



Christ the King Catholic Primary School

PSHE



	Relationships	Living in the wider world	Health and wellbeing
Year 1	Staying safe and being cared for	Caring for our environment and being safe online	Staying healthy physically and mentally
Year 2	Relationships and respect	Growing up to become part of a bigger community	Growing and changing and keeping safe both physically and mentally
Year 3	Family differences and respectful behaviour	Rights and responsibilities, assessing information and challenging stereotypes	Habits, personal strengths and hazards
Year 4	Positive relationships, hurtful behaviour, staying safe	Community, data sharing, money budgets	Balanced lifestyle, puberty, medicines
Year 5	Peer influence, feeling safe, recognising prejudice	Compassion, media, aspirations	Healthy habits, personal identity, responding to emergencies
Year 6	Different relationships, managing pressure and consent, discussing topical issues	Valuing diversity, evaluating media, attitudes towards money	Mental health, human reproduction, regulations and choices