

Long Term Planning



St Alphonus Catholic Primary School 2023/24

Year Four	Football	Dance - Dance Around the World	Netball	Gymnastics - Arching and bridges	Athletics	OAA
	Sportshall Athletics	Basketball	Tag Rugby	Cricket	Hockey	Tennis
Year Five	Hockey	Dodgeball	Netball	Swimming	Athletics	Rounders
	Sportshall Athletics	Basketball	Dance - British Values	Cricket	Gymnastics - Matching, mirroring & contrast	Tennis
Year Six	Hockey	Dodgeball	Netball	Gymnastics - Flight	Athletics	Rounders
	Sportshall Athletics	Basketball	Dance - The Haka	Cricket	Tag Rugby	Tennis
Year One	Athletics 2	Net & Wall Game Skills 1	Invasion Game Skills 1	Gymnastics - Balancing & spinning on Points & Patches	Athletics 2	Dance - Under the Sea
	Fundamental Movement Skills 1	Dance - Mini Beasts	Yoga	Fundamental Movement Skills 2	Striking & Fielding Game Skills 2	Target Games 2
Year Two	Athletics 2	Net & Wall Game Skills 2	Invasion Game Skills 2	Gymnastics - Stretching, curling & arching	Athletics 2	Dance - Pirates
	Fundamental Movement Skills 2	Dance - Fire of London	Yoga	Fundamental Movement Skills 3	Striking & Field Game Skills 2	Target Games 3
Year Three	Football	Gymnastics - Linking movements together	Netball	Dance - Romans	Athletics	OAA
	Sportshall Athletics	Basketball	Tag Rugby	Cricket	Hockey	Tennis