

PSHE and RSE Curriculum Mapping



	Autumn Term	Spring Term	Summer Term
Y 1	PSHE - Being Me in My World <ul style="list-style-type: none"> Feeling special and safe Being part of a class Rights and responsibilities Rewards and feeling proud Consequences 	PSHE - Celebrating Difference <ul style="list-style-type: none"> Similarities and differences Understanding bullying and knowing how to deal with it Making new friends Celebrating the differences in everyone 	PSHE - Dreams and Goals <ul style="list-style-type: none"> Setting goals Identifying successes and achievements Working well and celebrating achievement with a partner Tackling new challenges Identifying and overcoming obstacles Feelings of success
	RSE <ul style="list-style-type: none"> KS1 M1 U1 – Story Sessions: Handmade with Love KS1 M2 U1 – Session 1: God Loves You KS1 M2 U2 – Session 1: Special People 	RSE <ul style="list-style-type: none"> KS1 M2 U2 – Session 2: Treat Others Well KS1 M2 U2 – Session 3: And Say Sorry KS1 M2 U3 – Session 1: Being Safe 	RSE <ul style="list-style-type: none"> KS1 M2 U3 – Session 2: Good Secrets and Bad Secrets KS1 M2 U3 – Session 3: Physical Contact KS1 M3 U1 – Session 1: Trinity House KS1 M3 U1 – Session 2: Who is my neighbour?
Y 2	PSHE - Being Me in My World <ul style="list-style-type: none"> Hopes and fears for the year Rights and responsibilities Rewards and consequences Safe and fair learning environment Valuing contributions Choices Recognising feelings 	PSHE - Celebrating Difference <ul style="list-style-type: none"> Stereotypes about gender Understanding bullying Standing up for self and others Making new friends Celebrating difference and remaining friends 	PSHE - Dreams and Goals <ul style="list-style-type: none"> Achieving realistic goals Perseverance Learning strengths Learning with others Group cooperation Contributing to and sharing success
	RSE <ul style="list-style-type: none"> KS1 M1 U1 – Story Sessions: Handmade with Love KS1 M1 U2 – Session 1: I am Unique (Me) KS1 M1 U2 – Session 2: Girls and Boys (My Body) 	RSE <ul style="list-style-type: none"> KS1 M1 U2 – Session 3: Clean and Healthy (My Health) KS1 M1 U3 – Session 1: Feelings, Likes and Dislikes KS1 M1 U3 – Session 2: Feeling Inside Out 	RSE <ul style="list-style-type: none"> KS1 M1 U3 – Session 3: Super Susie Gets Angry KS1 M1 U4 – Session 1: The Cycle of Life KS1 M3 U1 – Session 1: Trinity House KS1 M3 U2 – Session 1: The Communities We Live In
Y 3	PSHE - Being Me in My World <ul style="list-style-type: none"> Setting personal goals Self-identity and worth Positivity in challenges Rules, rights and responsibilities Rewards and consequences Responsible choices Seeing things from others' perspectives 	PSHE - Celebrating Difference <ul style="list-style-type: none"> Families and their differences Family conflict and how to manage it (child-centred) Witnessing bullying and how to solve it Recognising how words can be hurtful Giving and receiving compliments 	PSHE - Dreams and Goals <ul style="list-style-type: none"> Difficult challenges and achieving success Dreams and ambitions New challenges Motivation and enthusiasm Recognising and trying to overcome obstacles Simple budgeting

