigsaw Jez, Jigsaw Jerrie Cat.
Know how to be a good friend and enjoy healthy friendships	5. My Relationship with Food Puzzle Outcome : Healthy Body Image	I can describe the different roles food can play in people's lives and can explain how people can develop eating problems (disorders) relating to body image pressures	I respect and value my body	Jigsaw Chime, 'Calm Me' script, 'Food is...' sorting cards, Teacher to source a range of food adverts e.g. from online sources or from magazines, White card, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jez, Jigsaw Jerrie Cat.
Know how to keep calm and deal with difficult situations	6. Healthy Me Assessment Opportunity ★	I know what makes a healthy lifestyle including healthy eating and the choices I need to make to be healthy and happy	I am motivated to keep myself healthy and happy	Jigsaw Chime, 'Calm Me' script, Jigsaw Jez, Debate cards (if being used), Jigsaw Journals, My Jigsaw Journey, Certificate, Jigsaw Jez, Jigsaw Jerrie Cat.

## Being Me in My World

### Puzzle Map - Ages 10-11



#### Puzzle Outcome

The whole-school Learning Charter is the Puzzle Outcome for this Puzzle.

Weekly Celebration	Piece	PSHE learning intention	Social and emotional development learning intention	Resources
Help others to feel welcome	1. My Year Ahead	I can identify my goals for this year, understand my fears and worries about the future and know how to express them I know how to use my Jigsaw Journal	I feel welcome and valued and know how to make others feel the same	Jigsaw Charter, Jigsaw Chime, 'Calm Me' script, Meet and Greet Bingo sheets, Slide of J.K Rowling Optional: Teacher to source photo of J.K. Rowling from online, Spiral and flag templates, Jigsaw Jem, My Jigsaw Journey, Jigsaw Journals, Jigsaw Jemie Cat.
Try to make our school community a better place	2. Being a Global Citizen 1	I know that there are universal rights for all children but for many children these rights are not met	I understand my own wants and needs and can compare these with children in different communities	Jigsaw Charter, Jigsaw Chime, 'Calm Me' script, PowerPoint slide - 5 questions, PowerPoint on cocoa production in Ghana, chocolate/sweets as prizes, My Jigsaw Journey, Jigsaw Journals, Jigsaw Jem, Jigsaw Jemie Cat.
Think about everyone's right to learn	3. Being a Global Citizen 2	I understand that my actions affect other people locally and globally	I understand my own wants and needs and can compare these with children in different communities	Jigsaw Charter, Jigsaw Chime, 'Calm Me' script, Jigsaw Jem, strips of paper (one for each child), Maslow triangle PowerPoint and templates, My Jigsaw Journey, Jigsaw Journals, Jigsaw Jemie Cat.
Care about other people's feelings	4. The Learning Charter	I can make choices about my own behaviour because I understand how rewards and consequences feel and I understand how these relate to my rights and responsibilities	I understand that my actions affect myself and others; I care about other people's feelings and try to empathise with them	Jigsaw Charter, Jigsaw Chime, 'Calm Me' script, treasure box with rattly treasure, example completed Learning Charter, Learning Charter template, My Jigsaw Journey, Jigsaw Journals, Jigsaw Jemie Cat, Jigsaw Jem.
Work well with others	5. Our Learning Charter	I understand how an individual's behaviour can impact on a group	I can contribute to the group and understand how we can function best as a whole	Jigsaw Charter, Jigsaw Chime, 'Calm Me' script, anti-social behaviour scenario, role-play cards, Corner school learning charter, My Jigsaw Journey, Jigsaw Journals, Jigsaw Jem, Jigsaw Jemie Cat.
Choose to follow the Learning Charter	6. Owning our Learning Charter ★	I understand how democracy and having a voice benefits the school community	I understand why our school community benefits from a Learning Charter and how I can help others to follow it by modelling it myself	Jigsaw Charter, Jigsaw Chime, 'Calm Me' script, Jigsaw Jem, Learning Charter, My Jigsaw Journey, certificates, Jigsaw Journals, Jigsaw Jemie Cat.

