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|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1  | Summer 2 |
| Year 1 | Invasion Games SkillsTHROWING/CATCHINGAthletics (Sports hall) | Invasion Games SkillsTHROWING/CATCHINGDANCE | Invasion Games SkillsThrowing/catchingGymnastics | Net & Wall SkillsAiming/hittingInvasion Games Skills dribbling/ hitting | Striking & Fielding Skills Aiming/striking Athletics (Track & Field) | Athletics (Track & Field)Invasion Games Skills dribbling/kicking  |
| Year 2 | Invasion Games SkillsTHROWING/CATCHINGAthletics (Sports hall) | Invasion Games SkillsTHROWING/CATCHINGDANCE | Invasion Games SkillsThrowing/catchingGymnastics | Net & Wall SkillsAiming/hittingInvasion Games Skills dribbling/ hitting | Striking & Fielding Skills Aiming/striking Athletics (Track & Field) | Athletics (Track & Field)Invasion Games Skills dribbling/kicking  |
| Year 3 | Invasion GamesTag Rugby Athletics (Sports hall)  | Invasion GamesFootballDance | Net & WallTennisGymnastics | Striking & FieldingCricketAthletics (Track & Field) | Striking & FieldingTennisAthletics (Track & Field) | OAATrigolf |
| Year 4 | Invasion Games Tag RugbyAthletics (Sports hall) | Invasion GamesFootball Dance | Net & WallTennis Gymnastics | Striking & FieldingCricketAthletics (Track & Field) | Striking & FieldingTennisAthletics (Track & Field) | OAATrigolf |
| Year 5 | Invasion GamesTag RugbyAthletics (Sports hall) | Invasion GamesBasketballDance  | Invasion Games HockeySports hall Athletics  | Striking & FieldingCricketAthletics (Track & Field) | Striking & FieldingTennisAthletics (Track & Field) | OAATrigolf |
| Year 6 | Invasion GamesTag Rugby Wheelchair Basketball  | Invasion GamesHockeySports hall Athletics  | Invasion GamesBasketballDance  | Striking & FieldingCricketAthletics (Track & Field) | Striking & FieldingTennis Athletics (Track & Field) | OAATrigolf |