When is it bullying?

Bullying is when someone purposely goes for the same person every time.



Who can I tell?

- Mums and Dads
- Teachers
- Friends
- School buddies
- Dinner Nannies
- Any other adult



St Augustine's R. C Primary School.



Child Friendly Anti-Bullying Policy

If you are bullied:

DO:

- Ask them to stop
- Tell someone, especially another adult
- Ignore the bully
- Walk away
- When you go home tell your mums and dads

DON'T:

- Keep it to yourself
- Listen to the bully
- Don't do something back to them
- Let them affect you!

What is bullying?

Bullying is an unkind, deliberate act repeated over a period of time. There are lots of different forms of bullying like:

- Physical
- Emotional
- Verbal
- Racist
- Cyber
- SEND (Special Educational Needs and Disability)

What can I do if I see someone being bullied?

- Tell other people (dinner nanny or adult)
- Stick up for the person who is being bullied
- Tell the bully to stop if it is safe enough
 - Don't ignore it, do something about it!