

NPCAT Autumn Menu 2026

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MENU KEY:
WEEK ONE Week Commencing 1 st Sept 21 st Sept 12 th Oct	Option One	 Pork Sausage Roll with Potato Wedges	 Mild Mexican Beef Chilli with Rice 	Roast Chicken, Stuffing, Roast Potatoes & Gravy	 Spaghetti Bolognaise	Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce	 Whole grain
	Option Two	Macaroni Cheese with Garlic Slice	Cheese and Tomato Pizza with Baby Potatoes 	 Roasted Quorn, Roast Potatoes, & Gravy	Smokey Bean Burger with Wedges &  Tomato Sauce	Spanish Omelette with Chips	
	Sides	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	
	Dessert	NEW Banana Mousse	Orange Drizzle Cake	Chocolate Apple Sponge and Custard	 Jelly and Mandarins	 Apple Flapjack 	
WEEK TWO Week Commencing 7 th Sept 28 th Sept 19 th Oct	Option One	Chicken Arrabiata with Pasta and Garlic Bread	Beef Mince Pie with a Puff Pastry Top served with Mashed Potatoes	Pork Sausage, with Roast Potatoes & Gravy	Greek Chicken Pitta with Herby Rice, Tzatziki & Salad	Battered Fish with Chips & Tomato Sauce	 Plant based
	Option Two	Cheese & Tomato Pizza with Summer Mixed Salad 	 Vege Bolognaise with Spaghetti 	 Vegan Cottage Pie Topped with Mashed Potatoes & Gravy	Greek Spinach & Cheese Whirl with Herby Rice, Tzatziki & Salad	Peri Peri Quorn Fillet with Chips & Tomato Sauce 	
	Sides	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	
	Dessert	Iced Vanilla Sponge	Peaches & Ice Cream	Pear & Raisin Upside Down Cake	Jam & Coconut Sponge with Custard	Oaty Cookie 	
WEEK THREE Week Commencing 14 th Sept 5 th Oct	Option One	Chicken & Sweetcorn Pizza with Potato Wedges 	 Beef Burger with Potato Wedges & Rainbow Slaw	Roast Gammon, Mashed Potatoes & Gravy	 Chef Shilpa's Chicken Balti Curry with Rice 	Fishfingers with Chips & Tomato Sauce	 Added plant protein
	Option Two	NEW Chinese Style Vegetable Noodles	 Mexican Bean Roll with Potato Wedges & Rainbow Slaw	 Vegetable Loaf with Stuffing, Mahed Potatoes & Gravy	Veg Pasty with Baby New Potatoes and Gravy	Cheesy Tomato Pasta with Garlic Slice	
	Sides	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	
	Dessert	Eve's Pudding with Custard	Cheese & Crackers	Chocolate Brownie	Strawberry and Apple Crumble with Custard 	 Vanilla Shortbread	
AVAILABLE DAILY:		Jacket Potatoes with a choice of fillings, Salad Bar, Freshly Baked Bread, Fresh Fruit, Yoghurt					 Chef's Special

If you would like to know about particular allergens in foods, please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.