

PE Curriculum Map- 2021/22

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Locomotion 1	Fine Motor Skills	Gymnastics- Parts high & parts low	Dance Nursery Rhymes Yoga	Stability 1	Target Games 1
Reception	Locomotion 1	Fundamental Movements Skills 1 Locomotion 2	Stability 2 Gym- Rocking & Rolling	Dance- Nursery Rhymes Target Games 1	Invasion Games Skills 1 Striking & Fielding Game Skills 1	Athletics 1 Object Manipulation 1
Year 1	Locomotion 2 Object Manipulation 2	Fundamental Movement Skills 1 Net & Wall Game Skills 1	Fundamental Movement Skills 2 Gymnastics- Balancing & spinning on points & patches	Dance- Animals Yoga- Story Books	Fundamental Movement Skills 3 Invasion Game Skills 2	Athletics 2 Net & Wall Game Skills 2
Year 2	Invasion Game Skills 3 Target Games 3	Fundamental Movement Skills 2 Net & Wall Game Skills 2	Fundamental Movement Skills 3 Gymnastics- Pathways: straight, zigzag & curving	Dance- Animals Yoga Storybook	Striking & Field Game Skills 2	Athletics 2 Gymnastics- Spinning, turning & twisting
Year 3	Invasion Game Skills 3 Health Related Fitness	Hockey Tag Rugby	Gymnastics- linking movements together Basketball	Dance- Around the world Football	Tennis OAA	Athletics Cricket
Year 4	Health Related Fitness Tag Rugby	Invasion Game Skills 3 Football	Gymnastics- Arching and bridges Basketball	Dance- Around the world Hockey	Cricket Rounders	Athletics OAA
Year 5	Invasion Game Skills 4 Team Building and Problem Solving	Health Related Fitness Tag Rugby	Gymnastics- Matching, mirror & contrast Basketball	Dance- British Values Hockey	Tennis Cricket	Athletics Rounders

Year 6	Invasion Game Skills 4 Team Building and Problem Solving	Health Related Fitness Tag Rugby	Gymnastics- Counter balance & counter tension Basketball	Dance- British Values Hockey	Tennis Cricket	Athletics Rounders
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