



Gross Motor Skills & Fine Motor Skills

	Baseline (Sept)	Autumn (Dec)	Spring (April)	Summer (July)	Year One Ready
Gross Motor	<p>I can climb stairs using alternate feet</p> <p>I can develop movement (using age appropriate bikes, scooters etc.)</p> <p>I can work with others to manage large items</p>	<p>I can use lots of different ways of moving appropriately</p> <p>I can climb over, under and through obstacles</p>	<p>I can throw, kick, pass and catch a large ball</p> <p>I can move and use both large and smaller scale equipment (building blocks etc)</p>	<p>I can travel around space and obstacles safely</p> <p>I can show strength, balance and co-ordination in movement</p> <p>I can move in different ways- run, jump, skip, climb</p>	<p>Negotiates space and obstacles safely, with consideration for themselves and others</p> <p>Demonstrates strength, balance and co-ordination</p> <p>Moves energetically, such as running, jumping, dancing, hopping, skipping and climbing</p>
Fine Motor	<p>I show a preference for a dominant hand with a comfortable pencil grip</p> <p>I can draw a picture</p>	<p>I can show good pencil control when mark making and drawing</p> <p>I can use cutlery and other one handed equipment</p>	<p>I can sit at a table to write</p> <p>I can hold a pencil in a tripod grip</p> <p>I can use scissors</p>	<p>I can hold a pencil effectively (tripod)</p> <p>I can use a range of tools e.g. scissors</p> <p>I can draw with accuracy</p>	<p>Holds a pencil effectively in preparation for writing (nearly always tripod grip)</p> <p>Uses a range of small tools e.g. scissors paint brushes, cutlery</p> <p>Begins to show accuracy and care when drawing</p>