



Catholic Social Teaching is based around the Church's belief that we all **make a difference** in making our world a better place for all. These teachings are **rooted in Scripture** and especially in the teachings of Jesus found in the Gospels. Christ shows us how to **walk in his footsteps**, bringing love and care to those both near and far. It is our calling to live with **Christ at the Centre**, as saints through the ages, bettering our world for everyone.

At OLQM, we think about **nine different themes** of CST:



Human Dignity: Everyone is special.

We are beautifully made in the image and likeness of God.



The Common Good: Thinking of Everyone.

We are called to work for the good of each and of all.



Participation: Taking Part.

We all have the right and duty to participate fully in society.



Subsidiarity: Everyone Should Have a Say.

We are called to empower communities, to let everyone have a say.



Stewardship: Caring for God's Gifts.

We are guardians of God's creation, living sustainably and enhancing the wellbeing of our planet.



Option for the Poor: Putting People Most in Need First.

The needs of poor and vulnerable people should be put first.



Solidarity: Showing We Care.

God created us as one global family called to support our brothers and sisters.



Distributive Justice: Sharing Fairly.

Everyone should have access to their fair share of resources.



Promoting Peace: Being Peacemakers.

We can be God's instruments of peace through seeking justice.