



St. Augustine's KS1 Physical Education Curriculum 2023/24

PE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Fundamental Movement Skills 1	Dance	Gymnastics Balancing and Spinning	Gymnastics Pathways	Athletics 2	Net & Wall Games Skills 1
	Locomotion 2	Yoga	Invasion Games Skills 1	Object Manipulation 2	Striking & Fielding Games Skills 1	Target Games 2
Year 2	Fundamental Movement skills 2	Dance	Gymnastics Spinning, Turning and Twisting	Gymnastics Pathways	Athletics 2	Net & Wall Games Skills 2
	Fundamental Movement skills 3	Personal Challenges	Invasion Games Skills 2	Tri Golf	Striking & Fielding Games Skills 2	Target Games 3