## Celebrating Difference

### Puzzle Map - Ages 10-11



#### Puzzle Outcome

Help me fit together the six pieces of learning about Celebrating Difference to create the Hall of Fame display (Puzzle Outcome: Admiration Accolades - Piece 5)

Weekly Celebration	Pieces	PSHE learning intention	Social and emotional development learning intention	Resources
Accept that everyone is different	1. Am I Normal?	I understand there are different perceptions about what normal means	I can empathise with people who are different	Jigsaw Chime, 'Calm Me' script, Quiz sheets, Jigsaw Jem, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jerrie Cat.
Include others when working and playing	2. Understanding Difference	I understand how being different could affect someone's life	I am aware of my attitude towards people who are different	Jigsaw Chime, 'Calm Me' script, Life story of Robert/Roberta Cowell, Community pictures, Jigsaw Jem, A3 paper or sugar paper, photos of other trans people, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jerrie Cat.
Know how to help if someone is being bullied	3. Power Struggles	I can explain some of the ways in which one person or a group can have power over another	I know how it can feel to be excluded or treated badly by being different in some way	Jigsaw Chime, 'Calm Me' script, Teacher to source bullying support information, Jigsaw Song: 'There's a Place' Power scenario resource sheet, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jerrie Cat.
Try to solve problems	4. Why Bully	I know some of the reasons why people use bullying behaviours	I can tell you a range of strategies for managing my feelings in bullying situations and for problem-solving when I'm part of one	Jigsaw Chime, 'Calm me' script, Jigsaw Jem, Bullying PowerPoint, Scenario cards, Jigsaw Journals, My Jigsaw Journey, jigsaw Jerrie Cat.
Try to use kind words	5. Celebrating Difference Puzzle Outcome: Admiration Accolades	I can give examples of people with disabilities who lead amazing lives	I appreciate people for who they are	Jigsaw Chime, 'Calm Me' script, Ball, Jigsaw Jem, PowerPoint slide of Paralympians, YouTube clip - Paralympians, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jerrie Cat.
Know how to give and receive compliments	6. Celebrating Difference ★ Assessment Opportunity	I can explain ways in which difference can be a source of conflict and a cause for celebration	I can show empathy with people in either situation	Jigsaw Chime, 'Calm Me' script, Jigsaw Jem, PowerPoint slide: pictures of conflict/celebration, Peer assessment sheet, Draw cards (two alternative sets to choose from), Jigsaw Journals, My Jigsaw Journey, Certificates, Jigsaw Jerrie Cat.

## Dreams and Goals

### Puzzle Map - Ages 10-11



#### Puzzle Outcome

Help me fit together the six pieces of learning about my dreams and goals to create Our Garden of Dreams and Goals (Pieces 3-5: Flags/Fundraising events)

Weekly Celebration	Pieces	PSHE learning intention	Social and emotional development learning intention	Resources
Stay motivated when doing something challenging	1. Personal Learning Goals	I know my learning strengths and can set challenging but realistic goals for myself (e.g. one in-school goal and one out-of-school goal)	I understand why it is important to stretch the boundaries of my current learning	Jigsaw Chime, 'Calm Me' script, Strength cards, Jigsaw Jem, Goal cards template, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jerrrie Cat.
Keep trying even when it is difficult	2. Steps to Success	I can work out the learning steps I need to take to reach my goal and understand how to motivate myself to work on these	I can set success criteria so that I will know whether I have reached my goal	Jigsaw Chime, 'Calm Me' script, Jigsaw Song: 'For Me', PowerPoint slides, totem poles, Totem pole goal-setting template, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jem, Jigsaw Jerrrie Cat.
Work well with a partner or in a group	3. My Dream For the World Puzzle outcome: Flags/bunting	I can identify problems in the world that concern me and talk to other people about them	I recognise the emotions I experience when I consider people in the world who are suffering or living in difficult situations	Jigsaw Jem, Jigsaw Chime, 'Calm Me' script, Global issue photo cards, World Map, Jigsaw Journals, Coloured triangular pieces of material and string, Global Issues Photo PowerPoint, My Jigsaw Journey, Jigsaw Jerrrie Cat.
Have a positive attitude	4. Helping to Make a Difference Puzzle outcome: Fundraising event	I can work with other people to help make the world a better place	I can empathise with people who are suffering or who are living in difficult situations	Sponge ball, Timer, Jigsaw Chime, 'Calm Me' script, Global issue photo cards (from Piece/lesson 3), Recommended: Video clips of TV charity events/charity TV adverts (Teacher to source), Project plan sheet, Jigsaw Journals, Jigsaw Jem, My Jigsaw Journey, Jigsaw Jerrrie Cat.
Help others to achieve their goals	5. Helping to Make a Difference	I can describe some ways in which I can work with other people to help make the world a better place	I can identify why I am motivated to do this	Sponge ball, Timer, Jigsaw Chime, 'Calm Me' script, Group Project plans from last piece/lesson, Jigsaw Journals, Jigsaw Jem, My Jigsaw Journey, Jigsaw Jerrrie Cat.
Are working hard to achieve their own dreams and goals	6. Recognising Our Achievements Assessment Opportunity ★	I know what some people in my class like or admire about me and can accept their praise	I can give praise and compliments to other people when I recognise their contributions and achievements	Jigsaw Jem, Jigsaw Chime, 'Calm Me' script, Post-it notes, Achievement card template, Jigsaw Journals, My Jigsaw Journey, Certificates, Jigsaw Jerrrie Cat.

