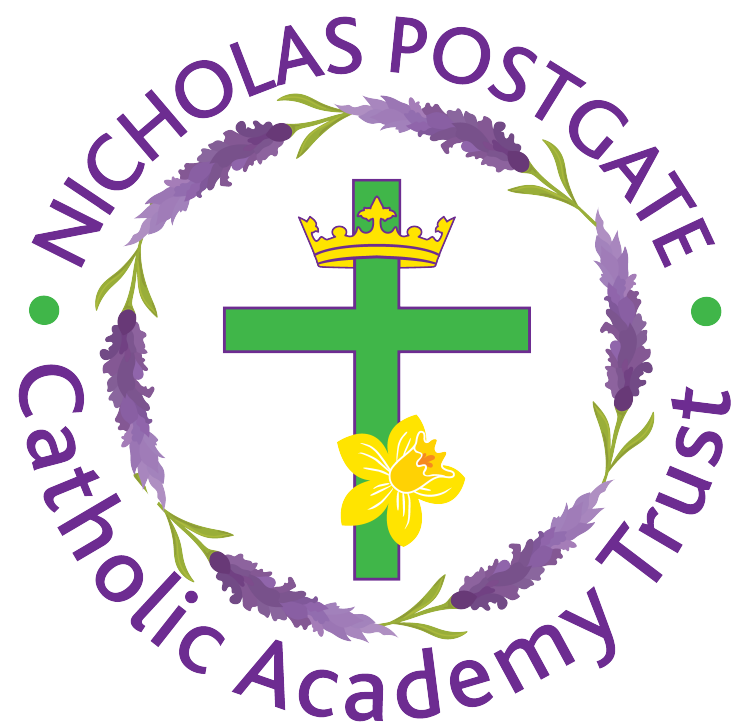
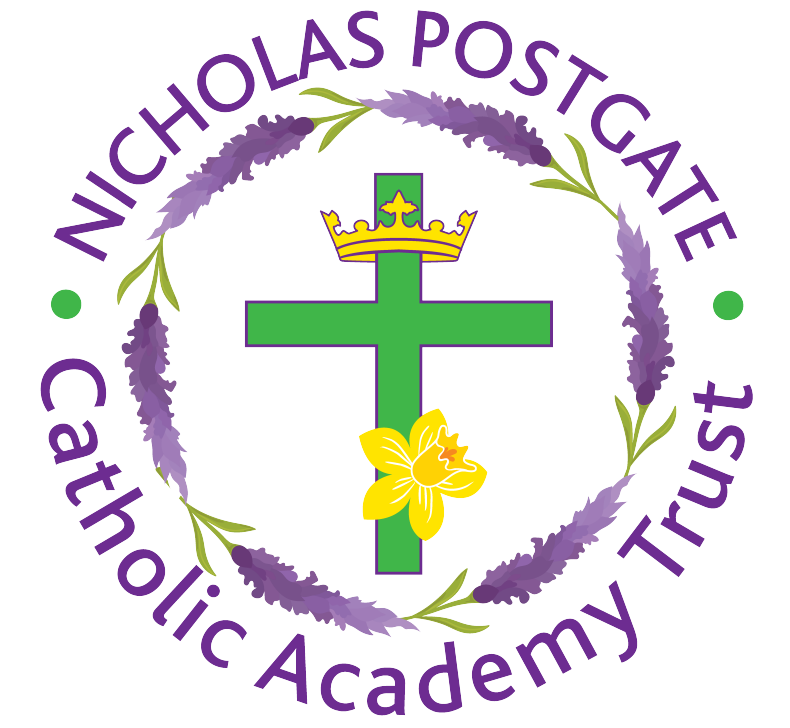