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RSE <ul style="list-style-type: none"> ● LKS2 M1 U1 – Story Sessions: Designed for A Purpose ● LKS2 M1 U1 – Session 1: The Sacraments ● LKS2 M2 U1 – Story Sessions: Jesus, My Friend 	RSE <ul style="list-style-type: none"> ● LKS2 M2 U2 – Session 1: Family, Friends and Others ● LKS2 M2 U2 – Session 2: When Things Feel Bad ● LKS2 M2 U2 – Session 3: When Things Change ● LKS2 M2 U3 – Session 1: Sharing Online 	RSE <ul style="list-style-type: none"> ● LKS2 M2 U3 – Session 2: Chatting Online ● LKS2 M2 U3 – Session 3: Physical Contact ● LKS2 M3 U1 – Session 1: Trinity House ● LKS2 M3 U1 – Session 2: Where is Church?
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	Autumn Term	Spring Term	Summer Term
Y 4	PSHE - Being Me in My World <ul style="list-style-type: none"> ● Being part of a class team ● Being a school citizen ● Rights, responsibilities and democracy ● Rewards and consequences ● Group decision-making ● Having a voice ● What motivates behaviour 	PSHE - Celebrating Difference <ul style="list-style-type: none"> ● Challenging assumptions ● Judging by appearance ● Accepting self and others ● Understanding influences ● Understanding bullying ● Problem-solving ● Identifying how special and unique everyone is ● First impressions 	PSHE - Dreams and Goals <ul style="list-style-type: none"> ● Hopes and dreams ● Overcoming disappointment ● Creating new, realistic dreams ● Achieving goals ● Working in a group ● Celebrating contributions ● Resilience ● Positive attitudes
	RSE <ul style="list-style-type: none"> ● LKS2 M1 U1 – Story Sessions: Designed for a Purpose ● LKS2 M1 U2 – Session 1: We Don't Have to Be the Same ● LKS2 M1 U2 – Session 2: Respecting our Bodies 	RSE <ul style="list-style-type: none"> ● LKS2 M1 U2 – Session 3: What is Puberty? ● LKS2 M1 U3 – Session 1: What am I Feeling? ● LKS2 M1 U3 – Session 2: What am I Looking At? 	RSE <ul style="list-style-type: none"> ● LKS2 M3 U1 – Session 1: Trinity House ● LKS2 M3 U2 – Session 1: How do I Love Others?
Y 5	PSHE - Being Me in My World <ul style="list-style-type: none"> ● Planning the forthcoming year ● Being a citizen ● Rights and responsibilities ● Rewards and consequences ● How behaviour affects groups ● Democracy, having a voice, participating 	PSHE - Celebrating Difference <ul style="list-style-type: none"> ● Cultural differences and how they can cause conflict ● Racism ● Rumours and name-calling ● Types of bullying ● Material wealth and happiness ● Enjoying and respecting other cultures 	PSHE - Dreams and Goals <ul style="list-style-type: none"> ● Future dreams ● The importance of money ● Jobs and careers ● Dream job and how to get there ● Goals in different cultures ● Supporting others (charity) ● Motivation
	RSE <ul style="list-style-type: none"> ● UKS2 M1 U1 – Story Sessions: Made to Grow ● UKS2 M1 U2 – Session 1: Gifts and Talents ● UKS2 M1 U2 – Session 2/3: Changes in Bodies of the Same Sex 	RSE <ul style="list-style-type: none"> ● UKS2 M1 U3 – Session 1: Body Image ● UKS2 M1 U3 – Session 2: Funny Feelings ● UKS2 M1 U3 – Session 4: Seeing Stuff Online 	RSE <ul style="list-style-type: none"> ● UKS2 M2 U2 – Session 1: Under Pressure ● UKS2 M2 U2 – Session 3: Self Talk ● UKS2 M2 U3 – Session 3: Physical Contact ● UKS2 M3 U1 – Session 1: Trinity House

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	<ul style="list-style-type: none"> ● UKS2 M1 U2 – Session 2/3: Changes in Bodies of the Opposite Sex ● UKS2 M1 U2 – Session 4: Spots and Sleep (+Keeping Clean Recap) 		
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Y 6	PSHE - Being Me in My World <ul style="list-style-type: none"> ● Identifying goals for the year ● Global citizenship ● Children's universal rights ● Feeling welcome and valued ● Choices, consequences and rewards ● Group dynamics ● Democracy, having a voice ● Anti-social behaviour ● Role-modelling 	PSHE - Celebrating Difference <ul style="list-style-type: none"> ● Perceptions of normality ● Understanding disability ● Power struggles ● Understanding bullying ● Inclusion/exclusion ● Differences as conflict, difference as celebration ● Empathy 	PSHE - Dreams and Goals <ul style="list-style-type: none"> ● Personal learning goals, in and out of school ● Success criteria ● Emotions in success ● Making a difference in the world ● Motivation ● Recognising achievements ● Compliments
	RSE <ul style="list-style-type: none"> ● UKS2 M1 U2 – Session 2/3: Changes in Bodies of the Same Sex ● UKS2 M1 U2 – Session 2/3: Changes in Bodies of the Opposite Sex ● UKS2 M1 U2 – Session 4: Spots and Sleep (+Keeping Clean Recap) 	RSE <ul style="list-style-type: none"> ● UKS2 M1 U3 – Session 1: Body Image ● UKS2 M1 U3 – Session 3: Emotional Changes ● UKS2 M1 U3 – Session 4: Seeing Stuff Online 	RSE <ul style="list-style-type: none"> ● UKS2 M1 U4 – Session 1: Making Babies <i>using resources from LSK2 M1 U4 Session 'Life Cycles'</i> ● UKS2 M2 U2 – Session 2: Do You Want a Piece of Cake? ● UKS2 M2 U3 – Session 1: Sharing Online ● UKS2 M2 U3 – Session 2: Chatting Online

Sessions highlighted in yellow have a direct link to safeguarding.

We use the Catholic RSE scheme 'Life to the Full', supplemented with our own resources, to deliver an RSE scheme which complements our PSHE curriculum and which is bespoke to our children. The RSE sessions are in the green boxes. The sessions in Upper KS2 highlighted in red discuss puberty and how our bodies change. After whole-class teaching, sessions are delivered in same sex groups across Y5 and Y6. We find that this facilitates more mature discussion and means that children are more comfortable asking questions.