## Healthy Me Puzzle Map - Ages 10-11



### Puzzle Outcome

Help me fit together the six pieces of learning about Healthy Me to create 'The Happy, Healthy Me Recipe Book'  
Piece 6: Healthy Body, Healthy Mind

Weekly Celebration	Pieces	PSHE learning intention	Social and emotional development learning intention	Resources
Have made a healthy choice	<b>1. Taking responsibility for my health and well-being</b>	I can take responsibility for my health and make choices that benefit my health and well-being	I am motivated to care for my physical and emotional health	Jigsaw Chime, 'Calm Me' script, Guess what I am? PowerPoint, Taking responsibility role play cards, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jem, Jigsaw Jerrie Cat.
Have eaten a healthy, balanced diet	<b>2. Drugs</b>	I know about different types of drugs and their uses and their effects on the body particularly the liver and heart	I am motivated to find ways to be happy and cope with life's situations without using drugs	Jigsaw Chime, 'Calm Me' script, PowerPoint slide : Drug definition, PowerPoint slide : Drug categories, Drug groups sorting resource, Teacher resource sheet (Information only), My Jigsaw Journey, Jigsaw Journal, Jigsaw Jem, Jigsaw Jerrie Cat.
Have been physically active	<b>3. Exploitation</b>	I understand that some people can be exploited and made to do things that are against the law	I can suggest ways that someone who is being exploited can help themselves	Jigsaw Chime, 'Calm Me' script, Ava and Kiran's story, Pens of two different colours (ideally red and green) enough for each group, Advice PowerPoint slide, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jem, Jigsaw Jerrie Cat.
Have tried to keep themselves and others safe	<b>4. Gangs</b>	I know why some people join gangs and the risks this involves	I can suggest strategies someone could use to avoid being pressurised	Jigsaw Chime, 'Calm Me' script, Gang Images PowerPoint, 'Gangs are...' game cards, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jem, Jigsaw Jerrie Cat.
Know how to be a good friend and enjoy healthy friendships	<b>5. Emotional and Mental Health</b>	I understand what it means to be emotionally well and can explore people's attitudes towards mental health/illness	I know how to help myself feel emotionally healthy and can recognise when I need help with this	Jigsaw Chime, 'Calm Me' script, Jigsaw Jem, Emotional well PowerPoint slide, My emotional well template, Jigsaw Journals, My Jigsaw Journey, Jigsaw Jerrie Cat.
Know how to keep calm and deal with difficult situations	<b>6. Managing Stress and Pressure</b> Puzzle Outcome: Healthy Body, Healthy Mind Assessment Opportunity ★	I can recognise stress and the triggers that cause this and I understand how stress can cause drug and alcohol misuse.	I can use different strategies to manage stress and pressure	Jigsaw Chime, 'Calm Me' script, PowerPoint slides of adults under stress, Cube template (copied on to card), Glue, Jigsaw Journals, My Jigsaw Journey, Certificates, Jigsaw Jem, Jigsaw Jerrie Cat.