St Margaret Clitherow's Catholic Primary School

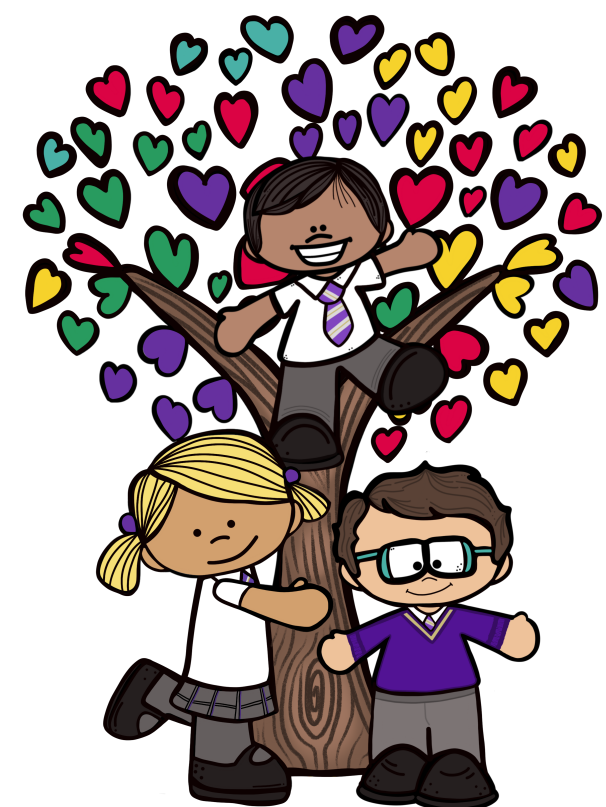


CATHOLIC VOLUNTARY
PRIMARY ACADEMY



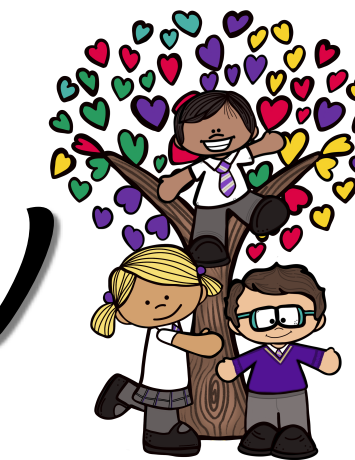
Our PSHE Overview


"In diversity there is beauty and there is strength."





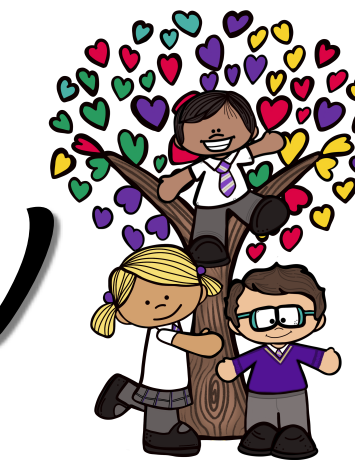
SMC Whole School PSHE Overview




	Autumn Term	Spring Term	Summer Term
Year One	Core Theme One Health and Wellbeing	Core Theme Two Relationships	Core Theme Three Living in the Wider World
	<ul style="list-style-type: none"> * What constitutes a healthy lifestyle * About themselves * That household products can be harmful * About people that look after them 	<ul style="list-style-type: none"> * To communicate their feelings to others * To recognise the differences in behaviour and situations * To identify their special people * That there are different types of teasing and bullying 	<ul style="list-style-type: none"> * About their class * About the importance of rules * About communities and groups they belong to
Year Two	Core Theme One Health and Wellbeing	Core Theme Two Relationships	Core Theme Three Living in the Wider World
	<ul style="list-style-type: none"> * To think about themselves * To understand and identify good and not so good things * About personal hygiene * The names for the main parts of the body * Rules for and ways of keeping physically and emotionally safe 	<ul style="list-style-type: none"> * The difference between secrets and surprises * To be cooperative * That there are differences and similarities between people * That people's bodies and feelings can be hurt * How to resist teasing or bullying 	<ul style="list-style-type: none"> * About the importance of rules * That others have needs as well as themselves * About their local environment * The importance of Money



