

Long Term Planning



St Joseph's Roman Catholic Primary School, Pickering 2024/25

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class 1 Year A	Personal Challenges	+	Fine Motor skills	+	Athletics 1	+
	+	+	+	+	+	+
Class 1 Year B	+	+	Striking & Fielding Game Skills 1	+	Target Games 1	Object Control 1
	+	+	+	+	+	+
Class 2 Year A	Fundamental Movement Skills 1	Net & Wall Game Skills 1	Striking & Fielding Game Skills 1	Fundamental Movement Skills 2	Tri Golf	OAA
	Object Control 2	Invasion Game Skills 1	Gymnastics - Balancing & spinning on Points & Patches	Dance - Animals	Athletics 2	Locomotion 2
Class 2 Year B	Fundamental Movement Skills 3	Net & Wall Game Skills 2	Striking & Field Game Skills 2	Personal Challenges	Target Games 3	Gymnastics Year 2
	OAA	Invasion Game Skills 2	Gymnastics - Stretching, curling & arching	Dance - Under the Sea	Athletics 2	Fundamental Movement Skills 2

Class 3 Year A	Tag Rugby	Dodgeball	Handball	Swimming	Swimming	Swimming
	Personal Challenges	Cricket	Gymnastics - Linking movements together	Dance - Romans	Athletics 3	Netball
Class 3 Year B	Flag Football	Dodgeball	Dance - Egyptians	Tennis	Swimming	Swimming
	OAA	Gymnastics - Partner work - Pushing and pulling	Cricket	Basketball	Tri Golf	Rounders
Class 4 Year A	Tag Rugby	Handball	Volleyball	Swimming	Swimming	Swimming
	Tag Rugby	Cricket	Dance - World War 2	Gymnastics - Matching, mirroring & contrast	Athletics 5	Netball
Class 4 Year B	Tag Rugby	Gymnastics - Counter-balance & counter tension	Cricket	Orienteering	Swimming	Swimming
	Ultimate Frisbee	Dodgeball	Dance - The Haka	Handball	Athletics 6	Rounders