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|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Year 1 | Invasion Games Skills  THROWING/CATCHING  Athletics (Sports hall) | Invasion Games Skills  THROWING/CATCHING  DANCE | Invasion Games Skills  Throwing/catching  Gymnastics | Net & Wall Skills  Aiming/hitting  Invasion Games Skills dribbling/ hitting | Striking & Fielding Skills  Aiming/striking  Athletics (Track & Field) | Athletics (Track & Field)  Invasion Games Skills dribbling/kicking |
| Year 2 | Invasion Games Skills  THROWING/CATCHING  Athletics (Sports hall) | Invasion Games Skills  THROWING/CATCHING  DANCE | Invasion Games Skills  Throwing/catching  Gymnastics | Net & Wall Skills  Aiming/hitting  Invasion Games Skills dribbling/ hitting | Striking & Fielding Skills  Aiming/striking  Athletics (Track & Field) | Athletics (Track & Field)  Invasion Games Skills dribbling/kicking |
| Year 3 | Invasion Games  Tag Rugby  Athletics (Sports hall) | Invasion Games  Football  Dance | Net & Wall  Tennis  Gymnastics | Striking & Fielding  Cricket  Athletics (Track & Field) | Striking & Fielding  Tennis  Athletics (Track & Field) | OAA  Trigolf |
| Year 4 | Invasion Games  Tag Rugby  Athletics (Sports hall) | Invasion Games  Football  Dance | Net & Wall  Tennis  Gymnastics | Striking & Fielding  Cricket  Athletics (Track & Field) | Striking & Fielding  Tennis  Athletics (Track & Field) | OAA  Trigolf |
| Year 5 | Invasion Games  Tag Rugby  Athletics (Sports hall) | Invasion Games  Basketball  Dance | Invasion Games  Hockey  Sports hall Athletics | Striking & Fielding  Cricket  Athletics (Track & Field) | Striking & Fielding  Tennis  Athletics (Track & Field) | OAA  Trigolf |
| Year 6 | Invasion Games  Tag Rugby  Wheelchair Basketball | Invasion Games  Hockey  Sports hall Athletics | Invasion Games  Basketball  Dance | Striking & Fielding  Cricket  Athletics (Track & Field) | Striking & Fielding  Tennis  Athletics (Track & Field) | OAA  Trigolf |