



Parent/ Carer Online Safeguarding Information Guide



Sacred Heart Designated Safeguarding Lead is Mrs Hill.

For any Safeguarding concerns you can email: safeguarding@sacredheart.npcat.org.uk or ring 07436145177 on weekdays between 8am and 6pm.

If you or a member of your family is at immediate risk of harm, please ring the police on 999.



The internet provides a space for children and young people to communicate, explore, laugh and learn.

At Sacred Heart the majority of our students are accessing their daily work during the Corona Virus Pandemic through 'Google Classroom' which is accessed using your son/ daughter's School Gmail information.

There may be some other websites to be accessed but these will be listed on the Google Classroom Assignment Stream.

We often think we know how to keep ourselves safe online, but do we really have the age appropriate parental controls and internet filters to block out malicious websites on the devices our children are using to keep them safe?

Do we know how to access support if things go wrong online and our children are no longer safe?

There are lots of ways you can support your son/ daughter in completing their work safely. We have included a number of websites below which are definitely worth exploring.

This guide will help you double check you are keeping your child safe online.



Useful Websites:

Think you know - Think you Know provides advice from the National Crime Agency (NCA) on staying safe online. There are some home activities that take 15 minutes for you and you child to do together. They are produced every 2 weeks. They are really informative and understandable. Mrs Hill used these with her daughters aged 9 and 13. They helped emphasise the need to keep safe on line and what to do when things go wrong. <https://www.thinkuknow.co.uk/>



Parent info - Provides help and advice for families living in a digital world, includes the main app uses and staying safe while gaming advice. <https://parentinfo.org/>

Childnet - Offers a toolkit to support parents and carers of children of any age to start discussions about their online life, to set boundaries around online behaviour and technology use, and to find out where to get more help and support. It has a really useful 'family agreement' template for those parents/ carers with rebellious teenagers who can't imagine life without their electronic devices and may need some help explicitly stating how much screen time they have and what the consequences will be if this is broken. <https://www.childnet.com/parents-and-carers/parent-and-carer-toolkit>

Internet matters-Provides age-specific online safety checklists, guides on how to set parental controls on a range of devices, and a host of practical tips to help children get the most out of their digital world.

https://www.internetmatters.org/?gclid=EAIaIQobChMIktuA5LWK2wIVRYXVCh2afg2aEAAYASAAEgIJ5vD_BwE

Let's talk about it- Unfortunately, whilst rare, there are negative influencers and online groomers who use the internet, social media and online gaming to spread their extreme ideas, which children can be exposed to. Some of these ideas may be considered radical or extreme and when a person starts to support or be involved in them, this is called radicalisation. This document provides a useful guide for parents and carers who may want to know more or need support. <https://www.ltai.info/wp-content/uploads/2020/04/Parent-Guardian-Online-Radicalisation-Information-and-Support-V.2.pdf>

London Grid For Learning - Provides support for parents and carers to keep their children safe online. <https://www.lgfl.net/online-safety/>

Net-aware - Provides support for parents and carers from the NSPCC, including a guide to social networks, apps and games

<https://www.net-aware.org.uk/>

UK Safer Internet Centre - provides tips, advice, guides and other resources to help keep children safe online, including parental controls offered by home internet providers and safety tools on social networks and other online services.

<https://www.saferinternet.org.uk/advice-centre/parents-and-carers>



How to report your concerns:



Harmful or upsetting content:

Reporting harmful online content to the UK Safer Internet Centre
(<https://reportharmfulcontent.com/>)

If one of our students is allegedly responsible for the content please also report to Sacred Heart Safeguarding Team (safeguarding@sacredheart.npcat.org.uk) or to the member of staff conducting the telephone welfare check. They will let Mrs Hill know.



Bullying or abuse on line

If the Bullying or abuse involves a student from Sacred Heart please email (safeguarding@sacredheart.npcat.org.uk) and a member of the Safeguarding team will contact you to gain further information and help to resolve this. You can also ring the safeguarding telephone number: 07498914293.

You can get advice and support from Anti-bullying Alliance for children who are being bullied (<https://www.anti-bullyingalliance.org.uk/tools-information/if-youre-being-bullied>)



A National
Crime Agency
command

If it is abuse you can get advice on reporting online abuse from the National Crime Agency's Child Exploitation and Online protection command
(<https://www.ceop.police.uk/safety-centre/>)