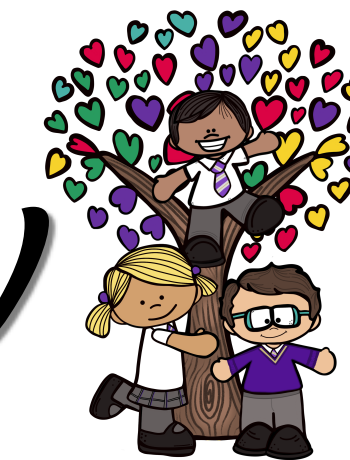
SMC Whole School PSHE Overview




	Autumn Term	Spring Term	Summer Term
Year Three	Core Theme One Health and Wellbeing	Core Theme Two Relationships	Core Theme Three Living in the Wider World
	<ul style="list-style-type: none"> * About the benefits of a healthy diet * How to reflect on and celebrate their achievements * Strategies for keeping physically and emotionally safe 	<ul style="list-style-type: none"> * About healthy relationships * About the concept of 'keeping something confidential or secret' * To realise the nature and consequences of discrimination, teasing, bullying and aggressive behaviours * To recognise bullying and abuse in all its forms 	<ul style="list-style-type: none"> * About the importance of rules and laws * About responsibility for the environment * That community is important * The importance of diversity and equality * The importance of handling money correctly and safely
Year Four	Core Theme One Health and Wellbeing	Core Theme Two Relationships	Core Theme Three Living in the Wider World
	<ul style="list-style-type: none"> * How to make informed choices * How to reflect on and celebrate their achievements * To differentiate between the terms: 'risk', 'danger' and hazard' * Strategies for keeping physically and emotionally * About people who are responsible for helping them 	<ul style="list-style-type: none"> * About healthy relationships * About the concept of 'keeping something confidential or secret' * To realise the nature and consequences of discrimination, teasing, bullying and aggressive behaviours * To recognise bullying and abuse in all its forms 	<ul style="list-style-type: none"> * About the importance of rules and laws * That we all have human rights * That there are different types of groups we can be a part of * The importance of handling money correctly and safely



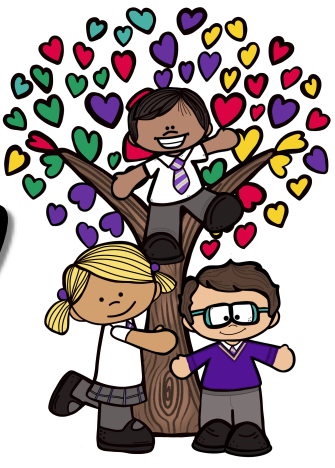
SMC Whole School PSHE Overview




	Autumn Term	Spring Term	Summer Term
Year Five	Core Theme One Health and Wellbeing	Core Theme Two Relationships	Core Theme Three Living in the Wider World
	<ul style="list-style-type: none"> * About positive and negative effects * How to reflect on and celebrate their achievements * To extend their vocabulary * What is meant by the term 'habit' * To recognise the difference between illegal, restricted and legal substances * About puberty * Strategies for keeping physically and emotionally safe 	<ul style="list-style-type: none"> * How to judge acceptable and unacceptable physical contact * To understand the importance of consent * About the diversity of people and the need to be respectful of everyone around us * Dares and how they can be unsafe or unacceptable * To realise the nature and consequences of discrimination, teasing, bullying and aggressive behaviours * To recognise bullying and abuse in all its forms 	<ul style="list-style-type: none"> * About the importance of rules and laws * About other cultural practises * That anti-social behaviour is not acceptable * Enterprise skills * The importance of handling money correctly and safely



SMC Whole School PSHE Overview



	Autumn Term	Spring Term	Summer Term
Year Six	Core Theme One Health and Wellbeing	Core Theme Two Relationships	Core Theme Three Living in the Wider World
	<ul style="list-style-type: none"> * How to reflect on and celebrate their achievements * How to manage their increasing independence safely * That behaviour choices are important and can have consequences * To recognise the difference between illegal, restricted and legal substances * About puberty * Strategies for keeping physically and emotionally safe 	<ul style="list-style-type: none"> * About marriage and its importance * The importance of acceptance of diversity and equality * To understand the importance of consent * Dares and how they can be unsafe or unacceptable * To realise the nature and consequences of discrimination, teasing, bullying and aggressive behaviours * To recognise bullying and abuse in all its forms 	<ul style="list-style-type: none"> * About the importance of rules and laws * About other cultural practises * That anti-social behaviour is not acceptable * Enterprise skills * The importance of handling money correctly and safely